

FAMILY HEALTH AND WELLBEING:

EMBRACING WHOLENESS AND COMPLEXITY



American Family Therapy Academy

36th Annual Meeting & 3rd Open Conference

June 4-7, 2014

Athens, GA

AFTA ANNUAL MEETING & OPEN CONFERENCE

JUNE 4-7, 2014

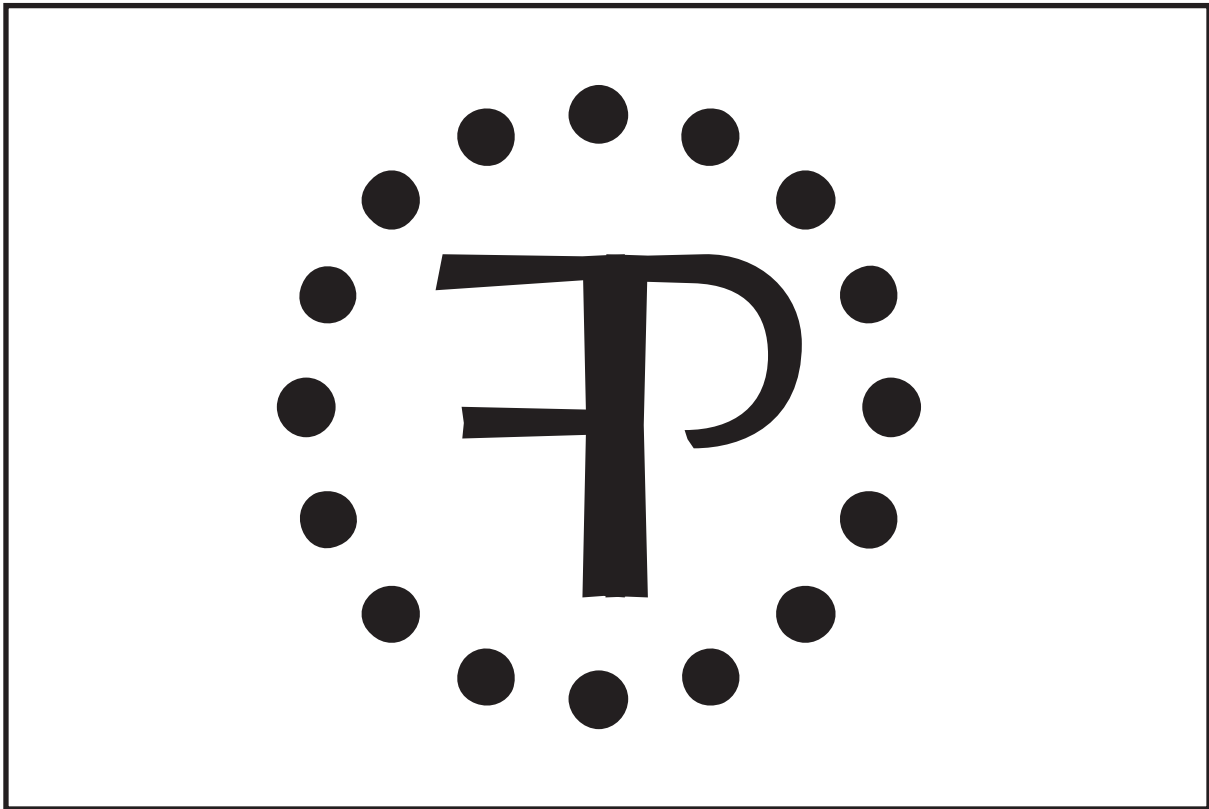
TUESDAY, JUNE 3	WEDNESDAY, JUNE 4	THURSDAY, JUNE 5	FRIDAY, JUNE 6	SATURDAY, JUNE 7
		7:00 am Centering Practices	7:00 am Centering Practices	7:00 am Centering Practices
	8:00 am BOARD MEETING 1:00 pm	7:30 am New Members Breakfast 8:30 am Continental Breakfast	7:30 am Continental Breakfast	7:30 am Continental Breakfast/Committee Meetings
		8:00 am Registration 5:00 pm	8:00 am Registration 5:00 pm	8:00 am Registration 5:00 pm
		8:30 am OPENING - DRUMMERS PRESIDENTIAL PLENARY I 10:45 am	8:30 am RESEARCH PLENARY III (Sponsored by the Family Process Institute) 10:30 am	8:30 am PLENARY IV 10:30 am
		10:45 am REFRESHMENT BREAK 11:00 am	10:30 am REFRESHMENT BREAK 10:45 am	10:30 am REFRESHMENT BREAK 10:45 am
		11:00 am INTEREST GROUPS 12:30 pm	10:45 am DIALOGUES 12:15 pm	10:45 am INTEREST GROUPS 12:15 pm
	12:00 pm AFTA REGISTRATION 5:00 pm	12:30 pm LGBTQI NETWORK/ MEETING OF PRESIDENTS/ FAMILY PROCESS BOARD LUNCH LUNCH BREAK 2:00 pm	12:15 pm TOWN HALL - MEMBERS MEETING LUNCH BREAK 1:45 pm	12:15 pm STUDENT/ ECM LUNCH / FACILITATED LISTENING CIRCLE/ LUNCH BREAK 1:45 pm
		2:00 pm BRIEF PRESENTATIONS 3:30 pm	1:45 pm BRIEF PRESENTATIONS 3:15 pm	1:45 pm PEARLS OF WISDOM 3:15 pm
		3:30 pm REFRESHMENT BREAK 3:45 pm	3:15 pm REFRESHMENT BREAK 3:30 pm	3:15 pm REFRESHMENT BREAK 3:30 pm
	3:00 pm PEOPLE OF COLOR/ WHITE PRIVILEGE NETWORKS 5:00 pm	3:45 pm PLENARY II 5:45 pm	3:30 pm JOINT FORUM 5:30 pm	3:30 pm BRIEF PRESENTATIONS/ ROUNDTABLES 5:00 pm
	4:30 pm PROGRAM PARTNERS MEET-UP 5:30 pm			
6:30 pm BOARD MEETING 8:30 pm			5:30 pm BOOK SIGNING, POSTER FESTIVAL, COMMUNITY FAIR 7:30 pm	5:00 pm FEEDBACK SESSION 6:00 pm
	7:00 pm OPENING EVENT - "Neshoba" 10:00 pm		7:00 pm NEW MEMBER MEETUP/ SPIRITUAL SERVICES 8:00 pm	6:30pm BUFFET DINNER/ AWARDS BANQUET 8:30 pm
		7:00 pm SPECIAL EVENT 11:00 pm	8:00 pm WOMEN'S INSTITUTE/ MEN'S INSTITUTE PLAY SPACE 10:00 pm	8:30 pm DANCE 12:00 am

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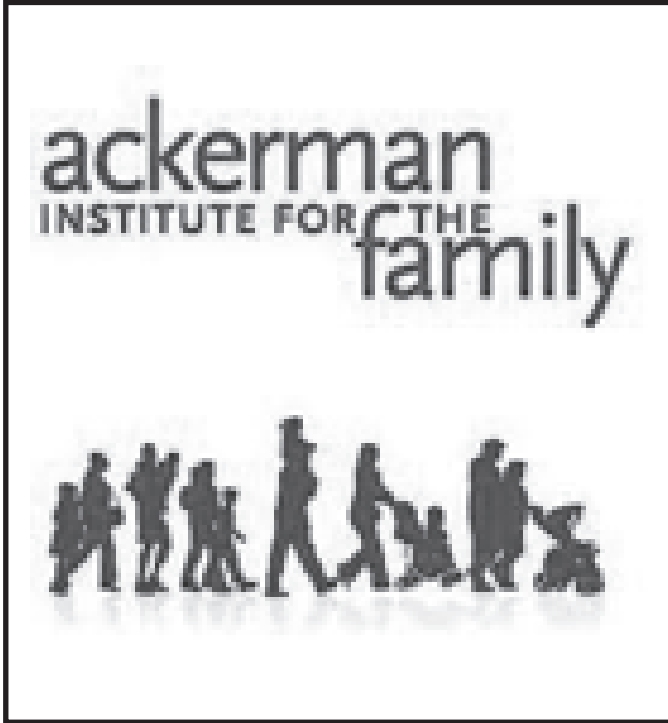
DEPARTMENT OF HUMAN DEVELOPMENT AND FAMILY SCIENCE

The Department of Human Development and Family Science is pleased to sponsor the 36th Annual Meeting of the American Family Therapy Academy. We invite you to learn more about our graduate programs in HDFS, including our doctoral program in Marriage and Family Therapy. Best wishes on a productive annual meeting experience.

- Jay A. Mancini, Haltiwanger Distinguished Professor and Department Head
- Jerry Gale, Professor and Marriage and Family Therapy Program Director
- Maria Bermudez, Associate Professor of Marriage and Family Therapy
- Desiree Seponski, Assistant Professor of Marriage and Family Therapy

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Therapy Training Boston

<p>AFTA PRESENTERS</p> <ul style="list-style-type: none"> ◆ Trauma & IFS: Releasing Personal and Legacy Burdens July 20 & 21 with <i>Dick Schwartz</i> ◆ Latino Families in Therapy September 19 with <i>Celia Falicov</i> ◆ Fifty Shades of Purple: Affirmative Approaches for Couples & Families Transcending Gender Norms December 5 with <i>Jean Malpas</i> 	<p style="text-align: center;">INTENSIVE CERTIFICATE PROGRAM IN FAMILY SYSTEMS THERAPY</p> <ul style="list-style-type: none"> • 11 Fridays from September to June and a weekend retreat • Supporting work with individuals, families, couples & systems • with Liz Brenner, Corky Becker, Kaethe Weingarten & more <p style="text-align: center;">MOVIE + DISCUSSION NIGHTS</p>
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“What is therapy?” you ask.



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American Family Therapy Academy

2014 ANNUAL MEETING & OPEN CONFERENCE

Dear AFTA Members and Conference Participants,

With heartfelt appreciation and gratitude we welcome you to the 36th Annual Meeting and 3rd Open Conference of the American Family Therapy Academy (AFTA), a gathering of scholars, clinicians, educators, policy makers, researchers, and social scientists committed to systems thinking and social justice. We are very excited about this year's conference. With the conference being entirely open this year, we hope that new friendships and collaborations will arise.

We have gathered an excellent group of speakers and presentations to help us examine what influences family health and wellbeing and to stimulate our thinking in the usual AFTA tradition. Over 100 AFTA members will showcase cutting-edge work in Brief Presentations and Interest Groups, and discuss new ideas at the Roundtables, Dialogues and Plenaries. We are also introducing new formats and venues aimed to increase the opportunities for dialogue among AFTA and non-AFTA members and to include community voices. For example, the Opening Event will be at the Morton Theatre with the screening of the documentary "Neshoba: The Price of Freedom." It will be followed by a panel discussion between AFTA members and members from the local community. The Community Fair on Friday during the Poster Festival will include a number of local programs and community leaders addressing social issues, to share in open dialogue with participants at the conference. In addition to community voices, Janine Roberts and Carlos Sluzki will offer us their Pearls of Wisdom. Attending the conference will also be the presidents of family therapy associations from around the world, expanding the opportunities for dialogue. This year there will be a Joint Forum with the Cultural & Economic Diversity Committee and the Family Policy/Human Rights Committee. Last but not least, we are pleased to introduce a new venue, Play Space: Creating and Engaging Our Wellbeing.

While we discuss ways that we can help our clients, we also want to embrace our own wellbeing. There will be many opportunities for various centering practices throughout the conference as we build an environment of respect, support and friendship. Self-care and play continues at this year's Special Event, at the Georgia Theatre featuring Abbey Road Live, noted by *US News and World Report 2012* as "One of the world's premier Beatles cover bands." Family members are invited to join you in your trip to Athens and enjoy walks downtown, and visits to parks, museums and more.

The Board of Directors and the Program Committee would especially like to thank all of the Program Partners and Co-Sponsors for your support.

This conference could not have happened without the hard work of many AFTA members who volunteered their time. Please give them your appreciation at the conference. Finally, in warm and deep gratitude, we owe the continued success of the Annual AFTA Conference to all presenters, planners and attendees.

With Blessings and Love,

Jerry Gale & Roxana Llerena-Quinn
Program Co-Chairs

Gonzalo Bacigalupe
President

American Family Therapy Academy

2014 ANNUAL MEETING & OPEN CONFERENCE

An explosion of scientific knowledge arising from biological, social, population sciences, humanities and other disciplines are expanding our understanding of what contributes to individual, family and community health. The social determinants of health reveal that social justice has significant biological and psychological consequences on our lives and that relationships and social cohesion can protect us. Continuing AFTA's tradition for advancing cutting edge knowledge and practices that promote relational wellbeing, the theme for the 2014 AFTA 36th Annual Meeting is *Family Health and Wellbeing: Embracing Wholeness and Complexity*.

