American Family Therapy Academy

Annual Meeting
and Open Conference

Rupture and Repair: Remaking Relationships in Families and Communities

June 20-22, 2019
Oakland, CA
Oakland Marriott City Center
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AFTA 41st Annual Meeting & 8th Open Conference: Rupture and Repair: Remaking Relationships in Families and Communities

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Rupture and Repair: Remaking Relationships in Families and Communities
Hello AFTA Members,

This year’s conference, “Rupture and repair: Remaking relationships in families and communities,” builds on last year’s theme of hope and action. We are extending our inquiry into relational activism by examining how things go wrong and what we can do to return to right relation. Inevitably, when we work together, when we commit to solidarity across differences, misunderstandings and hurts can occur. Repair is a process by which disconnection can lead to even stronger connection if we apply certain practices: the focus of this year’s conference. We will look at rupture and repair at many levels of relationship, including the environment and non-human beings, always inquiring about what are sustainable strategies for the long haul.

Wherever we look, at macro and micro levels, we can see that we live in a country in which good faith has been broken in many places with many people both in the distant past and the current moment. As systems thinkers we know a great deal about how these painful dynamics happen and what is required to mend them. In this conference we will address what we know and what we need to learn to be effective in training, clinical, consultation, and research contexts, and in organizations, here and abroad. Though ruptures in relationship are painful, the failure to acknowledge them compounds the hurt. It is only by bravely moving into the heart of repair that strength can come from harm.

The conference offers theoretical frameworks for understanding rupture and repair in relationships and considers a wide range of interventions for working with families and communities. We emphasize a systemic perspective to address interactional patterns in couples, families, and within the therapeutic relationship always addressing social location with attention to race, class, gender, sexual orientation and ability.

Specifically, the conference will offer:
- Diverse complex perspectives on rupture and repair.
- Discussions about the ways social location issues impact rupture and repair processes.
- Presentations on how to conceptualize and address the rupture-repair process with couples, families, communities, and in therapy.
- Experiential activities designed to foster witnessing nature as a pathway to repair.
- An analysis of differences between traumatic and non-traumatic ruptures in relationships.
- Understanding of how constructive dialogue, reparative actions, accountability and hope figure in the repair of strained and broken relationships.

Target Audience

AFTA’s Annual Meeting and Open Conference provides an opportunity for mental health professionals, including marriage and family therapists, psychiatrists, psychologists, professional counselors, and social workers to share the latest knowledge about relevant research, clinical best practices, and cutting-edge information in service of social justice and improving the work of mental health practitioners.
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AFTA Social Media Guidelines
Creating Sustainable and Respectful Social Spaces at AFTA Events

- To ensure the sustainability of the safe and respectful environment that is a hallmark of AFTA Meetings, we ask participants to preserve the confidentiality of the clinical and personal material that is presented by doing the following:
  - Freely tell others about AFTA events and your experience at them, but preserve the confidentiality of any clinical or personal sharing taking place during sessions, whether you are communicating with others electronically or in person.
  - Use electronic media (like Twitter, texting, blogs, and other social media) to help AFTA build a socially just community by appropriately sharing with others your impressions of AFTA events.
  - Avoid disrupting speakers or other participants and audience members with any form of electronic communication that is distracting.
AFTA’s 41st Annual Meeting & 8th Open Conference

RUPTURE AND REPAIR
Remaking Relationships in Families and Communities

Wednesday, June 19

12:30 – 8:30 PM Board Meeting
4:00 – 6:00 PM Open Registration

Thursday, June 20

Day at a Glance

7:30 – 8:15 AM Continental Breakfast
7:30 – 4:30 PM Open Registration
8:15 – 12:30 PM Pre-Conference Workshop
12:30 – 1:30 PM Lunch
1:30 – 3:00 PM Network Conversations: LGBTQI
3:00 – 3:15 PM Break
3:15 – 4:45 PM Network Conversations: People of Color
3:15 – 4:45 PM Network Conversations: White Privilege
3:30 – 4:30 PM Exhibition Setup
5:00 – 6:30 PM Opening Keynote
6:30 – 9:30 PM Opening Reception and Exhibition of Collected Works

Thursday, June 20 Schedule of Events and Sessions

CONTINENTAL BREAKFAST 7:30 – 8:15 AM
OPEN REGISTRATION 7:30 AM – 8:30 AM
PRE-CONFERENCE WORKSHOP 8:15 – 12:30 PM

Indigenous Healing Practices: Plants as Relatives and Partners in Healing

Coordinator: Charlee Sutton
Coordinator: Shawn Giammattei
Moderator: Pilar Hernandez-Wolfe
Presenter: Sandra M. Pacheco

Participants in this workshop will have the opportunity to learn about a traditional indigenous healing practice from Mexico known as curanderismo. Curanderismo is a complex set of integrative practices that works toward equilibrium of mind, body, and spirit. Practices are hundreds of years old and include rituals that are predominantly indigenous in origin to rituals that are a mix of indigenous and Catholic. Although practices are similar across regions, there are variations reflecting local indigenous culture and cosmologies. For this workshop we will share practices that provide an opportunity for practitioners to tend to their mind, body, and spirit. We will discuss concepts of energetic “protection” before meeting with clients, and energetic “cleaning” after meeting with clients. In addition, participants will develop an understanding of healing practices that are sometimes preferred by Latina/o/x clients. This is an integrative workshop.

Sandra M. Pacheco, PhD  Professor of Interdisciplinary Studies at the California Institute of Integral Studies.

LUNCH 12:30 – 1:30 PM
Please join the networking meeting for LGBTQI clinicians. The meeting provides an opportunity for members to meet, learn about each other’s work, and share goals for future AFTA initiatives. This meeting sets the stage for valuable social and professional collaborations throughout the conference and beyond.

**Thursday, June 20 Schedule of Events and Sessions**

**NETWORK CONVERSATIONS** 1:30 – 3:00 PM

**LGBTQI Network**

Moderator: Shawn Giammattei

Please join the networking meeting for LGBTQI clinicians. The meeting provides an opportunity for members to meet, learn about each other’s work, and share goals for future AFTA initiatives. This meeting sets the stage for valuable social and professional collaborations throughout the conference and beyond.

**BREAK** 3:00 – 3:15 PM

**NETWORK CONVERSATIONS** 3:15 – 4:45 PM

**People of Color Network**

Moderators: Roxana Llerena-Quinn and Monica Sesma-Vazquez

The People of Color Network (POC) in AFTA was founded in 1997. The Network was created to provide a space, where anyone who identifies as a person of color can come together for inspiration, connection, and support. Through dialogue, the POC Network has served as a catalyst for advancing issues of societal justice and change within AFTA. Members bring rich experiences and ideas that have helped us learn more about multiculturalism, race, power, and inequity as it arises in multiple social contexts. A primary goal is to facilitate continuity of networking throughout the year.

**White Privilege Network**

Moderators: Jane Ariel and Sarah Stearns

This ongoing conversation provides a setting for AFTA members to explore their responsibility for white racial privilege as it operates in the world and in the AFTA organization. We collaborate to sustain a supportive, non-judgmental environment for honest exploration of different attitudes, consciousness, and experiences concerning race. This year we will focus on our understanding of micro-aggressions and how we respond when they occur. Some useful questions for reflection include: What reactions do I have when I am challenged about the impact of my behaviors? What thoughts and feelings keep me silent and what factors support my ability/willingness to act to interrupt micro-aggressions when I see them?