The program this year aims to answer the following questions:

1. What is family health and wellbeing?
2. What factors contribute or threaten family wellbeing?
3. What are the social determinants of health?
4. How do we integrate family health into our clinical practice, research, and teaching?

A holistic, transdisciplinary, and prevention perspective that includes multiple perspectives and local communal voices will frame our response to these questions.

Objectives: The overarching objectives of AFTA 2014 Conference are to:

1. Explore '*family health and wellbeing*' from a holistic, transdisciplinary, and systemic perspective with a focus on prevention.
2. Provide a framework for understanding contextual factors that can either increase risks or protect individuals, families and communities from harm.
3. Identify at least three social determinants of family health and wellbeing and how they are being addressed in research, teaching or practice.
4. Identify individual, couple, family, community interventions that aim at reducing risk and promoting wellbeing.
5. Describe relational identity and relationship processes, and aspects of how to measure them, and how to transform them.
6. Offer centering practices at the conference to integrate our own wellbeing into our work.
7. Make the conference family friendly through providing a list of activities in the Athens' community that are available for family members to participate in during the conference.

Target Audience:

The Annual Meeting & Open Conference invites couple and family therapists, researchers, educators and others dedicated to the advancement of systemic thinking, practices and policies in the world.

THEME & OBJECTIVES

AFTA BOARD MEMBERS & COMMITTEE CHAIRS

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 David Wohlsifer AFTA Year Around
 Peter Fraenkel Awards
 David Trimble Bylaws
 Ramon Rojano Cultural & Economic Diversity
 Chris Hoff Early Career Membership
 Saliha Bava Electronic Information
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 Martha Edwards Membership
 Paulette Hines Futures, Nominations
 Sandra Stith Research
 Justine White Student Membership

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John Rolland	2007-09	Froma Walsh	1991-93
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Janine Roberts	2001-03	Lyman Wynne	1986-87
Celia Falicov	1999-01	Kitty La Perriere	1984-85
Donald Bloch	1997-99	James Framo	1982-83
Evan Imber-Black	1995-97	Murray Bowen	1977-81

AFTA BOARD

2014 AFTA PROGRAM COMMITTEE

Jerry Gale	Program Co-Chair
Roxana Llerena-Quinn	Program Co-Chair
Gonzalo Bacigalupe	President
Corky Becker	Dialogues, Women's Institute
Laura Roberto-Forman	Brief Presentations & Roundtables
Jelisaveta-Sanja Rolovic	Brief Presentations & Roundtables
David Landsman-Wohlsifer	Interest Groups
Jeffrey Landsman-Wohlsifer	Interest Groups
Beth Patrick	Posters, Advertisements
Melissa Elliott	Posters
Roger Lake	Men's Institute
Blanca Lugo	People of Color Network
Gloria Lopez-Henriquez	People of Color Network
Jane Ariel	White Privilege & Accountability Network
Sheila Addison	LGBTQI Network
Deborah Coolhart	LGBTQI Network
Martha Edwards	Membership
Chris Hoff, Aimee Galick	Early Career Membership, New Members
Justine White	Student Membership
Amy Tuttle	Family Connections
Peter Fraenkel	Awards
Joellyn Ross	Advertisements
Jacqueline Hudak	Marketing
Saliha Bava	Marketing, Web Site, AFTA Blog
Kate Threlfall	AFTA Blog
Shawn Giammattei	Marketing, Web Site
Rachel Dash	Joint Forum, Family Policy/Human Rights
Larry Levner	Joint Forum, Family Policy/Human Rights
Ramón Rojano	Joint Forum, Diversity
Liz Brenner	Centering Practices
Aimee Galick	Pearls of Wisdom

2014 Program Advisors

Jane Ariel, Kiran Arora, Deidre Ashton, Evan Imber-Black, Jodie Kliman, Eliana Korin, John Lawless, Bill Madsen, Jean Malpas, Susan McDaniel, Janine Roberts, CharlesEtta Sutton, Volker Thomas, Michael Ungar, Hinda Winawer

Special Gratitude and Appreciation to:

Jodie Kliman, for your efficient program editing; Eliana Korin, for your unending support and advice.

A Guide to the Meeting Events

AFTA Town Hall Members Meeting is an AFTA Members-Only Meeting in which the AFTA Futures Committee and AFTA Board will share the work that has been happening to help AFTA move into the future. We will engage in a discussion about what the AFTA Futures Committee and the AFTA Board have been working on. *Box Lunches are available on the registration form.*

Book-Signing, Poster Festival, and Community Fair: The **Book-Signing** is a time to meet AFTA authors. Come to peruse the publications and to celebrate the work of members. The **Poster Festival** features researchers and other individuals using poster illustrations to present their work in an informal setting conducive to in-depth discussion. Types of posters will include research, larger systems and training. The **Community Fair** will showcase local people and programs whose work address a commitment to equality, social responsibility and justice with attention to marginalized and underserved groups, as well as address the theme of the conference.

Brief Presentations provide a forum for members to gather and deliver a 30-minute presentation in a small group setting with other presenters. They offer researchers, clinicians and teachers an opportunity to share completed (or near completed) work with their colleagues, and for participants to deepen their knowledge in specific subject areas. The topic presented may focus on clinical work, research theory, family therapy training, social policy, and/or social justice.

Centering Practices are an early morning gathering for meditation, yoga, and/or stretching that will help us to begin the day with energy, equanimity, and connectedness. Come breathe, stretch, and flow with your AFTA colleagues!

Dialogues are sessions in which two experts will present their perspectives on a common topic. They will follow up with questions for each other. The moderator will then facilitate a conversation between the presenters, and between the presenters and the audience. The Dialogues for this year will include discussions on the DSM-V, Couples and Neurobiology, Family Violence and Incest, High Conflict Divorce and Parental Alienation, LGBTQ Family Health and Intersectionality, Immigration and Youth.

Early Career/Student Member Luncheon: The Early Career Member and Student Committees will host the sixth annual Early Career/Student Member Luncheon this year. As in previous years, this will be a great opportunity for Early Career and Student Members to meet and get to know AFTA's Senior Members. The opportunity to connect with Senior Members of AFTA has been a highlight of the event, so we hope you will join us!

The **Facilitated Listening Circle** is a witnessing circle. It provides an opportunity for people who wish to share an experience during the Meeting for which they would like support, recognition, or empathy. At AFTA we are committed to respectful and inclusive participation with one another. We hold ourselves to a high standard. Sometimes someone feels hurt or excluded by the actions or attitudes of others. We wish to be accountable for any ways we hurt or exclude others and to be open to experiences that may be invisible to us. In the Circle, these difficult moments can be rendered visible, and we can increase our awareness and learn more about relating in respectful and inclusive ways.

A Guide to the Meeting Events

Feedback Session provides an opportunity to give direct feedback to the Program Chairs, Program Committee, and AFTA Board, on your experience at this year's AFTA Annual Meeting & Open Conference.

Institutes were initiated in the early 1990s to provide a setting where men and women meet separately to discuss issues particular to their gender within AFTA and in their profession. Institutes also provide an informal opportunity to get to know each other more fully.

Interest Groups provide an ongoing opportunity for conference attendees to gather to discuss a particular area of interest, generate new ideas and to form a community. The purpose of Interest Groups is more to generate conversation than it is to provide rigorous academic presentations. Interest groups sometimes have conversations that go on through the year and build on previous year's discussions. New Interest Groups need to be submitted by an AFTA member with 8 signatures for support. The chairperson usually designates the specific sub-topic and format for the Interest Group session.

The Joint Forum provides an opportunity to discuss significant issues related to social policy, cultural and economic diversity, social justice, and larger systems. This year the Joint Forum has a particular topic area on which a presentation is given, followed by ample time devoted to discussion by forum participants.

Networking Conversations have been developed for mutual support and to assist people who are marginalized to connect with one another and to discuss issues of common interest.

New Member Breakfast is a meeting where New Members are introduced and will have an opportunity to meet Board Members and Committee Chairs. Early Career Members and Students are also encouraged to attend.

Open Community Event, designed as a collaborative experience between the local community and AFTA, will include a panel discussion to explore issues of safety, race, freedom, and social justice. This exciting event will set the tone for the AFTA conference program, and stimulate discussion about the social justice connections between family health and the social determinants of wellbeing. Please join us in engaging with the vibrant community of Athens, GA, as we enter a conversation we hope will continue beyond the borders of AFTA.

Pearls of Wisdom provides an opportunity for Early Career and Student members to hear from pioneers in the field and (1) promotes cross-generational transmission of ideas and discoveries in the field of family therapy; (2) increases knowledge of critical moments of the history of the field of family therapy; and (3) connects the history of family therapy with the history of the pioneers who have shaped the field.

Plenary Sessions consist of invited presentations that feature the themes of the Annual Meeting and Open Conference and discuss current and/or controversial issues in the field.

Program Partners is designed to connect people with each other during the Annual AFTA Meeting.

Roundtables feature several speakers (generally two or three) who stimulate a conversation with a 15-minute presentation on work still in progress. Presentations are broadly grouped by common theme and are facilitated by a moderator. The purpose is to achieve a rich, facilitated dialogue in which ideas are explored and deepened in a "roundtable" format.

AFTA Social Media Guidelines

Creating Sustainable and Respectful Social Spaces at AFTA Events

To ensure the sustainability of the safe and respectful environment that is a hallmark of AFTA Meetings, we ask participants to preserve the confidentiality of the clinical and personal material that is presented by doing the following:

- Freely tell others about AFTA events and your experience at them, but preserve the confidentiality of any clinical or personal sharing taking place during sessions, whether you are communicating with others electronically or in person.
- Use electronic media (like Twitter, texting, blogs, and other social media) to help AFTA build a socially just community by appropriately sharing with others your impressions of AFTA events.
- Avoid disrupting speakers or other participants and audience members with any form of electronic communication that is distracting.



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SCHEDULE OF EVENTS, WEDNESDAY, JUNE 4

NETWORK CONVERSATIONS

3:00 – 5:00 PM

People of Color

Facilitators: Blanca Lugo & Gloria Lopez-Henriquez

The People of Color Network is a place for inspiration, connection, support and dialogue for people of color. It serves as a catalyst for moving forward issues of societal justice and change within AFTA. Members have rich ideas and talents and can share and receive support for how issues of multiculturalism, race and inequality are addressed in our various work environments. A primary goal is to facilitate continuity of networking throughout the year. This year we are pleased to have **Dr. Marlene F. Watson** who will talk about her book, *Facing the Black Shadow*, which addresses the theory that multigenerational effects of slavery continue to have an impact on the relationships of Black people today. We invite your input in shaping the upcoming meeting. Please send your ideas and suggestions to poc@afta.org.

White Privilege and Accountability

Facilitators: Jane Ariel & David Trimble

This ongoing conversation provides a setting for AFTA members who are interested in exploring their White racial privilege as it operates in the world and in the AFTA organization. We cooperate to sustain a supportive, nonjudgmental environment for honest exploration of difficult experiences. Meeting among ourselves helps create that environment, and is consistent with the message we get from many colleagues of Color: “Do the work among yourselves.” We invite people with all levels of experience in dealing with race. We are committed to the principle that each of us can learn something new from every other participant.

PROGRAM PARTNERS MEET-UP

4:30 – 5:30 PM

Program Partners provides an opportunity for people to connect with each other during the Annual AFTA Meeting. Those who chose to be involved in Program Partners will be paired with an AFTA member who may have less or more experience in the organization. Our hope is that this will be one way in which a sense of community will develop. AFTA will be matching pairs as early as possible and sending people their partner’s contact information. We encourage those who wish to contact each other before the meeting to do so. While partners may choose to meet informally during the meeting, AFTA has arranged for partners to meet before the Opening Community Event.

OPENING COMMUNITY EVENT:

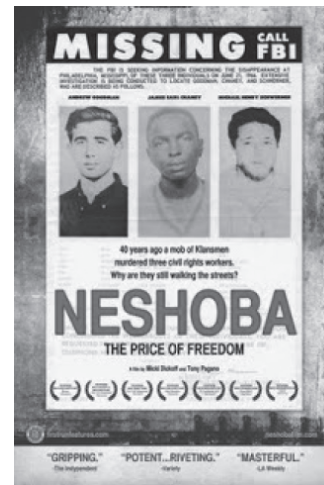
“NESHOPA: THE PRICE OF FREEDOM”

<http://neshobafilm.com/synopsis>

Historic Morton Theatre

7:00 – 10:00 PM

There will be snacks available during intermission.



Introduction: **Evan Imber-Black**

Director: **Micki Dickoff**

Panel: **Elaine Pinderhughes, Doc Eldridge,**

Julia Chaney-Moss

Moderator: **Vanessa Jackson**

Co-sponsored by The Southern Poverty Law Center and The University of Georgia (The Office of Institutional Diversity, The School of Social Work, The Willson Center for Humanities & the Arts).

Designed as a collaborative experience between the local community and AFTA, this event will include a panel discussion to explore issues of safety, race, freedom, and social justice. This exciting event will set the tone for the AFTA conference program, and stimulate discussion about the social justice connections between family health and the social determinants of wellbeing. Please join us in engaging with the vibrant community of Athens, GA, as we enter a conversation we hope will continue beyond the borders of AFTA. **Admission is free but tickets are required. Please sign up on the registration form. Directions will be provided in on-site materials.**



Emmy Award winning director **Micki Dickoff** has been an independent filmmaker and social activist for four decades. Her production company, Pro Bono Productions, produces social justice dramatic and documentary films. Micki’s highly acclaimed work has been released theatrically, broadcast on national and international television, and honored at film festivals worldwide. Her films have received outstanding reviews by top critics and many prestigious awards. Micki’s directing, writing and producing credits include documentaries “Neshoba: The Price of Freedom,” about justice and racial healing; “Step By Step” and “Bush’s Deadly Ambition” about the death penalty; and, “Too Little, Too Late,” about AIDS

and families, for which she won an Emmy. Her dramatic films include “In the Blink of an Eye,” starring Mimi Rogers and Veronica Hamel, about injustice and the power of friendship; and AIDS films “Mother, Mother,” starring Polly Bergen, Piper Laurie, Bess Armstrong and John Dye, and “Our Sons,” starring Julie Andrews, Ann-Margret and Hugh Grant, based on Micki’s documentary, “Too Little, Too Late.”



Elaine Pinderhughes is professor emerita at Boston College, having joined the faculty in 1975. Her 1989 textbook, *Understanding Race, Ethnicity and Power: The Key to Efficiency in Clinical Practice*, substantially changed the language of multiculturalism and human behavior in the practice arena and provided the rubric of culturally competent practice across human services disciplines. Elaine received the 2001 AFTA Lifetime Achievement Award and in 2012 she received the Council on Social Work Education’s Distinguished Lifetime Achievement in Social Work Education Award for her impact as a scholar, role model, and mentor to countless faculty and practitioners.



Doc Eldridge is the current President/CEO of the Athens Area Chamber of Commerce. Prior to the Chamber, Doc worked in the insurance agency for twenty years and owned his company, Eldridge & Associates. He is a graduate of Clarke Central High School and The University of Georgia. Doc is a Former Mayor (1999-2003) and before that served as a County Commissioner for District 7 (1995-1997). He served on the State Workforce Investment Board, Athens Downtown Development Authority, Economic Development Foundation and currently serves on the Board for Piedmont College, Georgians for Passenger Rail and Georgia Forward. Despite his many professional and political accomplishments, Doc has spent the majority of his adult life serving the local

non-profits. He has served on the Board of Directors for: Athens YMCA, Hope Haven, Fellowship of Christian Athletes, East Georgia Chapter of the American Red Cross, and has been active in United Way, Rotary, and is the 1997 recipient of the Junior League's Volunteer of the Year.



Rev. Julia Chaney-Moss was intimately involved in the civil rights movement of the 1960s. Her brother, James Earl Chaney, was lynched during the "Long Hot Voter Registration Summer" of 1964. Julia's mother and siblings moved from Mississippi to NYC in 1965 when the climate in Meridian was such that her mother couldn't find work and that her brother had to be escorted to school. Julia followed in 1967, attending NYU before settling into her "life's work," her ministry in human services. Ordained as an Interfaith Minister of Spiritual Healing in 1992, she has been working in human services for 50 years, 30 at the

New York Foundling where she was professional staff development trainer and director of the Spiritual Development department. Julia is a sought after speaker on issues of child abuse, spiritual healing and the empowerment of women. She is affiliated with the Schomburg Corporation Board, supporting research on Black culture, and is on the Elizabeth Seton Women's Center Program Planning Committee at Hostos Community College.



Vanessa Jackson is owner of Healing Circles, Inc. in Atlanta. She earned a master's degree from Washington University-George Warren Brown School of Social Work. She is the author of *In Our Own Voice: African-American Stories of Oppression, Survival and Recovery in Mental Health Systems; Separate and Unequal: The Legacy of Racially Segregated Psychiatric Hospitals*; monographs on the history of African-American psychiatric experiences; "Surviving My Sister's Suicide: A Journey Through Grief" in *Living Beyond Loss: Death in the Family* (M, McGoldrick and F. Walsh, Eds.); "Robbing Peter to Pay Paul: Feminist Reflections on

Therapy with Low-wage Earning Women" in *Psychotherapy with Women: Exploring Diverse Contexts and Identities* (M. Mirkin, et al., Eds.); and "Families of African Origin: An Overview," with L. Black, in *Ethnicity and Family Therapy* (3rd Ed., Monica McGoldrick, et al., Eds.). She is currently working on a book with Elaine Pinderhughes and Patricia Romney on power in clinical and community settings.

SCHEDULE OF EVENTS, THURSDAY, JUNE 5

CENTERING PRACTICE: MEDITATION

7:00 – 7:30 AM

Facilitator: **Linda Longo-Lockspeiser**

NEW MEMBER BREAKFAST

Facilitator: **Aimee Galick**

7:30 – 8:30 AM

New Member Breakfast is a meeting where new members are introduced and have an opportunity to meet Board Members and Committee Chairs. Early Career Members and Student Members are encouraged to attend.

CONTINENTAL BREAKFAST

7:30 – 8:30 AM (open to all attendees)

WELCOME & PRESIDENTIAL PLENARY I

8:30 – 10:45 AM

Opening Drummer: **Dr. Arvin Scott, Drumming for Success** (www.drummingforsuccess.com)

Drumming for Success was founded by Dr. Arvin Scott in 1997. It is a community-based program for youth ages 3-16 in Athens, Georgia and the surrounding area. It provides percussion classes and hand drums for all the kids while encouraging academic achievement, character building, and creativity through personal goal accomplishment and group cooperation.

WELCOME: Gonzalo Bacigalupe, President; **Jerry Gale & Roxana Llerena-Quinn**, 2014 Program Co-Chairs



Gonzalo Bacigalupe, professor in the department of counseling and school psychology, and director of the family therapy program in the College of Education & Human Development at the University of Massachusetts Boston; Ikerbasque research professor at the University of Deusto. He is co-principal investigator of a patient-centered outcomes research institute pilot: Influence and evidence: Understanding consumer choices in preventive care. Gonzalo is research faculty in the Health Equity Scholars program of the UMass Center for Health Equity Intervention Research funded by NIMHHD. With the Basque Institute for Healthcare Innovation and the Population Health Management Research team, he carries on research on the role of social networks in supporting patients with multiple chronic illnesses. Gonzalo is also member of the Basque Prescribe Healthy Life research team, a practice outcome-based research project to instill a population health model in primary care. He is an LMFT in Massachusetts, AAMFT Approved Supervisor, registered psychologist in Chile, and an APA Fellow of the Society of Family Psychology and the International Psychology Division. Gonzalo is member of several editorial boards including *Family Process*, *The Counseling Psychologist*, *Couple and Family Psychology: Research & Practice*, and *Qualitative Research in Psychology*.



Jerry Gale is a professor in the Department of Human Development and Family Science in the College of Family and Consumer Sciences at the University of Georgia. He directs the accredited family therapy doctoral program. Jerry has authored/co-authored/edited 3 books and 75 publications. He is co-founder of the interdisciplinary Aspire Clinic, providing family therapy, financial counseling, dietary counseling, home design consulting and free legal problem solving. Jerry received the AFTA 2006 Distinguished Contribution to Research Award. His research includes relational meditation, relational financial therapy, and the discursive study of the production of identity, wellbeing and social structures.



Roxana Llerena-Quinn is a psychologist in the department of psychiatry at Boston Children's Hospital. Her work with the underserved urban populations of Boston has revealed the fundamental influence of context on health and on individual, family and community wellbeing. This awareness is reflected in Roxana's teachings and writings. While at the Center for Teaching and Learning at Harvard Medical School, she contributed to the development of a more inclusive curriculum. She co-led efforts to develop a course for faculty and medical students, the aim of which was to reduce unconscious bias in medical care and beyond. Roxana's recent research has focused on the adaptation of evidence-based, family-centered intervention for the prevention of depression in Latino children; she facilitated trainings based on this model in Costa Rica and Colombia. Roxana has served on several AFTA committees and in 2011 received the AFTA Distinguished Contribution to Social Justice Award.

PLENARY I: FAMILY HEALTH & WELLBEING: WHY SOCIAL CONTEXT MATTERS AND HOW TO ADDRESS IT

Coordinator: **Gonzalo Bacigalupe, AFTA President**

Presenters: **Camara Phyllis Jones, Marlene Watson, Kyle D. Killian**

Moderator: **Ramón Rojano**

At its birth, one of the family therapy movement's indispensable contributions was the recognition that health and illness can best be understood in its relational context. For family therapists, effective outcomes are achieved when the family and institutional contexts are part of the assessment equation. The centrality of the social structures in explaining why we are healthy and how we become ill has been less visible though in our field. Recognizing inequality and its impact on family health are often perceived as part of the realm of policy makers and the larger institutions rather than of our clinical endeavors. In this plenary, a family physician and social epidemiologist explores the ways in which the inequity enters our bodies. Two senior family therapists share their views on how to incorporate the questions of health equity and inequity in the family therapy room.

Toward Societal Health and Wellbeing: Naming, Measuring, and Addressing the Impacts of Racism on Health

Presenter: **Camara Phyllis Jones**

Racism is “a system of structuring opportunity and assigning value based on the social interpretation of how one looks (which is what we call ‘race’), that unfairly disadvantages some individuals and communities, unfairly advantages other individuals and communities, and saps the strength of the whole society through the waste of human resources.” Three levels of racism (institutionalized, personally-mediated, and internalized) will be illustrated with the presenter’s Gardener’s Tale allegory. The introduction of the Gardener’s Tale Plot serves to explore the relationship between “race”/ethnicity, social class, and self-rated health, and provides data using the variable *socially assigned race* (“How do other people usually classify you in this country?”) to probe the health benefits of living White. The presenter will describe the *International Convention on the Elimination of all forms of Racial Discrimination* as an organizing tool for addressing the impacts of racism on the health and wellbeing of our nation. She will close with three additional allegories on “race” and racism (Japanese Lanterns, A Restaurant Saga, and Moving to Action) to equip attendees with vivid and concise images to share. Attendees will be able to: (1) define racism as a system and identify three impacts of that system; (2) describe three levels of racism and illustrate those levels with the Gardener’s Tale allegory; (3) distinguish between self-identified “race”/ethnicity and socially assigned race; and (4) describe the relationship of the United States to the international anti-racism treaty.



Camara Phyllis Jones is a Senior Fellow at the Satcher Health Leadership Institute at the Morehouse School of Medicine. She is a family physician and epidemiologist whose work focuses on the impacts of racism on the health and wellbeing of the nation. Camara seeks to broaden the national health debate to include not only universal access to high quality healthcare, but also attention to the social determinants of health (including poverty) and the social determinants of equity (including racism). Her scientific research and her allegories on “race” and racism illuminate topics that are otherwise difficult for many Americans to understand or discuss. Before joining the Satcher Health Leadership Institute, Camara served as a medical officer at the Centers for Disease Control and Prevention and as an assistant professor at the Harvard School of Public Health. She currently holds adjunct faculty appointments at the Rollins School of Public Health and the Morehouse School of Medicine. Camara earned her BA in molecular biology from Wellesley College, her MD from the Stanford University School of Medicine, and her master of public health and PhD in epidemiology from the Johns Hopkins School of Hygiene and Public Health.

Facing the Black Shadow in the Therapy Room

Presenter: **Marlene Watson**

The Black Shadow (BS), a mostly unconscious deep-seated and destructive belief in the myth of black inferiority, is a powerful force shaping how African-Americans think about themselves and perceive one another. Though often unnamed and unspoken, the Black Shadow captures embedded racist beliefs since slavery that affect African-Americans’ mental and physical wellbeing. This presentation will provide an intimate look at the ways African-Americans struggle against this belief and the importance of addressing it in therapy. Participants will be able to: (1) address how race can expand the perspective of African-American clients and enhance mental and physical wellbeing; (2) discuss strategies to ensure African-American clients feel safe enough within the therapeutic relationship to reveal and face the Black Shadow; and (3) employ techniques to help African-American clients transform the Black Shadow from a force of shame and isolation into one of positive connection.