**EXHIBITION SETUP** 3:30 – 4:30 PM

**WELCOME and KEYNOTE** 5:00 – 6:30 PM

Welcoming Remarks

Victoria Dickerson

Pilar Hernandez-Wolfe

President

2019 Program Chair

Justice-Doing with Each Other: Doing Dignity and Respect Amidst the Darkness of Our Work

Presenter: Vikki Reynolds, PhD, RCC

Vikki’s work bridges the worlds of social justice activism and community work, bringing teachings from communities of struggle with histories of solidarity and ‘shouldering each other up’ in dark times. These communities are under attack from structural oppressions, mean spirited and cruel politics. She will consider a number of thought-provoking questions, such as: How can we hold onto respect and dignity for each other when we’re struggling? How do we stay in dialogue without re-enacting the abuses of power we are fighting against? How do we enact the analysis and justice-doing we want to create more of? How can we manifest an ethical stance of believed-in hope?

Vikki Reynolds, PhD, RCC is an activist/therapist from Vancouver, Canada, who works to bridge the worlds of social justice activism and therapy. Vikki’s articles and keynotes are available free on her website: www.vikkireynolds.ca

Discussant: Kyle Killian, PhD, LMFT

Kyle D. Killian, Ph.D., LMFT is an academic, clinician, and researcher with over 60 publications and 80 presentations on trauma and loss; immigrant, refugee, and multiracial families; vicarious resilience; and professional self-care. He is co-founder of an NGO in Cyprus providing advocacy and support to migrant workers.

Musical Performance: Hope, Love, and Connection—a Musical Performance by Sora

Sora is a World/Celtic singer, songwriter, and multi-instrumentalist whose soaring voice and poetic lyrics have garnered her international acclaim. She is known for her engaging stories, both mythic and modern, and her haunting, transcendent voice. Sora’s 3rd studio album, Scorpion Moon (2013) was nominated for a 2013 Canada Folk Music Award in the solo world artist category. Sora’s songs are emotional landscapes replete with themes of interconnection and vulnerability. In addition to her work as a musician, Sora is a graduate student at the University of Calgary in the Masters of Counseling program with a particular interest in narrative and expressive arts modalities. See www.soramusic.ca
**Thursday, June 20 Schedule of Events and Sessions**

**OPENING RECEPTION, BOOK SIGNING, and EXHIBITION OF COLLECTED WORKS**

6:30 – 9:30 PM

Come to meet and mingle during our opening night’s reception and view the Exhibition of Collected Works created by talented colleagues. Generous hors d’oeuvres provided and cash bar will be available.

- #MeToo: Campus Sexual Assault
  Presenters: Julie Kenworth and Noah Hass-Cohen
- A Qualitative Exploration of Therapist Related Common Factors in Systemic Psychotherapy Models
  Presenters: Yesim Keskin and Claire Craddock
- Attachment Styles as Risk Markers for Intimate Partner Violence
  Presenters: Brooke Keilholtz, Chelsea Spencer and Sandra Stith
- A Trauma-Informed Community Mindfulness and Art Program
  Presenter: Rebecca Bokoch
- Behind the Scars: A Manual
  Presenter: Andrea Hunt
- Categories of Intimate Partner Homicide Perpetrators
  Presenters: Chelsea Spencer and Sandra Stith
- Clinical Practices of Multilingual Practitioners
  Presenter: Wonyoung Cho
- Empowering Clients Through the Usage of Narrative and Solution-Focused Therapy
  Presenters: Eman Tadros
- Engaging Males in Couples Therapy Using Object Relations and EFT
  Presenter: Sebastian Vasiliscu
- Familial Effects of Hearing
  Presenters: Michelle Cappetto and Eman Tadros
- Family Roles in Adolescent Opinidt Usage
  Presenters: Eman Tadros
- Giving Voice to the Spaces Between
  Presenter: Andrea Hunt
- Hierarchical Privilege and Power in Supervision
  Presenter: Eman Tadros
- Immigrant Latina Survivors of Intimate Partner Violence
  Presenters: Jacqueline Florian and Noah Hass-Cohen
- In the Wake of Multiple Miscarriages: Relational and Systemic Needs
  Presenters: Julia McAnuff and Noah Hass-Cohen
- Internal Family Systems Therapy with LGBT+ Clients
  Presenters: Jacqueline Harden and Sandra Stith
- Intersection: A Poem of Placement, Reflection, and Belonging
  Presenter: Andrea Hunt
- It’s OK to Disagree: Discussing Social Justice in Training
  Presenters: Esther Rollhaus, Vansha Narasimhan, Madeleine Abrams and Meredith Clark
- Mindfulness and Art Therapy Program Evaluation in Schools
  Presenter: Rebecca Bokoch
- Overemphasis of Sports Within the African American Male Community
  Presenters: Jasmine Pickens and Gita Seshadri
- Pastor’s Perspectives: LGB Inclusive Therapy
  Presenters: Katelyn Coburn and Christi McGeorge
- Processing the Impact of Discrimination on Latino Families
  Presenter: Laura Gutierrez Duarte
- Preferences for Arranged vs. Love Marriage in South Asian Women
  Presenters: Tonima Rahman and Peter Fraenkel
- Risk Markers for IPV: A Meta-Analysis Assessing Life Stressors
  Presenters: Nathan Astle, Chelsea Spencer, and Sandra Stith
- ROGD: Do You Know the Facts?
  Presenter: Elijah Nealy
- Show Me the Money! Financial Genogram with Couples
  Presenter: Jetlexis Carlos
- Stepping Down from the Ivory Tower: Teaching MFTs in the Current Sociopolitical Climate
  Presenter: Rajeswari Natrajan-Tyagi and Nicole Sabatini Gutierrez

Coordinator: Corky Becker

**Systemic Approach to Weight Loss Surgery**

Presenter: Sharon Matson

**Teaching Equifinality Through Metaphor**

Presenters: Michelle Cappetto and Eman Tadros

**Treating Alcohol and Substance Use Systemically**

Presenter: Eman Tadros

**Why We Can’t Wait: A Call for Inclusive Research for Black Women Experiencing IPV**

Presenter: Lorin Kelly

**Young Black Men’s Experiences of Aggressive Policing**

Presenter: Sade Callwood

Systemic Approach to Weight Loss Surgery
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Friday, June 21 Schedule of Events and Sessions

AFTA’s 41st Annual Meeting & 8th Open Conference

RUPTURE AND REPAIR
Remaking Relationships in Families and Communities

Friday, June 21

7:00 – 8:00 AM  New Member Breakfast
7:00 – 8:00 AM  Continental Breakfast
8:00 – 4:00 PM  Registration
8:00 – 10:00 AM  Plenary I
10:00 – 10:30 AM  Refreshment Break
10:30 – 12:00 PM  Brief Presentations 1 – 6
12:00 – 1:30 PM  Early Career Member & Community Lunch with Pearls of Wisdom
1:30 – 3:00 PM  Brief Presentations 7 – 12
3:00 – 3:30 PM  Refreshment Break
3:30 – 5:00 PM  Interest Groups 1 – 6
5:00 – 6:00 PM  Facilitated Listening Circle
5:30 – 9:00 PM  AFTA Special Event at the Oakland Museum of California

NEW MEMBER BREAKFAST  7:00 – 8:00 AM
Coordinator: Jane Ariel

New Member Breakfast is a meeting where new members are introduced and have an opportunity to meet Board Members and Committee Chairs. Early Career Members and Students are also encouraged to attend.

CONTINENTAL BREAKFAST (Open to all attendees)  7:00 – 8:00 AM

PLENARY I  8:00 – 10:00 AM

Releasing the Steam:
How to Re-Set Relationships in Multiple Professional Contexts
Presenters: Melanie M. Domenech Rodríguez, Chris Hoff
Discussants: marcela polanco, Navid Zamani

Rupture and Repair in Mentoring/Teaching/Supervision
Presenter: Melanie M. Domenech Rodríguez, PhD
Melanie Domenech Rodriguez will focus on ruptures and repairs in mentoring, teaching, and supervision. Informed by multicultural, feminist, and liberation approaches to her work, Melanie, has navigated the treacherous waters of engaging in these relationships from a power-even stance.

Melanie M. Domenech Rodríguez, PhD, is a Professor of Psychology at Utah State University (USU). Her research focuses on cultural adaptations of evidence-based interventions, cultural competence, and parenting.

Taking the Lead: Repair in the Therapeutic Relationship
Presenter: Chris Hoff, PhD, LMFT
The therapeutic relationship is the most important factor contributing to successful therapy outcomes. Contemporary strategies to repair therapeutic relationships suggest being open to hearing complaints from our clients, and not to be defensive in doing so. But these strategies do not take into account the power differential in the therapist-client relationship. Chris will demonstrate how he worked on repair with a client through a video demonstration.

Chris Hoff, PhD, LMFT, is an Assistant Professor in Counseling and Guidance at California State University, San Bernardino. He is Founder and Executive Director of the California Family Institute (CFI) in Southern California.
### PLENARY I, cont.

**Discussant: marcela polanco, PhD**

marcela polanco, PhD of Muisca, African, and European Colombian origins, is a narrative family therapist. She is an Assistant Professor of Marriage and Family Therapy at San Diego State University. marcela’s supervision, teaching, research, and therapy are informed by the work of Latin American academic and social activists on decolonial and anti-racist Andean feminisms. She is also inspired by an ethics of solidarity.

**Discussant: Navid Zamani, LMFT**

Navid Zamani, LMFT, is a licensed Marriage and Family Therapist in San Diego, CA. His work spans a variety of contexts addressing domestic violence (DV) issues with families and communities, ranging from advocacy work with the Domestic Violence Response Team to counseling services in emergency shelters. He is the Head of Clinical Services at License to Freedom, a non-profit providing services to Middle Eastern refugees who are encountering DV. His current work is committed to integrating a post-structural, anti-colonial feminist theory with narrative therapy practices, and incorporating ‘affective-discursive’ understandings.

### REFRESHMENT BREAK

**10:00 – 10:30 AM**

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### BRIEF PRESENTATION

**10:30 AM – 12:00 PM**

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<th>Coordinator</th>
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<td>Beth D’Arrigo-Patrick</td>
<td>Marianne Ault-Riché</td>
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**1. Connecting Beginning MFTs with Renewable Energy Sources**

*Presenters: Jessica ChenFeng & Dana Stone*

**2. Outsider Witness Group Practice as a Means of Professional Growth Among Family Therapy Trainees**

*Presenter: Yochay Nadan*

**3. Using Video Feedback to Improve the Reflexivity of Family Therapists**

*Presenters: Jennifer Denis, Stephan Hendrick & Mathilde Meriaux*

**4. Theory I**

*Moderator: Brent Taylor*

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<th>Theoretical Focus</th>
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<td>Hoa Nguyen &amp; Ashmi Desai</td>
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<td>An Introduction to Open Dialogue</td>
<td>Alita Kathryn Taylor</td>
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<td>Systems for Culturally Relevant Mental Healthcare</td>
<td>Wonyoung L. Cho &amp; Andrew Stock</td>
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**Coordinator: Kaethe Weingarten**

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**Racism**

*Moderator: Lana Kim*

**1. A Study of the Relationship between Psychological Homelessness, Racism, and Racial Identity**

*Presenter: Forogh Rahim*

**2. Implementation of Emotional Emancipation Circles**

*Presenter: Marjha Toni Hunt*

**3. Bicultural Shame Resiliency for Chinese Americans**

*Presenters: Natalie Hsieh, Jessica ChenFeng, Zephon Lister & Sandra Banjoko*

**4. Health Risk and Challenge**

*Moderator: Jodie Kliman*

**1. Medical Family Therapy and Interprofessional Collaboration**

*Presenters: Eman Tadros & Michelle Cappetto*

**2. Legacy Narratives to Promote Familial Healing in Alzheimer’s**

*Presenters: Monique Willis, Naveen Jonathan, & Gita Seshadri*

**3. Working with Iranian-Immigrant IPV Clients**

*Presenters: Fatemeh Nikparvar & Sandra Stith*
Friday, June 21 Schedule of Events and Sessions

BRIEF PRESENTATION, cont. 10:30 AM – 12:00 PM

5

Cultural Approaches
Moderator: Glenda Mendelsohn
Working with Second Generation Canadian Clients and their Families: Reconciling Cultural Ruptures When Values Collide
Presenters: Michelle Zepeda & Monica Sesma-Vazquez

Love and Respect in Families: A Cross-Cultural Exploration
Presenter: Linda G. Bell
Resilience in Adult Children of Khmer Rouge Genocide Survivors
Presenters: Ngoc Nhan & Elisabeth Wilson

PEARS OF WISDOM, 2.0: Sharing with and Learning from Each Other 12:00 – 1:30 PM

Panelists: Jane Ariel, Froma Walsh, Diane Estrada, Shawn Giammattei, Blanca Lugo, and Justine D’Arrigo-Patrick

Moderator: Lisa Bibuld
Lisa Bibuld, PsyD, MSEd, works as the director of Student and Family Support at an elementary charter school in Roxbury, MA, providing in-school and community-based support to children and their families through community partner agencies. She is a board member of the American Family Therapy Academy (AFTA). Her commitment to social justice and social action are central to her career choices and guide her principles professionally and personally.

Sponsored by the Family Process Institute

The tenth annual Pearls of Wisdom panel sets the stage for inspiring us to relate to one another with generosity and open-heartedness. To do this requires deep listening, curiosity, and continual self-reflection as we interact with people who are different from us in multiple ways. Panelists of different ages and social locations will be in dialogue about how their generational position and social locations have shaped their core beliefs about family therapy and social justice, and what they understand both about the strengths and limitations of those beliefs. Panelists and audience members may find long-held and cherished ideas shifting in interesting ways.

The Pearls event provides an opportunity for early career and student members to hear from pioneers in the field and (1) promotes cross-generational transmission of ideas and discoveries in the field of family therapy; (2) increases knowledge of critical moments of the history of the field of family therapy; and (3) connects the history of family therapy with the history of the pioneers who have shaped the field.

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Self of the Therapist
Moderator: Rachel Dash
Starting with Ourselves: Rupture & Repair Among Practitioners in Community
Presenters: Karen Hixson & Cayla Panitz
Self of the Therapist: Intersectional Ruptures and Repairs
Presenter: Samantha Rucker

Jane Ariel, PhD, is a family psychologist whose clinical work focuses on both systemic and psychodynamic theory and the multi-layered effects of the social and cultural contexts shaping experiences. Dr. Ariel is a national consultant to VISIONS, an organization dedicated to bringing equity and inclusion wherever it is involved. At AFTA, Dr. Ariel has been in governance, as a Board and Executive Committee member and she is presently Membership Chair.

Froma Walsh, MSW, PhD, is Co-Director and Co-Founder of the Chicago Center for Family Health and is the Mose and Sylvia Firestone Professor Emerita in the School of Social Service Administration and Department of Psychiatry, Pritzker School of Medicine, at the University of Chicago. Dr. Walsh is the foremost authority on family resilience, having developed a resilience-oriented, community-based practice approach to strengthen families experiencing a wide-range of crises.

Diane Estrada, PhD, LMFT, is an Associate Professor and Program Director of the Couple and Family Therapy Program at University of Colorado Denver. Her research centers on the use of cultural responsiveness in clinical supervision, therapy, and institutional policy. Additionally, Diane is the owner and Director of Body and Soul Therapies, a private practice and consultation firm focusing on working on the impact of social identities on human relationships.