Marlene F. Watson is the former chair and current associate professor of the couples and family therapy department at Drexel University in Philadelphia. She is a licensed couples and family therapist in private practice and the author of the book, *Facing the Black Shadow*. Marlene is a member of Family Process Institute's Board of Directors and serves on the Editorial Review Board for the *Journal of Marital and Family Therapy*. She is the former chair of the Commission on Accreditation for Marriage and Family Therapy Education and the first ever couple and family therapist to receive the prestigious Robert Wood Johnson Health Policy Fellowship, where she served as a senior health advisor to U.S. Senator John D. Rockefeller IV. Marlene is a former columnist for *Heart & Soul* magazine and the recipient of AFTA's 2009 Distinguished Contribution to Social Justice Award.

Interracial Couples, Intimacy and Therapy

Presenter: **Kyle D. Killian**

Interracial couples and multiracial families are proliferating, adding to the increasing diversity of U.S. society and of clinical practice. Since 2000, interracial couples have increased by 30% and the number of multiracial children (4.2 million) has increased by nearly 50%. With this major shift in demographics, helping professionals can expect to work with growing numbers of interracial couples and multiracial families. This presentation offers a personal look at how couples and families experience these border crossings in their own words. Couples' strategic responses to prejudice and to the principle of homogamy are presented in vignettes, and examples of ways families can be inclusive of cultural traditions and identities are discussed. Media representations of interracial couples are also examined to provide insights in how interracial couples and multiracial families are constructed in popular culture. Participants will be able to: (1) increase their awareness of and sensitivity to issues of race, gender and class and their intersections in the practice of couples therapy; (2) gain an appreciation for strategic responses by interracial/intercultural couples/families to racism and discrimination; and (3) hear perceptions and experiences of interracial partners in their own words, challenging common presuppositions in the popular media and the helping professions about these relationships.



Kyle D. Killian is clinical faculty at the family therapy program at University of Massachusetts-Boston. He has over 40 publications on interracial couples, immigrant and refugee families, trauma and resilience, emotional intelligence, and other factors associated with resilience and burnout in healthcare professionals. Kyle has delivered numerous presentations at national and international professional meetings, including AFTA, the American Association for Marriage and Family Therapy, and the International Studies Association. His books include *Interracial Couples, Intimacy and Therapy: Crossing Racial Borders*, and *Intercultural Couples: Exploring Diversity in Intimate Relationships*. Kyle's third book, *Time, Temporality and Violence in International Relations: Defatalizing the Present, Creating Radical Alternatives*, will be out later this year. He writes about interracial relationships and resilience on his blog, "Intersections," at *Psychology Today*.



Ramón Rojano is director of Wake County Human Services in North Carolina. A physician in his native Colombia, he has had more than 25 years of senior-level experience in human services and local government management—primarily in Hartford, Connecticut, he served as the director of the City of Hartford Health and Human Services Department. Over the years, Ramón has worked as a practitioner and has also directed numerous departments and programs providing mental health, public health, child, youth and senior social services. As director of Wake County Human Services, he leads the County’s largest agency of nearly 1,800 staff members responsible for providing social services, mental health, public health, housing, transportation, child welfare and child support enforcement programs. Simultaneously, he serves as Wake County’s public health officer and social services director.

REFRESHMENT BREAK

10:45 – 11:00 AM

INTEREST GROUPS

11:00 AM – 12:30 PM

Coordinators: **David Landsman-Wohlsifer & Jeffrey Landsman-Wohlsifer**

1. The Narrative of the Therapist: Significant Stories

Chair: **Robert Carroll**

Presenter: **Judith Landau**

In this interest group we will share our significant stories, the ones in which our clinical work has changed us. One of the privileges of working in the healing arts is that we are given access to situations and life circumstances that we have yet to face, and, indeed, may never face, except in the realities presented to us in our clinical lives. What do our patients teach us through their courage, ingenuity, resilience, and perseverance as they go through the challenges posed to them by life’s circumstances? Who have we admired and who has made us reach to be better than ourselves in the course of our work with them? Who has tested our beliefs, our commitments to our own families, and our place in the larger community? **Judith Landau** will present a case of family resilience to illustrate how our involvement in our clinical work exposes us to existential and developmental change that requires our own personal growth and transformation. Other cases, stories and poems will be presented, as is appropriate, to facilitate discussion. Participants will be invited to share their own transformational clinical stories. Participants in this group will be able to: (1) apply skills developed in the group to their own practice; (2) apply these skills to their teaching; and (3) apply these skills to their clinical supervision.

2. Couples Therapy

Chairs: **Mona Fishbane, Corky Becker, Martha Edwards**

We will explore ways of integrating neurobiology in couple therapy. **Mona Fishbane** will present ideas from her new book on this topic as “starter dough” for a conversation. Topics include the neurobiology of couple reactivity, emotion regulation, empathy, and the dynamics of habits & change. We will explore couple distress through the lens of brain, gender, and culture. Participants will have an opportunity to share the ways they are using these new ideas to promote empowerment and change in couple therapy. Participants will be able to: (1) identify couples’ vulnerability cycles & the neurobiology fueling these cycles; (2) work effectively with couple reactivity & offer ways to clients to increase self-regulation & empathy; and (3) articulate strategies for facilitating change by understanding the dynamics of habits and change, including the possibility of neuroplasticity in adulthood.

3. Community-Based Programs for Families

Chair: **Peter Fraenkel**

Presenter: **Keith Armstrong**

Unprecedented numbers of veterans who served in Iraq or Afghanistan are enrolling in higher education programs since the implementation of the Post-9/11 GI Bill in 2008. Veterans may have difficulties with readjustment to academic/civilian life and have high rates of posttraumatic stress, substance use and traumatic brain injury, and have poor rates of retention in traditional models of healthcare at VA Medical Centers. AFTA member **Keith Armstrong** will describe the San Francisco VA’s Veteran Outreach program he directs—the first in the nation to deliver VA social work and mental healthcare (including couples and family therapy) on a college campus. This innovative approach to providing convenient and accessible VA care on campus may increase treatment engagement and may prevent long-term disability among this population. Participants will be able to: (1) list at least 3 common problems experienced by veteran couples and families; (2) list at least 3 steps that were taken to meet the challenges of creating and implementing this program; and (3) list at least 3 aspects of the therapeutic interventions conducted in this program.

4. Transgender

Chair: **Elijah Nealy**

This group focuses on topics relevant to clinical work with transgender and gender nonconforming children, adolescents, adults and their families. Through discussion and sharing of clinical experience, this group seeks to ensure that all trans and GNC persons receive competent and affirmative care from family therapists. Both experienced and newer clinicians are welcome to participate, as are both trans and cisgender clinicians. Participants will be able to: (1) gain basic knowledge about the needs of transgender and GNC clients; (2) share clinical knowledge about advanced work with trans and GNC clients; and (3) gain tools for working effectively with families of trans and GNC persons.

5. Evaluating Poststructural Therapies

Chair: **Victoria Dickerson**

Presenters: **Nina Tejs Jørring, Bill Madsen**

Nina Tejs Jørring and **Bill Madsen** will discuss Nina's efforts to develop a treatment manual based on Bill's "Collaborative Helping" framework for a Danish child and adolescent clinic. The aim is also to conduct outcome research in a way that blends psychiatry, narrative, and evidence-based practice while honoring the best intentions of each. We'll explore some of the unique features and dilemmas of this undertaking and look for ways in which these efforts resonate with similar efforts by interest group participants. Participants will be able to: (1) learn the basic tenets of the "Collaborative Helping" framework; (2) participate in evaluating a possible treatment manual; and (3) critique how an outcome research model might look.

6. Murray Bowen: The Man and the Theory

Chairs: **Sally Eisen Miller, Carolyn Moynihan-Bradt**

Presenter: **Priscilla Friesen**

This Interest Group began with guest presenter, Judy Bowen, niece of Dr. Bowen. Other guests have presented on innovative ways to use Bowen theory in clinical practice and research regarding myths of gay men, and anxiety leading to symptoms seen in marital and family therapy. Dr. Bowen always speaks for himself, clinically or theoretically on DVD. To further our thinking and discussion this year, **Priscilla Friesen**, Bowen Center faculty and graduate training program director for 13 years, has worked with Bowen Family Systems theory since 1976. Her clinical focus with couples/families: Is differentiation of self still relevant in 2014? What can neurofeedback and other experimental learning teach us? Participants will be able to: (1) dispel distortions/misunderstandings of Bowen theory; (2) demonstrate the diversity of use of the theory in clinical practice; and (3) show the importance and interconnection of theory as a way of living and a way of practicing professionally.

7. Families, Health and Wellness

Chair: **John Rolland**

New controversial epidemiological research findings that draw on data from the national REGARDS (Reasons for Geographic and Racial Differences in Stroke) Study suggest that caregivers have lower morbidity/mortality than non-caregivers. This challenges longstanding data and assumptions that the opposite is true. Using this and other caregiver data, this year's discussion will focus on caregiver resiliency and how we can facilitate the individual and family psychosocial factors that promote caregiver wellbeing and relationship growth. Group dialogue will include implications for training healthcare providers and clinical approaches to enhance caregiver resiliency. Participants will be able to: (1) discuss awareness of caregivers, patients, and rates of morbidity/mortality; (2) describe what resiliency is and how clinicians have helped grow caregiver resiliency while avoiding caregiver burnout; and (3) identify ways that clinicians can help grow caregiver resiliency while avoiding caregiver burnout, e.g., assessment in everyday healthcare operations.

8. Pregnancy, Delivery and Father Involvement at Transition to Parenthood

Chairs: **Daniel Kusnir, Katharine Threlfall**

As we did in Chicago, we invite you to share experiences and knowledge regarding how to help couples strengthen their relationship and promote parental attachment during this critical period. This transition gives the couple multiple opportunities for growth but also can bring multiple stresses, including: exhaustion, medical complications surrounding birth, difficulty breastfeeding, depression, renegotiating division of labor, alienation of the father, decreased time together, deterioration of marital satisfaction, affairs, and often domestic violence. We want to reflect on developing private and institutional preventive models. We hope to create a group for yearlong exchange and reflection. Participants will be able to: (1) identify psychosocial detrimental factors for the couple and the quality of attachment during pregnancy and after delivery; (2) identify psychosocial protective factors for the couple and some improving the quality of attachment and father involvement during pregnancy and after delivery; and (3) discuss and share experiences on interventions geared to reinforce protective factors and strengthening the family attachment.

9. Racial Domination and Privilege

Chairs: **Jodie Kliman, Marsha Mirkin**

Consultants: **Lisa Bibuld, Jay King**

Authentic cross-racial conversations at AFTA require addressing unwitting exercises of racial domination and privilege in our community. Participants are invited to explore our collective and individual accountability for expressions of racism in AFTA and our professional lives. While acknowledging multiple forms of oppression, we focus on the particular effects of racism on our professional lives, especially at AFTA. In this group's tradition, two White leaders facilitate the meeting, and three People of Color keep the facilitators accountable, during group planning and group process in the group meeting. Facilitators strive for a conversational space allowing respectful, authentic, and productive discussion. Participants will be able to: (1) consider how they are personally and professionally affected by the practices of racism, as recipient or as someone who may unintentionally engage in actions and attitudes influenced by dominant racial discourses; (2) engage in authentic and forward-moving multiracial conversations with respect both for their own experience and for the experiences of others with different perspectives and social locations; and (3) develop new understandings about how to incorporate a social justice stance into interracial and intraracial transactions in therapeutic, training, and research settings as well as in their personal lives.

10. Family Therapy Training

Chairs: **Douglas C. Breunlin, Anthony Chambers**

This interest group will be centered around a major article on training to be published in the upcoming *Handbook of Family Therapy*, titled, "Advancing Training in Family Therapy." The interest group will briefly report the findings on the way family therapy training has been advancing over the past 35 years. The organizers will highlight important areas where advances are desperately needed, and the group will engage in a discussion about the feasibility of accomplishing these advances and the constraints to doing so. Participants will be able to: (1) understand the history of family therapy training; (2) identify the major issues of the contemporary training environment; and (3) identify ways they can improve their own training environment.

LUNCH

12:30 – 2:00 PM (on your own; Box lunches available, sign up on the registration form)

LGBTQI NETWORK CONVERSATION

12:30 – 2:00 PM

Coordinators: **Sheila Addison, Deb Coolhart**

Please join the networking meeting for LGBTQI clinicians. The meeting provides an opportunity for members to meet, learn about each other's work, and share goals for future AFTA initiatives. This meeting sets the stage for valuable social and professional collaborations throughout the conference and beyond.

MEETING OF THE PRESIDENTS


12:30 – 2:00 PM

AFTA hosts a conversation among presidents and officers of allied professional associations.


FAMILY PROCESS BOARD MEETING LUNCH

12:30 – 2:00 PM


**The University of Georgia's
Interdisciplinary Marriage and Family Therapy
Certificate Program
Welcomes AFTA to Athens
The American Family Therapy Academy's Annual Conference**



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**The Interdisciplinary Marriage and Family Therapy Certificate Program was
created 30 years ago by The College of Family and Consumer Sciences,
The School of Social Work and The College of Education and has sponsored many AFTA members at its
annual January Institute**

*The **ASPIRE Clinic**, offering services of Couple and Family Therapy, financial counseling, nutrition
counseling, home design consulting and free legal problem solving welcomes AFTA to Athens.*



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BRIEF PRESENTATIONS

2:00 – 3:30 PM

Coordinators: **Laura Roberto-Forman & Jelisaveta-Sanja Rolovic**

1. Models for Marital Checkups and Emotional Attunement

Moderator: **Naveen Jonathan**

Relational Mindfulness and Attunement: An Application of Interpersonal Neurobiology to Therapy
Laura Eubanks Gambrel

The Marriage Checkup: A Scientific Program for Sustaining and Strengthening Marital Health
James V. Cordova, Tatiana Grey, Kristi Coop Gordon

2. The Healing Power of “We” and Couple Play

Moderator: **Sari Cooper**

A Positive Approach to Couple Therapy: “We” Stories for Couples
Karen Skerrett

Play Therapy for Couples
Peter Fraenkel

3. Mindfulness and Self-Care for Therapists

Moderator: **Marcie Lechtenberg**

Mindfulness as Self-Care for the Clinician
Liz Brenner

Caring for Ourselves: Therapist Self-Care, Health and Wellbeing
Yajaira S. Curiel, Nicole S. McKinney

4. Navigating Transgender Identity

Moderator: **Jean Malpas**

Therapy with the Families of Transgender Youth: Supporting Family Members’ Complex
Emotional Processes and Experiences of Loss
Deb Coolhart

Narratives of Visibility and Vulnerability in the Life of a Transgender Father
Elijah C. Nealy

5. Expanding our Worldviews: Culture and Families of our Neighbors

Moderator: **thandiwe Dee Watts-Jones**

Understanding Narratives of Oppression in Sikh Families: Clinical Implications for Healing

Kiran S. K. Arora, Jennifer G. Torres

Family Relationships Following a Disaster: Turkish Mothers Reveal their Experiences as Parents and Partners in the Aftermath of the 2011 Earthquake

Cigdem Yumbul

6. Redefining Parenting in Response to Cultural Context

Moderator: **Wai-Yung Lee**

Egalitarianism and Active Parenting: A 10-Year Longitudinal Study of Couples from a Collectivist Culture

Karen Quek, Farhat Chaudhry, Ronecia Lark, Zain Ahmed

The Family Defined Wellbeing of Chinese Grandparents

Hao-Min Chen, Yen-Lin Lee

7. Healing Trust After Abuse: Working with Men and Couples

Moderator: **Mary Jo Barrett**

Counseling Men Who Abuse

Laurel M. Salmon

Challenges Addressing Gender and Power in Heterosexual Couple Therapy: Building Trust with Adult Survivors of Child Abuse

Melissa Wells, Carmen Knudson-Martin, Veronica Kuhn

8. Strengthening Chronically Ill Children and their Families

Moderator: **Lindsey Lawson**

MEND: A Family Systems Based Approach to Pediatric Chronic Illness

Brian Distelberg, Daniel Tapanes, Mia Pandit

Diet Adherence in the Case of Celiac Disease: Families' Challenges and Dilemmas

Gonzalo Bacigalupe, Aleksandra Plocha

9. Immigrant Families: Exchanging Skills and Knowledge Across Communities

Moderator: **Jelisaveta-Sanja Rolovic**

Migration as a Key Social Determinant of Health and Mental Health: What to do about it

Celia J. Falicov

Struggles and Triumphs of Immigrant Families

Sueli S. Petry, Angelina de Belli

10. Collective Trauma and Recovery in Community and in Therapy

Moderator: **Andrea Neumann-Mascis**

Addressing Collective Trauma: Implications for Clinical and Community Practice

Jack Saul

Poverty as Collective Trauma

Michal Shamai

REFRESHMENT BREAK

3:30 – 3:45 PM

PLENARY II:

CONTEXTUAL AND COLLABORATIVE COUNSELING IN MARGINALIZED COMMUNITIES IN THE ERA OF THE “NEW JIM CROW”

3:45 – 5:45 PM

Presenters: **Deidre Ashton, Gloria Lopez-Henriquez, Glenda Mendelsohn, CharlesEtta Sutton, Norbert A. Wetzel, Hinda Winawer**

Moderator: **Deidre L. Ashton**

Operating from the basic premise that incarceration is a family event affecting the emotional and physical health and wellbeing of children and families, a review of the results of the Center’s work will show how enhancing students’ potential for high school graduation can interrupt the “school to prison pipeline,” in its health-promoting and preventive programs. The Faculty-Supervisors of the Center for Family, Community, & Social Justice, Inc. will demonstrate how they integrate social justice in clinical assessment and systemic practice in a program designed to provide clinical training for young professionals of color. They will share their learning about the interface of counselor, supervisor, administrators, and children, youth and families, through deconstruction, examination and response to oppression in work with marginalized communities besieged by racist policies and practices. The presentation will explicate the theoretical underpinning of the “Context-centered Family Systems Counseling” model and its Kaleidoscope of Lenses, applied in 21 sites throughout New Jersey, and will review the overall organizational structure of the Center and its recursive processes through presentation, discussion and video examples of practice. Participants will learn: (1) how structural oppression supports the “school to prison pipeline;” (2) how a social justice perspective can be integrated into multiple levels of agency organization: clinical practice, supervision, faculty relationships, and administration; and (3) how a relational epistemology informs justice-oriented practice.



Deidre Ashton, executive director of the Center for Family, Community, & Social Justice (CFCSJ), is a graduate of Columbia University School of Social Work and of the Ackerman Institute for the Family. Member of the AFTA Board of Directors, she was faculty/supervisor for CFCSJ for six years, and has taught couple and family therapy at the Ackerman Institute and Arcadia University. Associate Faculty of the Multicultural Family Institute, Deidre has taught cultural competency at the Drexel University School of Public Health. Her work focuses on providing high quality family therapy to marginalized communities that live with the effects of poverty, oppression, and exposure to violence. Deidre seeks to attend to the ways in which power, privilege and issues of social justice influence relationships and is drawn to the construction of narratives that empower individuals and families to heal through storytelling and witnessing.



Gloria Lopez-Henriquez is a psychotherapist licensed in New York and New Jersey with over 25 years of experience working with families and couples. She holds a master's degree in counseling and a second in social work and received post-graduate training at the Ackerman Institute for the Family. Currently, Gloria is involved in a research project exploring the reciprocal impact of chronic illness and families at the Goryeb Children's Hospital, Pediatric Diabetes and Endocrinology at the Morristown Medical Center. She has presented nationally and internationally on these topics. Gloria taught at Montclair State University, in the department of family and child studies, and was the director of several school-based programs for children and families in NYC. She is a faculty member of the Center for Family, Community & Social Justice and is in private practice in Princeton and Morristown, NJ.



Glenda Mendelsohn is faculty/supervisor and staffing coordinator at the Center for Family, Community, & Social Justice. An active member of AFTA, she is currently focusing her attention on the Membership Committee and the Cultural Economic and Diversity Committee. In Glenda's work with couples and families, she endeavors to use a lens of historical self-reflection as she considers the social injustices that exist in the lives of her clients, supervisees and their families. Glenda enjoys growing, learning and writing about ways in which the integration of systemic thinking and social justice can deeply impact the lives of all families, especially those who are among the least privileged in our society. An experienced couples and family therapist, trained at the Ackerman Institute for the Family, she maintains a private practice in Princeton.



CharlesEtta (Charlee) Sutton directs CTS Group Sutton and Associates; faculty and clinical supervisor at the Center for Family, Community, & Social Justice; founding faculty of the Multicultural Family Institute; and faculty and board of Turtle Island Project in AZ. She is an accomplished facilitator, design, development and implementation expert in the areas of healing, loss, trauma, effective life skill development and crisis management. Charlee's expertise in training-the-trainer is demonstrated in work she co-authored: *Take Hart (Healing and Recovery after Trauma): An Emergency Response to Terrorist Attacks in the United States*, *SANKOFA: A Life Skills Curriculum* and *Bridges: Building Skills to Reach Suicidal Adolescents*, and has written several articles and book chapters.



Norbert A. Wetzel, a New Jersey licensed psychologist and marriage and family therapist, is co-founder of the Center for Family, Community, & Social Justice, Inc. He was visiting professor at the Graduate School of Applied and Professional Psychology, Rutgers University, from 1980-1991, specializing in couples and family therapy. Norbert was previously faculty at the Family Institute of the University of Heidelberg Medical School. Among other books and numerous articles, he has co-authored *The First Interview with the Family* (Stierlin, et. al). Together with the other faculty members, Norbert is currently guiding the Center's Family Empowerment program for inner-city youth and their families. He frequently lectures and conducts seminars for psychologists, psychiatrists and social workers in the U.S. and Europe. Norbert is a Charter Member of AFTA and a member of the New Jersey Psychological Association.



Hinda Winawer, director emerita, co-founder of The Center for Family, Community, & Social Justice (CFCSJ), now consultant and faculty/supervisor. Long-term faculty at the Ackerman Institute for the Family, she was adjunct faculty at Rutgers University Graduate School of Social Work (1978-1988), and clinician and supervisor in mental health and addiction settings. Hinda has provided family systems training in the U.S., Europe, China and Latin America. Author of chapters and articles, she is a *Family Process* editorial advisor and AFTA Charter Member. As AFTA president Hinda co-spearheaded the establishment of the *AFTA Springer Briefs Series*, which will have worldwide circulation. She has endeavored to bring the nuanced attention to clinical training from her years at the Ackerman Institute to benefit those serving marginalized children and families in New Jersey. At CFCSJ Hinda has been fortunate to collaborate with colleagues committed to examine the social construction of injustice within our work with children and families and within ourselves.



SPECIAL EVENT

Join us for an evening at the famous Georgia Theatre, where many prominent acts from the early music of Athens performed. Enjoy a catered dinner and musical performance by the **Abbey Road LIVE! Band**. Since 2002, Abbey Road LIVE! has been rocking the music of the Beatles at clubs, theatres, festivals, and private events. Initially a tribute to the monumental “Abbey Road” album, the band includes more than 100 Beatles tunes, from all eras of the Fab Four’s career. The band specializes in complete, start-to-finish album performances of masterpieces such as “Abbey Road,” “Magical Mystery Tour,” “Rubber Soul,” “Revolver” and “Sgt. Pepper’s Lonely Heart’s Club Band.” **Tickets can be purchased on the registration form. Directions will be provided in on-site materials.**

CENTERING PRACTICE: MEDITATION

7:00 – 7:30 AM

Facilitator: **Mary Jo Barrett**

CONTINENTAL BREAKFAST

7:30 – 8:30 AM (open to all attendees)

Served with Plenary

SCHEDULE OF EVENTS, FRIDAY, JUNE 6

PLENARY III – RESEARCH:

8:30 – 10:30 AM

Sponsored by the Family Process Institute

AL GURMAN MEMORIAL SCHOLARSHIP AWARD – Al Gurman, Charter Member of AFTA, was a highly respected researcher, author, teacher, and beloved mentor. His contributions embodied a scholarly sensibility coupled with caring for the next generation. He passed away on September 7, 2013. To honor Al's legacy, AFTA established the annual Al Gurman Memorial Scholarship, which will be awarded to a promising master's or doctoral student every year at the Annual Meeting.

PLENARY III – RESEARCH:

MEASURING RELATIONAL PROCESSES: BRINGING RESEARCH INTO PRACTICE

Presenters: **Marianne Wamboldt, Tom Strong**

Discussant/Moderator: **Jay Lebow**

Family problems and family violence are major global concerns that have a vast impact on psychological and physical health, as well as economic wellbeing. Over the past decade, work on the definition and measurement of four scientifically based categories of family processes has expanded greatly. These are Intimate Partner Relational Distress, Intimate Partner Violence, Parent Child Relationship Problems and Child Maltreatment. While there are potential disadvantages of using the medical model in defining family processes, there are also opportunities for enhanced screening and prevention programs; for inclusion of relationship processes in research related to the pathophysiology of both psychological and physical health problems; and of improved clinical interventions. This plenary will present both the potential advantages of more reliable descriptions of relationship processes, as well as the potential disadvantages of more standard formulations of family processes.