Shawn Giammettei, PhD, is a clinical psychologist in private practice; faculty at California School of Professional Psychology, Coordinator of Training for the Rockway Institute, Treasurer of the Association of Family Therapists of Northern California, clinical/research member of Mind the Gap/Child and Adolescent Gender Clinic at UCSF; and research consultant Kaiser Permanente, NCA. AFTA: Member since 2006, board member, Marketing, Governance, Early Career, and Nominations committees, Men’s Institute and LGBT Networking co-leader, 2013 Brief Presentation co-coordinator. Publications and interests: Trans youth, LGBT couples and families; family formation, functioning, and resilience; family focused research; social justice and intersectionality; family therapy training; and distance learning.

Blanca Lugo, PsyD, MFT, is a cisgender, heterosexual, female born and raised in the border-town of Tijuana, Mexico and, contrary to cultural expectations, not only received a Bachelor’s in Psychology and a Master of Science in Marriage and Family Therapy, but also completed a Doctorate in Psychology in Marriage and Family Therapy from Alliant International University. She has been working with marginalized families who have been victims of domestic and sexual violence for the past 16 years.

Justine D’Arrigo-Patrick, PhD, is an Assistant Professor at Cal State San Bernardino in the Counseling & Guidance program. Justine’s teaching, clinical work, and research center on post-structural, post-postmodern, post-oppositional and relational philosophies. Of specific interest to them, is how efforts of activism can potentially colonize people’s experiences in counter cultural ways.
**Friday, June 21 Schedule of Events**

## BRIEF PRESENTATIONS  
**1:30 – 3:00 PM**

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<td>7</td>
<td><strong>The Gathering</strong></td>
<td>Beth D’Arrigo-Patrick and Kaethe Weingarten</td>
<td>Evan Imber-Black</td>
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<td></td>
<td><em>A screening of The Gathering, the award-winning documentary by Micki Dickoff about the innocent men and women who spent decades on death row for murders they did not commit.</em></td>
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<td>8</td>
<td><strong>Clinical Engagement with Traumatic Histories as Pathways to Repair</strong></td>
<td>Beth D’Arrigo-Patrick and Kaethe Weingarten</td>
<td>Charles Etta Sutton</td>
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<td></td>
<td><em>Understanding the Pain of Families through Knowing Myself: Broadening Our Identities and Self-Awareness by Seeking the Traumatic Familial Histories of our Ancestral Past</em></td>
<td>Matthew R. Mock, Lou Collette Felipe, &amp; Robbin Rasbury</td>
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<td>9</td>
<td><strong>Teaching, Training, Supervision: Cultural Ruptures &amp; Repairs</strong></td>
<td>Beth D’Arrigo-Patrick and Kaethe Weingarten</td>
<td>Sarah Berland</td>
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<td></td>
<td><em>Rupture and Repair in MFT Graduate School Training</em></td>
<td>Brent Taylor, Seesen Negash, &amp; Marcela Polanco</td>
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<td></td>
<td><em>Applying Social Locations to Teaching Clinical &amp; Supervision</em></td>
<td>Karen Quek, Martha L. Morgan, Naveen Jonathan, Alex Hsieh, &amp; Christie Eppler</td>
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<td>10</td>
<td><strong>Clinical Work with Families with Complex Contexts</strong></td>
<td>Beth D’Arrigo-Patrick and Kaethe Weingarten</td>
<td>Jessica ChenFeng</td>
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<td></td>
<td><em>African Diaspora: Implications for Couples Therapy</em></td>
<td>Liliena Walker, Brittany Huelett, &amp; CarmenominiAngela (Karlet) Reyes &amp; Zephon Lister</td>
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<td><em>Exploring the Relationship between Street Crime and Urban Violence on Mental Health and Relationships in the Black Community: A Phenomenology Study</em></td>
<td>Brandon Hollie</td>
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<td><em>Presenters:</em> Won-young L. Cho, Reka Barton, &amp; Darielle Blevins</td>
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<td>11</td>
<td><strong>Large Scale Change</strong></td>
<td>Beth D’Arrigo-Patrick and Kaethe Weingarten</td>
<td>Kilian Fritsch</td>
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<td></td>
<td><em>Macrosystemic Therapy for a Divided Democracy</em></td>
<td>Brent Taylor, Seesen Negash, &amp; Marcela Polanco</td>
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<td><em>Who is Afraid of Discussing Politics in the Therapy Room?</em></td>
<td>Iman Dadras, Sandra Espinoza, &amp; Jacqueline Florian</td>
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<td><em>Classroom Healing: Attachment Repair in our Multicultural World</em></td>
<td>Diane Estrada &amp; Melody Brown</td>
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<td>12</td>
<td><strong>Conflict and Power</strong></td>
<td>Beth D’Arrigo-Patrick and Kaethe Weingarten</td>
<td>Sandra Stith</td>
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<td></td>
<td><em>Conflict as Rupture — an Invitation to Connection!</em></td>
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## REFRESHMENT BREAK  
**3:00 – 3:30 PM**
Friday, June 21 Schedule of Events and Sessions

INTEREST GROUPS 3:30 – 5:00 PM

Coordinator: Corky Becker

1. Rupture & Repair in Couple Therapy
Chairs: Mona Fishbane, Corky Becker, Martha Edwards & David Wohlsifer

This year we explore rupture and repair in couple therapy. Ruptures may be subtle (miscommunication, inattentiveness, criticism), or major (infidelity, lying). How can we help couples address hurt and feelings of unfairness? When do ruptures activate old wounds? We will address repair between partners, including empathy, guilt, apology, and forgiveness. Can trust be deepened as couples deal with relational injuries, as Gottman suggests? What happens when ruptures cannot be repaired? The impact of culture, gender, and power will be included throughout. We encourage participants to bring their own ideas to this discussion.

2. My Grandmother’s Sweater: Multi-Cultural Perspectives
Chair: Kaethe Weingarten Co-Chairs: Lana Kim & Lisa Bibuld

This interest group takes a multi-cultural and intergenerational look at the experience of grandparenting and its impact on grandchildren. Kaethe Weingarten will present material from a pilot project on the intergenerational transmission of resilience and talk about using illness as an opportunity for modeling resilience in grandchildren. Lana Kim will discuss growing up in a multi-generation family with Korean immigrant grandparents. Lisa Bibuld will share observations of a parent watching her parents interact with her children. We welcome participation from attendees reflecting on their experiences as grandchildren, as grandparents and/or as parents observing the interactions between the first and third generations.

3. The Very Elderly: A Quagmire of Complexity and Confusion for Families, Caregivers and Professionals
Chair: Ann Itzkowitz

Given the expansion of the aging population, this interest group offers an opportunity for family/systems professionals to explore the “old old” as a developmental stage with increasing impact on families, our clinical practices and our own personal experience. Relevant issues touch upon various disciplines and contexts and across multicultural and societal dimensions. We may share our experiences with aging, both personal and professional, and how these intersect with other disciplines and various contexts.

INTEREST GROUPS, cont. 3:30 – 5:00 PM

4. Spirituality and Family Therapy
Chair: Larry Freeman

Seeing living beings as “embodied spirits,” we will explore how Family Constellation work (Hellinger) reveals that intuition and body/brain wisdom borne of eons of evolution expand our ability to “see” with our whole-selves. We will then consider how this contributes to a shared language of the spirit in therapy and assessment. We will do so through Linda guiding a Constellation experience exploring issues of inclusion, privilege, and political power in AFTA. We suggest it is critical that we learn to mindfully and responsibly include spiritual discernment to affect change, and we offer this as both a moment of learning and repair.