Clear Descriptions of Relational Processes Brings New Opportunities for Improved Diagnosis, Treatment and Access to Care for Families

Presenter: **Marianne Wamboldt**

Participants will be able to: (1) understand the diagnostic and therapeutic importance of family relationships in human health and disease from a public health perspective; (2) become more aware of practical, standardized tools for defining, screening, and assessing family problems and family violence in a variety of settings; and (3) identify the new DSM-V codes related to Relational Problems and how they may be used in clinical practice and research.



Marianne Wamboldt is the Vollbracht Family professor of Stress and Anxiety Disorders in the department of psychiatry at the University of Colorado School of Medicine, as well as the medical director of the Anxiety Disorders program at Children’s Hospital Colorado. She is a board-certified child and adolescent psychiatrist, with over 25 years of clinical, teaching, administrative and research experience. Marianne’s interests have focused on the role of family relationships in medical (primarily asthma) and psychological outcomes for children and teens, behavioral genetics as a tool to understanding the co-morbidity of medical and psychiatric problems, and clinical interventions for children and adolescents with anxiety, mood, and/or pain disorders. She has authored over 62 scientific articles/chapters, edited two books, and been involved as principal investigator or co-investigator on over 30 grants. Marianne’s national involvements include president of the Board of Family Process; past chair of the Committee on the Physically Ill Child, as well as member of the Program, Family, and Prevention Committees, within the American Academy of Child and Adolescent Psychiatry; and member of the Group for Advancement of Psychiatry’s Committee on the Family. Her current interests include cross-cultural and developmental assessments of parent-child relationship problems.

Diagnoses, Relational Processes and Resourceful Dialogues: Tensions for Families and Family Therapy

Presenter: **Tom Strong**

Participants will be able to: (1) explore tensions associated with diagnostic language use (individual and relational) in family therapists’ interactions with clients, funders of therapy, research communities, and public media (how can we make our language use with clients recognizable, accountable and still transformational in an era of “liquid modernity?”); (2) consider how diagnostic language features in ongoing individual and relational identity work in families and family therapy (how might diagnostic and other identity-implicating descriptions influence family conversations, at home and in therapy?); and (3) identify and reflect upon therapists’ conversational practices that promote resourceful language use in families with respect to diagnoses (how can we engage families in resourceful dialogues and ways of relating beyond the possibly totalizing effects arising from diagnostic understandings?).



Tom Strong is a professor, family therapist and counselor-educator at the University of Calgary who writes on the collaborative, critically reflective, and generative potentials of discursive approaches to psychotherapy. He is author or co-author of over 80 articles and chapters, and co-author (with Andy Lock) of *Discursive Perspectives on Therapeutic Practice* and *Social Constructionism: Sources and Stirrings in Theory and Practice*. Tom most recently joined Karl Tomm, Dan Wulff and Sally St. George to co-edit *Coupled Invitations: Relational Stabilities*. His current research focuses on medicalizing tensions in counselor education and his web details can be found at: <http://ucalgary.ca/strongt>.



Jay Lebow is clinical professor of psychology and a senior therapist at the Family Institute at Northwestern and Northwestern University. Since 2012, he has been Editor-in-Chief of the journal *Family Process*. Jay has engaged in clinical practice, supervision and research on couple and family therapy for over thirty years, and is board-certified in family psychology and an approved supervisor and clinical member of American Association for Marriage and Family Therapy. He is the author of 6 books including the recent *Couple and Family Therapy: An Integrative Map of the Territory*, and 100 book chapters and articles, most of which focus on practice of couple and family therapy, the relationship of research and practice, integrative practice, and intervention strategies with divorcing families. Jay served for many years on the Board of Directors and as a committee chair of the American Family Therapy Academy and is a past president of the Society for Family Psychology of the American Psychological Association.

REFRESHMENT BREAK

10:30 – 10:45 AM

DIALOGUES

10:45 AM – 12:15 PM

Coordinator: **Corky Becker**

Two experts will present their perspectives on various topics. They will follow up with questions for each other. The moderator will facilitate a conversation between the presenters and between the presenters and the audience.

1. The Potential Effects of *DSM-V* on Families and Family Therapy: Harmful, Helpful, Both or Neither? Engaging with Complexity

Moderator: **Rachel Dash**

Presenter: **Marianne Wamboldt & Patricia Dowds**

Marianne Wamboldt: I think the *DSM-V* will HELP the field of family therapy integrate into medical homes and public health settings. The *DSM-V* defines relationship problems in a more reliable manner, which can lead to screening, early prevention, and inclusion of family interventions in these settings.

Patricia Dowds: As the principal writer of AFTA's Statement on the *DSM-V*, I take the position that the *DSM-V* is a destructively limiting document based on poor research. The *DSM-V* furthers the chemical treatment of human suffering. It stands in the way of the needed paradigm shift away from the bio-medical model.

Marianne Wamboldt, see page 32.



Patricia Dowds is co-director of Family Therapy Institute of Suffolk, and president of the clinical division of the NYSPA. Along with her clinical practice with families, she teaches working therapists, graduate students, medical students, and medical residents on family systems. Patricia loves dressage, science fiction, and traveling with her husband David Byrom.



Rachel Dash is director of family therapy and supportive therapy training at WVU Medical School's department of behavioral medicine and psychiatry. She co-developed the department's Cultural Competence/Humility Training Series. Rachel has presented in the areas of systemic/relational therapy, trauma informed collaborative therapy and mindful therapy practices. She was program chair of AFTA's 2006 Annual Meeting in Chicago and is co-chair of the Family Policy/Human Rights Committee. Rachel co-founded the Mindfulness Interest Group.

2. Couples & Power: Integrating Sociocultural & Neurobiological Factors in Couple Therapy

Moderator: **Kyle D. Killian**

Presenters: **Mona Fishbane, Carmen Knudson-Martin**

Carmen Knudson-Martin presents Socio-Emotional Relationship Therapy, an approach that attends to the micro-processes through which couple interaction, emotion, and socio-cultural context come together in the moment by moment of clinical process. Therapists counteract societal inequities by socioculturally attuning to each partner, interrupting imbalanced power dynamics, and facilitating mutuality between partners.

Mona Fishbane explores neurobiological and cultural factors that impact power dynamics in couple relationships. Couple impasses are shaped by partners' automatic reactivity, fueled by self-protective brain responses, learned survival strategies, and beliefs about relationships. Mona will discuss ways to challenge reactive "power over" interactions and facilitate relational empowerment in couple therapy.



Mona Fishbane is the director of couple therapy training at the Chicago Center for Family Health. Her lectures, workshops, and published articles focus on integrating neuroscience and couple therapy. Mona's new book, *Loving with the Brain in Mind: Neurobiology and Couple Therapy*, is part of the Norton Series on Interpersonal Neurobiology.



Carmen Knudson-Martin researches the influence of the larger social context in couple processes. She is a founder of Socio-Emotional Relationship Therapy and editor of *Couples, Gender, and Power: Creating Change in Intimate Relationships*. Carmen directs the PhD program in Marital and Family Therapy at Loma Linda University in Southern California.

Kyle D. Killian, see page 19.

3. The Intergenerational Legacy of Family Violence and Incest: The Challenges that Face us

Moderator: **David Trimble**

Presenters: **Mary Jo Barrett, Judith Landau**

Interpersonal Violence between family members can be one of the greatest clinical challenges facing family and couple therapists. **Mary Jo Barrett** will explore the contributing variables that create violence and incest in a family. She will then discuss the 5 guidelines for sound clinical intervention and the 5 essential ingredients necessary to interrupt the cycle of violence. Mary Jo will look at the challenges of managing complex trauma while maintaining safety and the impact the treatment has on the therapist.

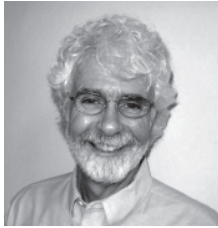
Judith Landau: The overwhelming truth regarding sexual assault on children is that it predominantly occurs in their own home with others they know and trust, which consistently creates a long-term wake of intergenerational trauma impacting families and communities for years to come. While often not spoken of, the aftermath and legacy can destroy generations not yet conceived. Despite the taboos of including family in the healing process, it is an essential factor for long-term healing and prevention. **Questions for Mary Jo:** What are the intergenerational consequences? How do you involve the extended family? How does one bridge the secrecy in order to get them to engage in treatment? How do you reach the perpetrator and other members of the family?



Mary Jo Barrett is founder of The Center for Contextual Change and has a master's in social work from the University of Illinois. She is on the adjunct faculties of The University of Chicago, The Chicago Center For Family Health, and the Family Institute of Northwestern University. Mary Jo's current book is *Treating Complex Trauma: A Relational Blueprint for Collaboration and Change*, co-authored with Linda Stone-Fish.



Judith Landau is a child, family and community neuropsychiatrist, specializing in resilience and overcoming adversity across cultures. Co-developer of the Evidence-Based, Best Practice ARISE Continuum of Care, she draws on 30+ years of research and experience aimed at facilitating long-term healing for survivors of trauma and their families including those suffering from addiction, PTSD, and head injury. Judith is the recipient of awards for AAMFT's Outstanding Contribution to the Field of Marriage and Family Therapy and AFTA's Innovative Contribution to Family Therapy.



David Trimble teaches family therapy at the Center for Multicultural Training in Psychology, the oldest (over 40 years) U.S. psychology internship program specializing in practice with marginalized populations. He is a founding member of the Boston Institute for Culturally Affirming Practices, and has a practice in Brookline, Massachusetts.

4. Navigating the Troubled Waters of Parental Alienation and High Conflict Divorce

Moderator: **Patricia Papernow**

Presenters: **John Sargent, Jay Lebow**

High conflict divorce and parental alienation are painful for parents, new partners, children, and, sometimes, therapists. Lawyers, GALs, parent coordinators, judges, and other clinicians are often involved as well. The special challenges include clarifying roles, addressing concerns about custody and safety, hearing the voices of the children, and handling the complex interface with legal and ethical guidelines. Enhancing all relationships in the family is at the heart of this work. **Jay Lebow** will describe the family therapy model he developed for high conflict divorce and **John Sargent** will discuss his approach to the role of family therapist in these situations.



John Sargent is the Director of Child and Adolescent Psychiatry at Tufts University School of Medicine and a past President of AFTA. A family therapist for over 30 years, he is recognized as an outstanding teacher and supervisor and has expertise in all areas of child and adolescent mental health.

Jay Lebow, Ph.D., see page 33.



Patricia Papernow is widely known for her work on post-divorce parenting and “blended families.” She is the author of two of the leading clinical books in the field, *Surviving and Thriving in Stepfamily Relationships: What Works and What Doesn’t*, and *Becoming a Stepfamily*, as well as multiple book chapters and articles.

5. Family Health & Wellbeing among LGBTQ Communities through the Lens of Intersectionality

Moderators: **Deidre Ashton, Monique Walker**

Presenters: **Elijah Nealy, Anneliese Singh, Zerandrian ‘Z’ Morris**



Elijah Nealy is full-time faculty at Columbia University School of Social Work. He also maintains a clinical practice that specializes in work with LGBTQ individuals and families. An openly identified transgender man, Elijah brings extensive clinical experience in work with trans and gender nonconforming children, adolescents, and adults.



Anneliese Singh is an associate professor at the University of Georgia and founder of the Georgia Safe Schools Coalition and Trans Resilience Project. Her research, practice, and advocacy have focused on the resilience of queer and trans people, with particular emphasis on people of color and youth.



Zerandrian ‘Z’ Morris, thought leader, social & cultural critic, published writer, social justice trainer/facilitator, curriculum developer, professional blogger, radio show co-owner, epidemiologist, statistician, drug & alcohol counselor, creative arts psychotherapist, queer & transgender-identified, poetry facilitator, Spelman grad, Tulane alum, New Orleanian, non-conformist, cutter of mustard, brown boi.

Deidre Ashton, see page 28.



Monique Walker has her master’s in marriage and family therapy and is finishing her doctoral graduate in couple and family therapy at Drexel University. She works full-time providing services to LGBTQ communities in Philadelphia at the Women’s Therapy Center and the Attic Youth Center.