5. Facilitating Conversations About Oppression
Chair: Charles Etta Sutton

This existing interest group has been a space for educators, clinicians, and supervisors to discuss challenges addressing topics of oppression within their classrooms, supervisees, cohorts, and in clinical settings. Participants are encouraged to share their challenges, successes and questions about how to address power dynamics related to oppression topics including but not limited to: racism, sexism, classism, heterosexism and religious oppression. The interest group is structured around Laurel Salmon’s “10 Tips for Facilitating Conversations About Oppression”.

6. Macrosystemic Assessment and Intervention
Chair: Lucas Volini

The purpose of this interest group is to expand the principles and practices of family therapy from the microsystemic level (i.e., families, relationships, groups) to the macrosystem (e.g., culturally-polarized social systems). As systemic scholars and clinicians, family therapists are uniquely located to address interactional cycles observed within and between polarized cultural groups. Utilizing family conceptual frameworks and models of family therapy, multisystemic assessment of contemporary sociopolitical discord are used to inform various levels of intervention (i.e., professional activism). The aim is to disrupt perpetuating cycles of oppression and hostile cultural divisiveness observed globally through targeted second and third-order cybernetic change.
FACILITATED LISTENING CIRCLE

Facilitators: Sueli Petry, Peter Fraenkel, and Glenda Mendelsohn

The Facilitated Listening Circle is a witnessing circle. It provides an opportunity for people who wish to share an experience during the meeting for which they would like support, recognition, or empathy. At AFTA we are committed to respectful and inclusive participation with one another. We hold ourselves to a high standard. Sometimes someone feels hurt or excluded by the actions or attitudes of others. We wish to be accountable for any ways we hurt or exclude others and to be open to experiences that may be invisible to us. In the Circle, these difficult moments can be rendered visible, and we can increase our awareness and learn more about relating in respectful and inclusive ways.

AFTA SPECIAL EVENT AT THE OAKLAND MUSEUM OF CALIFORNIA

Coordinators: Jane Ariel and Kaethe Weingarten

This year’s Special Event will indeed be special: a peek into the unique, culturally diverse Oakland community. And what better way to do it? The Oakland Museum of Art’s fantabulous Friday Nights @ OMCA. AFTA members will have access to all the galleries (including Queer California: Untold Stories that will deepen and expand our understanding of this history through a multifaceted exhibition); food from Off The Grid food trucks (a beloved Bay Area tradition); perusing the OMCA Marketplace, where local makers sell handcrafted works and art; hands-on-art workshops; and music! There is a DJ, featured artists and dancing galore. Dancers from toddlers to elders hit the floor. Even dance lessons! AFTA has reserved a lovely, indoor room from 5:30 to 9:00 PM to mingle, talk, and take a break from the excitement of the evening. Volunteers will be available to take food orders for those who cannot stand in line at the food trucks. You can eat any time during the evening and if you stand in line, you will likely chat with a friendly Oaklander. Spend time with friends at this multi-fun event.
Saturday, June 22 Schedule of Events and Sessions

AFTA's 41st Annual Meeting & 8th Open Conference

RUPTURE AND REPAIR
Remaking Relationships in Families and Communities

Saturday, June 22

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<td>7:00 – 8:00 AM</td>
<td>Continental Breakfast</td>
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<tr>
<td>7:00 – 8:00 AM</td>
<td>Committee Meetings</td>
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<td>8:00 – 4:00 PM</td>
<td>Registration</td>
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<td>8:00 – 10:00 AM</td>
<td>Plenary II</td>
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<td>10:00 – 10:30 AM</td>
<td>Refreshment Break</td>
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<td>10:30 – 12:00 PM</td>
<td>Brief Presentations 13-18</td>
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<td>Lunch Break (on your own)</td>
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<td>1:30 – 3:00 PM</td>
<td>Brief Presentations 19-24</td>
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<td>3:00 – 3:30 PM</td>
<td>Refreshment Break</td>
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<td>3:30 – 5:00 PM</td>
<td>Interest Groups 7-12</td>
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<td>5:00 – 6:00 PM</td>
<td>Feedback Session</td>
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<td>6:00 – 6:30 PM</td>
<td>Break</td>
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<tr>
<td>6:30 – 10:30 PM</td>
<td>41st Dinner &amp; Awards Ceremony</td>
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CONTINENTAL BREAKFAST (Open to all attendees) 7:00 – 8:00 AM

COMMITTEE MEETINGS 7:00 – 8:00 AM

PLENARY II 8:00 – 10:00 AM

Pathways to Repair in Social Justice Organizational and International Work
Presenters: Sarah Stearns, Jill Freedman and Tileah Drahm-Butler
Discussant: Kaethe Weingarten

Beyond Good Intentions: The Journey of Progressive Organizations Toward Genuine Equity and Inclusion

Presenter: Sarah Stearns, PhD

Systems thinkers have important contributions to make to organizations both here and abroad. In this presentation Sarah Stearns will describe a consultation she facilitated for a progressive national organization that, like many other well-intentioned organizations, was unaware of how rooted its practices and definitions of “excellence” were within dominant culture. She will consider similarities and differences between organizational work and family therapy in addressing rupture and repair. Jill Freedman and Tileah Drahm-Butler will describe some of the challenges of power and privilege that present themselves in cross-cultural partnerships, the assumptions that can prove to be wrong, and the importance of adapting practices to particular cultures.

Sarah Stearns is a licensed clinical psychologist and Senior Consultant with VISIONS, Inc. She has worked as a practicing psychotherapist, faculty member, and consultant for the past 35 years. Throughout her career, Sarah uses systemic thinking to work at the intersections of clinical practice and social justice and to support her clients’ capacity to address issues at the personal, relational, and societal levels. Currently, Dr. Stearns is sought out for her expertise in race and gender, leadership development, and the integration of cultural analysis into strategies for changing human systems.
### Saturday, June 22 Schedule of Events and Sessions

#### PLENARY II, cont.  8:00 – 10:00 AM

**Learning in Partnership through a Journey in Teaching Narrative Therapy**  
**Presenters:** Jill Freedman and Tileah Drahm-Butler

Jill Freedman and Tileah Drahm-Butler are faculty of Dulwich Centre in Adelaide, Australia where they work together as part of a team in the Masters of Narrative Therapy and Community Work program. They will describe some of the challenges of power and privilege that present themselves in cross-cultural partnerships, the assumptions that can prove to be wrong, and the importance of adapting practices to particular cultures. Always working with attention to the intersections of power and privilege, Tileah and Jill will feature de-colonising practices that seek to privilege the world view of Aboriginal people in Australia and that invite conversation and theory from the margins.

Jill Freedman, MSW, the Co-director of Evanston Family Therapy Center, has co-authored more than 30 papers and book chapters and 3 books. She is international faculty for the Dulwich Centre in Adelaide, Australia and teaches in the Masters Program in Narrative Therapy and Community Work offered by Dulwich Centre and the University of Melbourne and is on the faculty of the Chicago Center for Family Health.

Tileah Drahm-Butler is an Aboriginal woman of the Darumbal nation who lives in Kuranda, North QLD. Tileah currently works as a Social Worker in the Emergency Department and Intensive Care Unit of the Cairns Hospital where she uses Narrative Practice in brief encounters with patients and their families. Tileah is on the Dulwich Centre International Teaching Faculty and teaches Narrative Practice through an Aboriginal lens and works to co-research ways that Narrative Therapy can be used in a range of settings as decolonising practice for Aboriginal and Torres Strait Islander people.

**Discussant:** Kaelie Weingarten, PhD

Kaelie Weingarten is the founder and director of The Witnessing Project, was an Associate Clinical Professor of Psychology in the Harvard Medical School Department of Psychiatry from 1981-2017 and a faculty member of the Family Institute of Cambridge until it closed. She directs AFTA’s Witness to Witness Project, pairing AFTA members with front-line workers helping migrants with legal, social and medical issues. Since moving to Berkeley in 2013, she and her collaborator have been awarded three grants for their choreography with elder dancers, applying a witnessing model to movement in public spaces.

### REFRESHMENT BREAK  10:00 – 10:30 AM

### BRIEF PRESENTATIONS  10:30 AM – 12:00 PM

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<td>Consultants as Trainers: Repairing the Colonial Production of Knowledge in MFT Training</td>
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<td>Gender Identity</td>
<td>Justine D’Arrigo-Patrick</td>
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<td>15</td>
<td>Teaching, Training and Supervision</td>
<td>Diane Estrada</td>
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<td>16</td>
<td>Clinical Work with Asian Families</td>
<td>Claudine Lucena</td>
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**Gender Identity**  
**Moderator:** Justine D’Arrigo-Patrick

Best Practice: Families with a Gender Expansive, Transgender or Nonbinary Child or Youth  
**Presenter:** J. Jessie R. Cohen

Spiritual Resistance and Resilience in Trans Communities  
**Presenter:** Elijah Nealy

Exploring Identity: Supporting Gender Dysphoric Youth and their Families in Acute Crisis  
**Presenters:** Cody Roi & Charles C. Coleman

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**Teaching, Training and Supervision**  
**Moderator:** Diane Estrada

**Mentoring Family Therapy Minority Students**  
**Presenters:** Tatiana Glebova, Gita Seshadri, Justin Lock, & Refugio Pantoja

**When Therapists and Supervisors Just Don’t Get It: Therapeutic Relationships Ruptured by Color-blindness**  
**Presenters:** Monica Sesma-Vazquez, Salma Silim & Andrea Hunt

**Creating a Culture of Relational Repair for Clinicians in Training**  
**Presenter:** Elisabeth Esmiol Wilson

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**Clinical Work with Asian Families**  
**Moderator:** Claudine Lucena

Asian Pacific Islander Families: Using Narratives of Empowerment, Resilience and Historical Context as Strategies of Relational Repair  
**Presenter:** Matthew R. Mock

Of Gender & Culture: Mothers Keeping Daughters “in Place”  
**Presenters:** Tonima Rahman & Peter Fraenkel

Emotional Blackmail Within Couple Relationships in Hong Kong  
**Presenters:** Sheena Karmani & Diane Zelman
Facing Challenges
Moderator: Patricia Papernow

Minority Professionals’ Healing Through Social Attunement
Presenters: Monique Willis, Gita Seshadri, Naveen Jonathan & Robbin Rasbury

Autism Spectrum Disorder and Healthy Family Functioning
Presenters: Charles C. Coleman & Cody Roi

How Can We Support Our Black Mothers Who have Experienced Incestual Abuse?
Presenters: Jasmine Pickens & Gita Seshadri

Rupture and Repair: Accompaniment in the Path of Hope, the Role of a Promotora – Community Worker peer - in Mental Health settings
Presenter: Rosy De Prado

Rupture and Repair: Lessons Learned from Integrating Research-based Clinical Techniques into a Community Agency Serving Low-income Immigrant Families
Presenter: Jessica Borelli

REFRESHMENT BREAK
3:00 – 3:30 PM

Emotional Regulation in Couple Therapy: Widening the Frame
Moderator: Corky Becker

From Reactivity to Empowerment in Couple Therapy
Presenter: Mona Fishbane

Mentalizing Emotions
Presenter: Elliot Jurist

The Link Between Emotional Modulation and Temporal Patterning in Couples
Presenter: Peter Fraenkel

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Saturday, June 22 Schedule of Events and Sessions

BRIEF PRESENTATIONS , cont

10:30 AM – 12:00 PM

Theory II
Moderator: Rob Garfield

The Marriage of Family Therapy and Positive Psychology
Presenter: Valerie A. Jenecks

What Ever Happened to Family Therapy in Psychiatry: History, Development, Current Status, and the Future
Presenter: Ira D. Glick

Self of the Therapist II
Moderator: Martha Morgan

Race as a Rupture in the Therapeutic Relationship
Presenters: Sandra Espinoza, Iman Dadras, & Jaqueline Florian

Teach Therapists Self-Awareness in Chinese Society
Presenters: Hao-Min Chen, Ping-Chuan Hsiung, & Takeshi Tamura

The Power of Cultural Narratives in Family Therapy Education, Training, and Clinical Practice for Relational Bridging
Presenters: Matthew Mock & Wonyoung Cho

LUNCH (on your own)
12:00 – 1:30 PM

BRIEF PRESENTATIONS
1:30 – 3:00 PM

Lunch

Community First! Repairing Community-Research Models
Presenter: Patricia J. Cantero

Rupture and Repair: Accompaniment in the Path of Hope, the Role of a Promotora – Community Worker peer - in Mental Health settings
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REFRESHMENT BREAK
3:00 – 3:30 PM

Saturday, June 22 Schedule of Events and Sessions

BRIEF PRESENTATIONS , cont.

1:30 – 3:00 PM

Thinking Through Gaps in Research & Practice
Moderator: Jerry Gale

A Feminist Analysis of Online Parenting Programs
Presenters: Laura Eubanks Gambrel, Jordan Gale, & Brittany Fordham

Family Therapy and the Commercial Sex Industry
Presenter: Michael Curtis

Relationships for Social Change
Presenters: Dayanne ‘Danna’ Carter & Brian Distelberg

Community
Moderator: Lisa Lavelle

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Relationships for Social Change
Presenters: Dayanne ‘Danna’ Carter & Brian Distelberg

Community
Moderator: Lisa Lavelle

Community First! Repairing Community-Research Models
Presenter: Patricia J. Cantero

Rupture and Repair: Accompaniment in the Path of Hope, the Role of a Promotora – Community Worker peer - in Mental Health settings
Presenter: Rosy De Prado

Rupture and Repair: Lessons Learned from Integrating Research-based Clinical Techniques into a Community Agency Serving Low-income Immigrant Families
Presenter: Jessica Borelli

REFRESHMENT BREAK
3:00 – 3:30 PM

Saturday, June 22 Schedule of Events and Sessions

BRIEF PRESENTATIONS , cont.

1:30 – 3:00 PM

Thinking Through Gaps in Research & Practice
Moderator: Jerry Gale

A Feminist Analysis of Online Parenting Programs
Presenters: Laura Eubanks Gambrel, Jordan Gale, & Brittany Fordham

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REFRESHMENT BREAK
3:00 – 3:30 PM
Sunday, June 22 Schedule of Events and Sessions

INTEREST GROUPS  3:30 – 5:00 PM

7. Meditation and Social Justice? Yes, And?
Chair: Jerry Gale

While mindfulness is increasingly popular, there are also strong critiques leveled against mindfulness: as a practice, an industry, and maintaining a neoliberal ideological framework. In this interest group we will briefly discuss the critiques (highlighted in the 2016 book: Handbook of Mindfulness: Culture, Context, and Social Engagement) and the Western cultural appropriation of mindfulness (Kirmayer, 2015) and discuss how meditation, as a relational project, embraces social engagement and liberation from social inequalities and injustices. We will discuss how relational meditation can offer skills and practices for micro and macro repair of ruptures in the world (including identity construction, inter-being accountability, responsibility to the environment, and maintaining engaged participation in social action).

Chair: Patricia Papernow

Stepfamily structure often makes constant painful ruptures—within the couple, between stepparents and stepchildren, between parents and their children, and between ex-spouses/co-parents. The longing captured in the language of “blended families” can add layers of shame to dashed hopes. We’ll look together at the “normal” breaks and disconnections we see in these relationships and we’ll share some approaches to softening conflict, sowing realistic hope, and forging connection.