6. Immigration and Youth: The Plight and Promise of Young Immigrants and their Families

Moderator: **Eliana C. Korin**

Presenters: **Celia Jaes Falicov and Students from Freedom University**

The metaphor of roots and wings captures the predicament of many second generation youth in immigrant families: how culturally rooted their personal lives can be and how far can they soar when social and racial realities clip their wings. Ideally, they should be able to have both, roots and wings, as these will insure their optimal growth and integration.

Joining this dialogue will be students from **Freedom University** in Athens, GA, a unique university created to offer college education to students who are prevented to do so due to their undocumented status. Restricting immigration and educational policies have targeted this group of youngsters shattering their lives and limiting their aspirations. Challenging this limiting life situation, this group of students—Dreamers—have become vocal about their circumstances. Many have started to actively advocate to change these laws at the state and national level. Some of the students have volunteered to share their experiences and the impact of these policies on their emotional and family lives.



Celia Jaes Falicov, clinical professor, department of family and preventive medicine, University of California, San Diego. Past president, American Family Therapy Academy. Author of numerous articles and books on issues of migration, cultural perspectives and family transitions. Her latest publication is *Latino Families in Therapy* (2nd Ed.).

Eliana C. Korin, see page 48.

LUNCH

12:15 – 1:45 PM (on your own; Box lunches available, sign up on the registration form)

TOWN HALL – AFTA MEMBERS MEETING

12:15 – 1:45 PM (**AFTA members only**)

This will be an AFTA Membership Business Meeting. Lunch will not be provided; however we recommend you purchase a Box Lunch ahead of time by contacting the AFTA Central Office at afta@afta.org. You are welcome to also bring lunch on your own for the meeting.

BRIEF PRESENTATIONS

1:45 – 3:15 PM

Coordinators: **Jelisaveta-Sanja Rolovic & Laura Roberto-Forman****11. Supporting Transgender and LGBTQ Emergence**Moderator: **Elijah Nealy**

Transgender Psychosocial Assessments: Challenges and Opportunities

Volker Thomas, Jacob Priest, Tracie Krum, Elizabeth Parker, Candice Maier, Jenna Benoit, Taimyr Strachan

Parental Acceptance/Rejection of LGBTQ Youth in Black Families

Monique D. Walker**12. Working with Invisible Loyalties: Challenges and Possibilities**Moderator: **Karen Skerrett**

Systemic Family Constellations Healing “Invisible Family Loyalties”

Linda Longo-Lockspeiser

Internal Negotiations: Adoptees’ Post-Reunification Experience with Both Mothers

Angelle E. Richardson**13. Multidisciplinary Models for Children and Families**Moderator: **Assaf Oshri**

Consultative Program for Behavior Problems in Autism

Eric Goepfert

An Ecological Model of Academic Outcomes for Chronically Ill Children in Fragile Families

Veronica Kuhn, Brian Distelberg, Brittney France**14. Addressing Power and Gender in Couples Therapy**Moderator: **Martha Edwards**

Addressing Gender Inequity in Affairs

Kirstee Williams

Challenges Addressing Gender and Power in Heterosexual Couple Therapy: Moving Disengaged Males from “I” to “We”

Sarah Samman, Carmen Knudson-Martin

15. Exploring and Empowering the Child Welfare System

Moderator: **Laura Gambrel**

Mattering and Marginality in Child Welfare Supervision

William Madsen

Exploring the System: Multiple Perspectives from within Child Welfare

Armeda Wojciak, Heather Farineau, Morgan Cooley

16. Clinicians Connecting Across Culture

Moderator: **Judith Landau**

Learning from Foreign-Born Therapists about Connecting Across Difference

Alba L. Nino

Diversity within a Clinical Collaboration: Impact on the Treatment Process

Ethan Ornstein, Forrest Hamer

17. Interdisciplinary Collaboration in Training and Practice

Moderator: **Annie Bao**

Preparing Students and New Graduates for the Future: A Medical Family Therapy Curriculum for Pre- and Post-Doctoral Trainees

Matthew Martin, Deepu George

Strengthening Interdisciplinary Collaboration in Healthcare

Lindsey Lawson, Mayuri Pandit

18. Relational Patterns and Narrative Techniques

Moderator: **Gita Seshadri**

Alternative Possibilities: Inviting Preferred Stories in Two Research Contexts

Sumerlee Samuels, Marnie Rogers-de Jong

Inviting Change in Relational Patterns

Karl Tomm, Sally St. George, Daniel Wulff, Tom Strong

19. Families' Use of Technology and the Influence of Technology on Families

Moderator: **Saliha Bava**

The Use of Communication Technology in the Lives of Families

Arlene Lev

The Influences of Technology on the Family System

Erika Boissiere

Cyber Remedy: Link Your Family to Health

Eva Smidova

20. Interrupting the Transmission of Violence in Families: Approaching through Film and Play

Moderator: **Susan Oppenheim**

Utilizing Solution-Focused Approaches with Play Genograms

Ron C. Osborne-Williams

From the “Normal” Family to Trans-Generational Therapy via Harry Potter

Gianpaolo Lombardi

REFRESHMENT BREAK

3:15 – 3:30 PM

JOINT FORUM: CULTURAL & ECONOMIC DIVERSITY COMMITTEE & FAMILY POLICY/HUMAN RIGHTS COMMITTEE

3:30 – 5:30 PM

Chairs: **Ramón Rojano, Rachel Dash, Larry Levner**

Presenters: **Ramón Rojano, Roxana Llerena-Quinn (Diversity), Reverend Julia Chaney-Moss (Human Rights), and Representative Simone Bell (Family Policy)**

Moderator: **Vanessa Jackson**

The Cultural and Economic Diversity Committee will begin the Forum with the implications of the research on the social determinants of health (SDH) for socially just family therapy and in terms of our having a ‘place at the table’ regarding public health/mental health planning efforts. Presenters will share their experience with SDH while working in a public health agency and in a general hospital. The opportunity to join a national public health agenda in this area will be presented.

The Family Policy/Human Rights Committee will follow with the social policy implications of the previous discussion, focusing both on the effects of racism on social policy and on the effects of racist social policy upon family life, relationships and emotional/physical health in this 50th anniversary of the March on Washington. Current policy issues being debated by national and local policy makers will be reviewed and actions that AFTA and AFTA members might take as allies and advocates will be discussed. Participants will learn to: (1) describe the effects of racist social policy on family life and wellbeing; (2) describe the effects of racism on social policy; and (3) describe the social policy implications of research on social determinants of health.

There will be time after each committee’s presentation for the attendees to engage with the panel and each other.

Ramón Rojano, see page 20.

Roxana Llerena-Quinn, see page 17.



Simone Bell is a member of the Georgia House of Representatives. A community organizer, she became the first African-American “out” lesbian state lawmaker after winning a special election to represent Georgia’s 58th District in 2009. In 2010 Simone was elected unopposed for a full term. In 2012 during redistricting, she was forced to run against a Democratic colleague winning by a large margin. Simone then won the general election with 87% of the vote. She has been a member of the Bi-Partisan Women’s Caucus, Fulton and DeKalb County delegations, Working Families Caucus and the Legislative Black Caucus and has held several leadership roles within her caucus. Simone was most recently recognized in May of 2013 by the White House with the “Harvey Milk Champion of Change” Award, established to recognize openly gay elected and appointed officials who have worked to “empower and inspire members of their communities and beyond.”

Vanessa Jackson, see page 15.

BOOK SIGNING, POSTER FESTIVAL AND COMMUNITY FAIR

5:30 – 7:30 PM

Coordinators: **Kim Cox (Books), Melissa Elliott & Beth Patrick (Posters), Jerry Gale (Community Fair)**

Authors will be present to discuss their books and to sign and sell copies. In the same space, the Poster Festival will gather posters featuring clinical work and research on couples and family therapy, larger systems, training and supervision from AFTA members and non-AFTA members from around the world. *New this year:* The Community Fair will showcase local people and programs whose work address a commitment to equality, social responsibility and justice with attention to marginalized and underserved groups, as well as address the theme of the conference.

If you are an Author that wants to bring and sign books at this event, please contact Kim Cox at the AFTA Office, afta@afta.org.

Posters:**Managing Therapists' Counter-Transference Towards Families of Anorexic Patients**

Mathew Nguyen, Michael Shapiro

Perceived Family Stress as a Hindrance to Parenting

Mayi Dixon

“New Me, New You, New Us”: A Qualitative Process of Change Analysis of the Mindful Transition to Parenthood Program

Kristine C. Johnson, Laura Eubanks Gambrel

The Impact of War and Displacement on Family Relationship Dynamics

Damir S. Utržan

Issues in Raising Gifted Children: Emotional, Behavioral, and Social Dimensions

Damir S. Utržan

Social Support as a Protective Factor in Adolescent Pregnancy for Youths in Foster Care

Andrew Scott Benesh, Katharine Melyssa Murphy, Heather Farineau

LGBT Research Productivity: Leaders & Future Directions

Kyle Zrenchik

Content Analysis of MFT Research: An Overview of Current Trends

Hoa Nguyen, Annisa Pirasteh, Jennifer Lambert-Shute

LGBQ+ Youth Substance Use, Health and Wellbeing

Hoa Nguyen, Emily Haugen, Erika L. Grafsky

Building Couple Resilience in the Face of Poverty: An Interpretation of the Ambiguous Loss Model

Lorien S. Jordan

Where is the family in polyamory? A review of polyamorous studies literature

Lorien S. Jordan, Jamie Steele

The Self of the Family Therapist: A Content Analysis of Couple and Family Therapy Journals from 1993-2013

Joshua Rutherford, Michael Sude

Childhood Obesity: Are CFTs Spectators or Agents of Change?

Sara Lappan, Jose Ruben Parra-Cardona

Posters cont'd:

Young Women's Anger in Romantic Relationships and Feminist-Narrative Interventions

Ana L Jaramillo-Sierra

Treating Situational Couple Violence with Emotionally Focused Couples Therapy

Peter M. Rivera, Chance Bell, Mathew Withers

Addressing Family Finances in a Therapeutic Way: What Service Providers can do to Improve Wellbeing

Alycia N. DeGraff, D. Bruce Ross, Jerry Gale

Shame, Gender Role, and Alexithymia: What Men Bring to Therapy

Doug Shirley

Love and Compassion are Necessities: Eliciting Compassion Between Partners in the Marriage Checkup

James V. Cordova, Tatiana D. Gray

Not All Strengths Are Created Equal: Using Couples' Self-Identified Strengths to Determine Distress Levels and Promote Change

Tatiana D. Gray & James V. Cordova

Genogram of Support

Laurel Salmon

Parental Pro-social Expectations as Predictors of Machismo and Caballerismo Values in Latina Leaders and Community Residents

Nazanin M. Heydarian, Jennifer Guerra, Lizeth Baeza Garcia

Open Adoption: An Account of Making Meaning to Make a Family

Kate Warner, Martha Laughlin

SPIRITUAL SERVICES

7:00 – 8:00 PM

We invite those attending the conference to take time and join with others for spiritual reflection. Others are welcome to arrange a different spiritual service gathering if desired.

Shabbat Service Convenors: **Marsha Mirkin, Mona Fishbane, David Wohlsifer**

NEW MEMBER MEETUP

7:00 – 8:00 PM

Facilitator: **Aimee Galick****WOMEN'S INSTITUTE**

7:00 – 10:00 PM

Chair: **Corky Becker**Presenter: **Raye Rawls**

The Women's Institute is a place where women learn with and from other women. Women connect across generations and cultures, share stories from the high and low moments of the past year, and learn from the reflections and wisdom of other women whose backgrounds, age and culture may be different from our own. The Women's Institute provides an opportunity to reflect on the interconnections between our personal experience of family life and our work as family therapists. We welcome all newcomers, old friends and colleagues. **Event includes dinner; tickets can be purchased on the registration form.**

MEN'S INSTITUTE

7:00 – 10:30 PM

Co-Chairs: **Roger Lake, Jim Verser, Rob Garfield**

This year's Men's Institute invites participation by any man attending the conference, young or old, AFTA member or not, who wishes to sit with those of us who are committed to a more personal and intimate way to talk together as brothers. We continue our efforts to create an open space where we can sit and eat together, and then engage in the project of sharing our lives that has become the tradition of this Institute. **Event includes dinner; tickets can be purchased on the registration form.**

PLAY SPACE: CREATING & ENGAGING OUR WELLBEING

8:00 – 9:00 PM

Coordinators: **Saliha Bava, Jerry Gale, Kim Cox**

Play is the life force of creation and wellness. In play we create that which we call life and living. Drawing on complexity science, movement-based, art-based, theater of the oppressed and applied improvisation, we will facilitate a space for embodied processing and reflective action. We will move through our body, use movement and art for reflecting on our experiences at the conference. These reflections can include learning, processing micro-aggressions and building community through the paradox of differences. As the name suggests, we will play/improvise together to create space and engage the uncertainty and the emergent in what is created.