9. The Role of Animals, Plants, and Minerals in Rupture and Repair
Chairs: Peter Fraenkel, Monica Sesma-Vazquez, Larry Freeman  Discussant: Froma Walsh

We will focus on how interactions with non-human animals, plants, and minerals can repair ruptures in human relationships, and can contribute to repair between humans and other living beings as well as non-living aspects of the ecology. Froma Walsh will discuss the healing power of animal-human bonds, and their role in family therapy. Monica Sesma-Vazquez will describe working with families to engage in gardening, planting trees, and growing their own vegetables. Peter Fraenkel will share his work with couples and gemstones, and rituals of connection that draw upon ancient multicultural wisdom about the power of stones to improve communication, to foster love, and to stimulate sexual intimacy. Larry Freeman will discuss the importance of socio-political action to preserve and enhance the environment so that the work of repairing ruptures can occur.

INTEREST GROUPS, cont.  3:30 – 5:00 PM

10. Cultural Humility and Compassion of Family Therapists: Witnessing Diverse Family Lives through Films
Chair: Matthew Mock

The #MeToo movement is consistently expanding calls for accountability among men of power in a paradigm shift that remains in constant play as the (at this writing) President of the U.S. continues to add daily tweets that beg the question: are men like this more stupid or more evil? Is he just a narcissist? Does he have dementia? There has been plenty of discussion along the lines of “what could he be thinking?” As systemic thinkers, it is clear the perpetrator is not acting alone, he is rather, enacting “privilege.” How do we, as men and therapists, work with that systemic issue.

11. Masculinities: Men and the #MeToo Movement
Chairs: Rob Garfield, Roger Lake & Michael LaSala

The #MeToo Movement offers us an important opportunity to reexamine our assumptions about how men and women can best communicate with each other in the sexual arena. We will examine longstanding stereotypes that contribute to sexual violence against women and consider techniques/approaches you’ve found helpful to engage men as allies in its prevention. How can we best foster accountability, encourage consensus seeking, helping men overcome “the bystander effect” when sexual violence threatens? Have you worked with men or others who’ve experienced sexual violence themselves or as a result of race, sexual orientation, disability or incarceration? Come to share your experiences.

12. International: Gender in Culture; East and West
Chairs: Timothy Baima & Takeshi Tamura  Presenters: Monica McGoldrick, Froma Walsh, David McGill, Hao-Min Chen, Ping-Chuan Hsiung

Following last year’s discussion in Austin, we will continue to explore experiences of gender in cultures in East and West. The presenters will first share reflections about how gender and gender roles have played out in their own lives in multiple contexts including immigration and cultural relocation, shifting social norms, and their work as family therapists. These reflections will lead into broader discussions that will involve all participants.
Saturday, June 22 Schedule of Events and Sessions

FEEDBACK SESSION  5:00 – 6:00 PM
Moderators: Amy Tuttle, Blanca Lugo and Bryan Doster

We invite all attendees to join us for the Feedback Session. This session provides an opportunity to give direct feedback to the Program Chairs, Program Committee, and AFTA Board on your experience at this year’s AFTA Annual Meeting & Open Conference.

BREAK  6:00 – 6:30 PM

CLOSING RECEPTION, DINNER, & AWARDS CEREMONY  6:30 PM – 10:30 PM

Entertainment - The Soul Patrol - AFTA’s Band for 2019
Peter Fraenkel has assembled a Bay Area, multi-instrumental, fantastic band, perhaps the finest ever at AFTA!

Michael Hatfield plays piano, “kicking bass” (left hand), and vibes. Michael studied at the Berklee School of Music and has played and studied with the likes of guitar legends Pat Metheny, Mike Stern, and Steve Vai, and one of the greatest drummers of all time, Vinny Colaiuta. He currently leads several bands ranging from a jazz trio to big band, from electronica to country.

Marc Baum plays tenor saxophone, flute, and guitar. He’s performed with some of the top singers and bands: Boz Scaggs, Dr. John, Sylvester, the Four Tops, the Steve Miller Band, and Eddie Money, among many others, and has recorded w/ Blue Oyster Cult (album: Shooting Shark).

Peter Fraenkel is a drummer and percussionist, with a day gig as a family and couple therapist and professor of psychology. Beloved by AFTA, he has studied with Fred Buda of the Boston Symphony and Pops; Alan Dawson, one of the most revered drum teachers of all time; and more recently, became a student of Bernard “Pretty” Purdie, the most recorded drummer of all time. Peter has played with Claudio Roditi, Fred Hersch, Margaret Whiting, Carmen McRae, Betty Carter, Bethany Smith, Damon Foreman, among many others.

Awardees

Distinguished Contribution to Family Systems Research
Barbara H. Fiese, PhD

Distinguished Contribution to Family Therapy Theory and Practice
The Multicultural Family Institute Group (Monica McGoldrick, Nydia Garcia Preto, Roberto Front, Barbara Petkov, Sueli Petry, Angelina Belli, CharlesEtta Sutton, Paulette Hines)

Innovative Contribution to Family Therapy
Mary Jo Barrett, MSW

Distinguished Contribution to Social Justice
America Bracho, MD, MPH, Promotores of Latino Health Access

Lifetime Achievement Award
Lois Braverman, MSW

Early Career Award
Lana Kim, PhD

Saturday, June 22 Schedule of Events and Sessions
Satisfactory Completion

Learners must complete an evaluation form to receive a certificate of completion. Your chosen sessions must be attended in their entirety. Partial credit for individual sessions is not available. If you are seeking continuing education credit for a specialty not listed below, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.

Psychologists

This course is co-sponsored by Amedco and American Family Therapy Academy (AFTA). Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content. 19.25 hours.

The following state boards accept courses from APA providers for Counselors: AK, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, IA, ID, IL, IN, KS, MD, ME, MO, NE, NH, NJ, NM, NV, OK, OR, PA, RI, SC, SD, TN, TX, UT, VA, WA, WI, WY

MA / MFTs: Activities not providing NBCC approval may be approved by the Board for individual licensees upon receipt of acceptable documentation prior to the activity. Please send course details to your licensing board for approval BEFORE the event. No approvals afterward by the board.

AL / Counselors: Participants can self-submit courses not approved by the MAMFT board for review.

The following state boards accept courses from APA providers for Addictions Professionals: AK, AR, AZ, CA, CO, CT, DC, DE, GA, IA, IN, KS, LA, MD, MO, MT, NC, ND, NE, NJ, NM, NY (outside held), OK, OR, SC, UT, WA, WI, WY

Social Workers

As a Jointly Accredited Organization, Amedco is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Amedco maintains responsibility for this course. Social workers completing this course receive 19.25 clinical continuing education credits.

The following state boards accept courses from ASWB providers for Social Workers: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, ID, IL, IN, IA, KS, KY, LA, ME, MD, MA, MI, MN, MO, MS, MO, NC, ND, NE, NH, NM, NV, OH, OK, OR, PA, RI, SC, SD, TN, TX, UT, VT, VA, WA, WI, WY

The following state boards accept courses from ASWB providers for Counselors: AK, AR, AZ, CA, CO, CT, DC, DE, FL, GA, IA, ID, IL, IN, KS, MA, MD, ME, MO, ND, NE, NM, NH, NV, OK, PA, TN, TX, UT, VA, WA, WI, WY

The following state boards accept courses from ASWB providers for Addictions Professionals: AK, AR, AZ, CA, CO, CT, GA, IA, IN, KS, LA, MO, MT, NE, NJ, NM, NV, OK, OR, SC, WA, WI, WY


An incredibly complete and empathic guide to supporting gender expansive youth, their families and communities.

—JEAN MALPAS, LMHC, LMFT, Director, Gender and Family Project, Ackerman Institute for the Family

NEW from AFTA Presenter Elijah C. Nealy

Elijah C. Nealy is assistant professor in the Department of Social Work and Latino Community Practice at the University of Saint Joseph in Hartford, Connecticut. As an out transgender man, he has spent the past twenty-five years working extensively within the lesbian, gay, bisexual, transgender, and queer communities.

Learn more: http://wwnorton.com/rd/tkt19

Family Process Congratulates AFTA on its 2019 Annual Meeting!

In the March Issue of Family Process:

SPECIAL SECTION: SOCIAL JUSTICE AND FAMILY THERAPY

“Third-Order Thinking in Family Therapy: Addressing Social Justice Across Family Therapy Practice”
Teresa McDowell, Carmen Knudson-Martin, J. Maria Bermudez
Translation into Spanish

“Social Justice and Race in the United States: Key Issues and Challenges for Couple and Family Therapy”
Marlene F. Watson

“Healing through Parenting: An Intervention Delivery and Process of Change Model Developed with Low-Income Latina/o Immigrant Families”
J. Ruben Parra-Cardona

“EMBRace: Developing a Racial Socialization Intervention to Reduce Racial Stress and Enhance Racial Coping among Black Parents and Adolescents”
Riana E. Anderson, Monique C. McKenny, Howard C. Stevenson

Video Abstract
Call for Proposals: OPEN NOW UNTIL September 30th
Proposals are sought for the in the following categories:
- Brief Presentation (20 minutes)
- Lectures/workshops (45 minutes)

The Official Language of the meeting is English. All abstract submissions must be in English.

Proposal Information:
http://ifta-congress.org/docs/StudentGuidlines.pdf

Submit a Proposal:
www.ifta-conference.org

The 2020 World Family Therapy Congress of the International Family Therapy Association will be held in Basel, Switzerland. We invite you to join colleagues from around the world.

Like all IFTA Congresses, it will feature many approaches to a variety of problems and ways of coping with them. The congress aims to help heal hurting couples and families in various cultures.

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Re-Visioning Family Therapy, THIRD EDITION
Addressing Diversity in Clinical Practice
Edited by
Monica McGoldrick, LCSW, PhD (h.c.)
Kenneth V. Hardy, PhD

The third edition represents the next step in our field’s understanding of diversity…This spectacular book should be read by students at all levels of training, as well as established mental health professionals.” —Peter Fraenkel, PhD

Helping Couples and Families Navigate Illness and Disability
An Integrated Approach
John S. Rolland, MD, MPH

“This book is a treasure. Rolland has put a career’s worth of insight, wisdom, craft, and humanity into every chapter. All clinicians who work with couples and families will benefit immensely from reading this important, up-to-date work.” —William J. Doherty, PhD

VISIT OUR DISPLAY AT THE ASSOCIATION BOOK EXHIBIT
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New Edition of a Bestseller—A Major Revision!
Attachment Theory in Practice
Emotionally Focused Therapy (EFT) with Individuals, Couples, and Families
Susan M. Johnson, EdD

“A practical and very readable guide to using EFT principles across psychotherapy modalities. Johnson has made a valuable contribution that can guide the therapist toward a theoretically integrated and powerful method of doing therapy with a wide variety of clinical cases.” —John M. Gottman, PhD

New—in Paperback
The Heart of Couple Therapy
Knowing What to Do and How to Do It
Ellen F. Wachtel, PhD, JD

“Wish a rare combination of clarity and depth, Wachtel illuminates how the most difficult topics can be addressed in a way that leaves couples feeling both reassured and motivated to grow. This book is a treasure.” —Harriet Lerner, PhD

New Edition—Revised & Updated!
Social Work Practice with Children, FOURTH EDITION
Nancy Boyd Webb, DSW, LCSW
Foreword by
Luis H. Zayas PhD

“Webb not only updates the essential knowledge base presented in previous editions, but also provides important information on how to address such issues as gender identity struggles, immigration, and trauma from exposure to global violence.” —Shulamith Lala Ashenberg Straussner, PhD, LCSW

New—in Paperback
Attachment Theory in Practice
Emotionally Focused Therapy (EFT) with Individuals, Couples, and Families
Susan M. Johnson, EdD

“With a rare combination of clarity and depth, Wachtel illuminates how the most difficult topics can be addressed in a way that leaves couples feeling both reassured and motivated to grow. This book is a treasure.” —Harriet Lerner, PhD

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Open Dialogue Foundation
Training Course
Commencing July 2019, Tacoma, WA

The Open Dialogue approach is developing in several locations internationally, offering hope of a more effective way of organizing mental health services and of being with people in times of crisis. This 4-part course is designed for mental health teams and individual practitioners keen to adopt the approach. Please call 805-452-7475 for further questions or visit our website OpenDialogueWashington.com to apply.

Course Schedule
- July 10-14
- October 23-27
- Winter 2020
- Spring 2020

What is Open Dialogue?
Open Dialogue is a philosophical approach to people and their families/networks experiencing a mental health crisis. It is also the system of care developed in Western Lapland, Finland over the last 35 years. In the 1980s, Western Lapland had one of the highest rates of the diagnosis of schizophrenia in Europe. Now it has the best documented recovery outcomes for psychosis in the Western world. In an early study, 75% of those experiencing psychosis returned to work or study within 2 years and only 20% were still taking antipsychotic medication at 2-year follow-up.

Open Dialogue is the standard for psychiatric services in Western Lapland where it has developed into a comprehensive approach with well-integrated inpatient and outpatient services. Working with families and social networks, as much as possible in their own homes, Open Dialogue teams work to help those involved in a crisis situation to be together and to engage in dialogue. It has been their experience that if the family/team can bear the extreme emotion in a crisis situation and tolerate the uncertainty, in time, shared meaning emerges, and healing is possible.

A recent 19-year outcome study on Open Dialogue (Psychiatry Research, December 2018) shows statistically significant reduction in unemployment, hospitalizations, long-term neuroleptic use, disability allowances, and mental health service usage, translating to tremendous cost and welfare savings for communities.

In Tacoma, WA, work has begun on applying Open Dialogue.

One ARNP professional reports:

"In an Open Dialogue meeting, I observed the person [at the center] of concern receive understanding and support that would not have been likely otherwise. Everyone listened attentively as he described his unusual experiences, and they responded honestly. Important bonds were rebuilt during this dialogue. Since the two Open Dialogue meetings we organized for him six months ago, he has been making steady progress in recovery. I believe this researched method brings about breakthroughs and providers, family members and friends are more able to be fully supportive."

- Christine Karczewski ARNP, Tahoma Sanctuary and The Healing Field
A Roadmap for Couple Therapy

“This is one of the best books ever written about couple therapy. Presenting the most comprehensive and thorough compendium of couple therapy interventions ever assembled.”
—Jay Lebow, PhD, Editor, Family Process

“Delightful to read... the finest presentation of a modern psychoanalytic perspective on couples’ issues.”
—John Gottman, PhD, University of Washington

“Richly researched, and ingeniously thought out.”
—Dan Wile, PhD, University of California, Berkeley

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Arthur Nielsen is an Associate Clinical Professor of Psychiatry at Northwestern’s Feinberg School of Medicine and on the faculty of The Chicago Institute for Psychoanalysis and The Family Institute at Northwestern University.
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Alexandria, VA
June 24-27, 2020

Politics and Systems:
Navigating Complex Relational and Global Issues
Implications for Relationships, Systems Oriented Research
and Family Therapy

Program Co-Chairs: Blanca Lugo and Bryan Doster