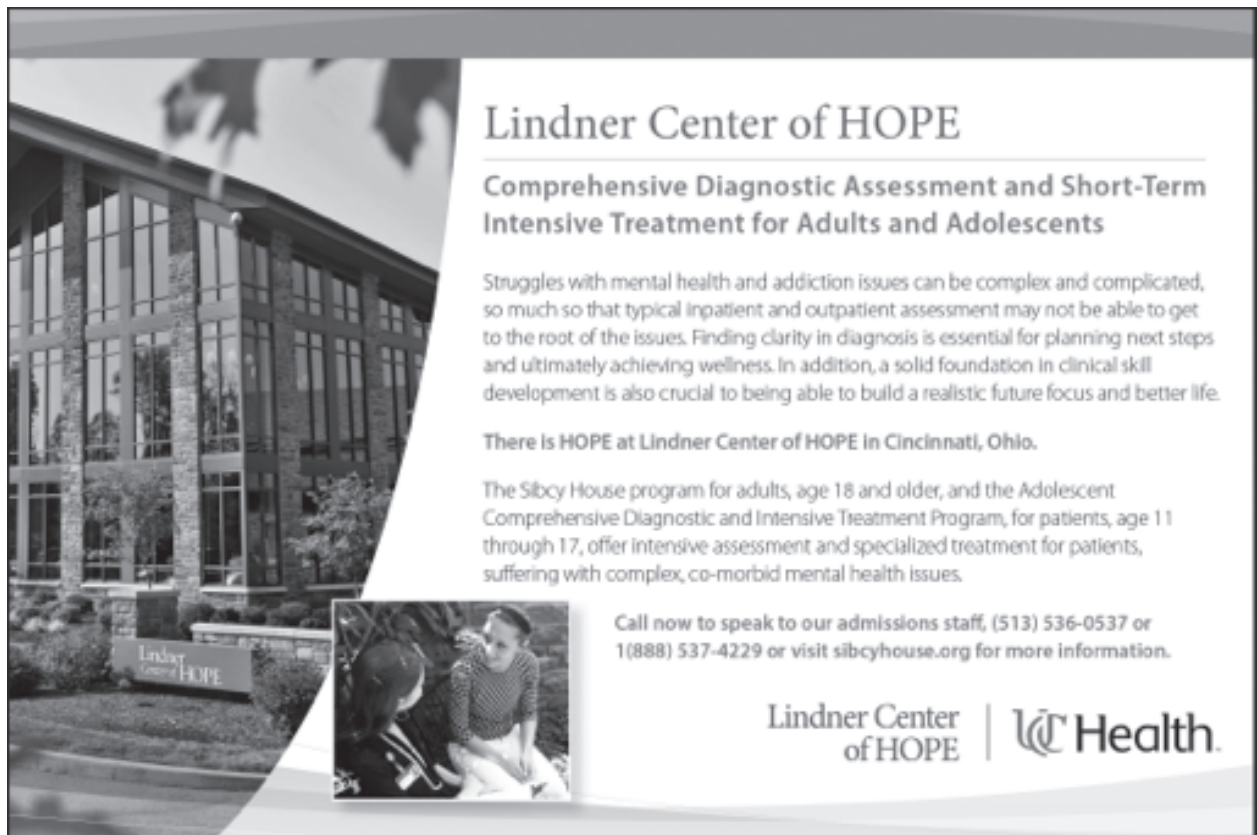


Saliha Bava draws on performance theory, theater of the oppressed and applied improvisation to create generative spaces for the spoken, yet-to be spoken, and the unspeakable. She draws on complexity and chaos theory to engage uncertainty and emergence in her process facilitation work/playsshops.

Jerry Gale, see page 17.



Kim Cox has a master's in counseling from The George Washington University and over 1,000 hours of psychodrama training. She draws on theories from both Carl Jung (the conscious and unconscious) and Jacob Moreno (spontaneity, the human encounter) when she is working with her clients, both in counseling and in professional organizing.



Lindner Center of HOPE

Comprehensive Diagnostic Assessment and Short-Term Intensive Treatment for Adults and Adolescents

Struggles with mental health and addiction issues can be complex and complicated, so much so that typical inpatient and outpatient assessment may not be able to get to the root of the issues. Finding clarity in diagnosis is essential for planning next steps and ultimately achieving wellness. In addition, a solid foundation in clinical skill development is also crucial to being able to build a realistic future focus and better life.

There is HOPE at Lindner Center of HOPE in Cincinnati, Ohio.

The Sibcy House program for adults, age 18 and older, and the Adolescent Comprehensive Diagnostic and Intensive Treatment Program, for patients, age 11 through 17, offer intensive assessment and specialized treatment for patients, suffering with complex, co-morbid mental health issues.

Call now to speak to our admissions staff, (513) 536-0537 or 1(888) 537-4229 or visit sibcyhouse.org for more information.

Lindner Center of HOPE | UC Health.

SCHEDULE OF EVENTS, SATURDAY, JUNE 7

CENTERING PRACTICE: PRANAYAMA (YOGIC) BREATHING

7:00 – 7:30 AM

Facilitator: **Liz Brenner**

COMMITTEE MEETINGS

7:30 – 8:30 AM

CONTINENTAL BREAKFAST

7:30 – 8:30 AM (open to all attendees)

PLENARY IV:

ACHIEVING HEALTH AND HEALING THROUGH COMMUNITY PARTICIPATION AND EMPOWERMENT

8:30 – 10:30 AM

Sponsored by Family & Consumer Sciences, UGA

Presenter: **America Bracho**

Discussants: **Eliana C. Korin, William (Bill) Madsen**

Moderator: **Melissa Elliott**

The vision of creating healthier and just societies where people can have opportunities to fulfill their lives is shared by many of us in the US and across the world. To achieve this goal, many offer their talents and leadership to help individuals and families to overcome problems and find resources to meet their immediate needs. In this desire to help others, we create relationships in which we are often *the* experts, and those in need of care are the spectators of our well-intended interventions.

Using real live examples, accumulated in more than 35 years of activism and work in community health, America Bracho will invite the audience to examine their own “helping” paradigms and consider an alternative approach—a community participatory model—for improving the health of clients and their families, while amplifying the voices of vulnerable communities. Participants will be able to: (1) examine their own helping paradigms and consider ‘alternative ones;’ (2) explore what happens when community members are invited to become active participants in improving the health of their families; and (3) identify ways they can form partnerships with clients, families and communities.



America Bracho is the executive director of Latino Health Access, a center for health promotion and disease prevention located in Santa Ana, CA. LHA facilitates mechanisms of empowerment for the community and trains community health workers as leaders of wellness and change. She worked as a physician in her native Venezuela for several years, after which she came to the U.S. to obtain a master's in public health at the Univ. of Michigan. America is also a certified diabetes educator, a current member of the Board of Trustees for Casey Family programs and a former trustee of the Marguerite Casey Foundation. She served on the Institute of Medicine Round Table on Health Disparities and on the Advisory Committee for the Robert Wood Johnson Foundation Local Initiative Program. America has been a consultant and presenter for National and International organizations and Institutions of higher education. She has been a valuable faculty member for several international courses in Latin America, Australia and Europe, and has received several awards for her contributions including: The California Leadership Award, James Irvine Foundation; Doctor of Humane Letters, honorary degree from the Arizona School of Dentistry & Oral Health; and Southern California Public Health Association's Milton Roemer Award.



Eliana C. Korin is a senior associate and director of the behavioral science program at the department of family and social medicine, Montefiore Medical Center and Albert Einstein College of Medicine, Bronx, New York, where she has been teaching and consulting with primary care physicians for many years. Her work has been focused on translating family systems to medical training and practice and on examining the impact of social inequalities on health and on clinical relationships. Eliana has presented and published on themes related to the interface of families, culture and health, life cycle issues, immigrant families, cross-cultural communication and family training in medicine. An active AFTA member, she has supported many AFTA initiatives as a member, and as past chair of the Nominating and Cultural and Economic Diversity Committees.



William (Bill) Madsen is the founding director of the Family-Centered Services Project. He provides international training and consultation regarding collaborative work with families and assists community and government programs develop institutional practices and organizational cultures that support family-centered practice. Bill has spent his professional life straddling the down and dirty world of frontline, public sector practice and the exciting, but more esoteric world of family therapy theorizing. Most of his contributions to the field have resulted from his own efforts to negotiate the dilemmas this position creates for him. He has written numerous articles and is the author of *Collaborative Therapy with Multi-Stressed Families* (2nd Ed.) and the upcoming *Collaborative Helping: A Strengths Framework for Home-Based Services*, designed to offer maps that can both focus workers' thinking in complex situations and guide constructive conversations with families about difficult issues.



Melissa Elliott began her career as a bedside nurse in a charity hospital in Tennessee. Seeing severe illnesses that seemed so preventable led her to community health nursing in Mississippi. Fascination and failures in community health led her to family therapy, and then, luckily, to the community of AFTA—committed and creative therapists who sustained, challenged and encouraged. Aided by their encouragement she co-authored *Encountering the Sacred in Psychotherapy: Talking with People about their Spiritual Lives*, several articles, and many workshops. After

30 exciting years in the wider world of family therapy, Melissa has returned to evening bedside nursing, where the most intimate and in-the-moment conversations occur. She also works with the families and friends of people who come as patients to the University of Virginia psych inpatient unit. Melissa serves on the board of On Our Own of Charlottesville to bridge patients with peers who support them and who hold the hospital accountable.

REFRESHMENT BREAK

10:30 – 10:45 AM

INTEREST GROUPS

10:45 AM – 12:15 PM

Coordinators: **David Landsman-Wohlsifer, Jeffrey Landsman-Wohlsifer**

11. Ambiguous Loss in Military Families

Chairs: **Pauline Boss, Ellen Landau**

Presenter: **Deborah Mancini**

Military families are seeking help from family therapists in their local communities who understand the military life and culture. With clear and ambiguous losses from deployment, soldier death, and soldier injuries, the goal is family resiliency. Cultural context influences how military families experience loss and separation. Two experts will discuss how Israeli and American military families cope with grief and loss—with implications for therapists. Note: The phrase “military families” is broader than we may realize as military families encompass Active, Guard, and Reserve families. All of these families as well as Veteran families need our professional support. Participants will be able to: (1) recognize differences and commonalities in military and civilian cultures that influence how we intervene therapeutically; (2) learn from vast Israeli research about the meaning of loss and resiliency in military families; and (3) be more able to provide therapy and support for military families in our own communities.

12. Mindfulness and Family Therapy

Chairs: **Liz Brenner, Laura Gambrel**

Many AFTA members are integrating mindfulness awareness practices in their work and personal life. We will hear about a couple struggling to recover from a complicated affair and view an edited video of a session with them. First we'll discuss practices to manage clinician challenges that might arise in working with this couple. Then we will break into small groups sharing ideas of mindful awareness practices that seem useful as interventions with this couple. Interest group co-chairs will present ways they would work with this couple. We will end with a discussion and summary of what we learned. Participants will be able to: (1) learn a few brief mindfulness strategies used to stay grounded and present when they find work challenging; (2) share their own and learn new strategies and ideas for incorporating mindfulness awareness practices with the couple presented; and (3) be able to describe two ways of integrating mindfulness awareness practices that they learned from Interest Group co-leaders.

13. Gathered Together in the Presence of Complexity: Later Life Recoupling

Chairs: **Patricia Papernow, Betty Pristera**

Rates of divorce and marriage are generally going down in the U.S. However, rates of both are rising among more senior populations. We are finding that the often wild and wooly dynamics of stepfamily-dom can be so much more complex in this life stage. Later-life recoupling involves adult children and their children, with surprisingly intense losses and loyalty binds, plus longstanding ex-spouse relationships and extended systems of aunts, uncles, cousins. All are invested in issues of money, inheritance, protecting vulnerable parents, celebratory rituals, and caring for ill elders. Join us for an in-depth examination of these most challenging cases. Participants will be able to: (1) list some of the similarities with and differences from recoupling at younger ages; (2) identify specific issues for stepfamilies that begin in later life stages; and (3) share treatment strategies and clinical pitfalls in working with these stepfamily systems.

14. Relationship-Centered Family Therapy and Biopsychiatry

Chair: **Norbert Wetzel**

The interest group is part of the ongoing conversation about the epistemologies, the science, and the political context of relationship-centered family therapy and psychiatry, with the goal of strengthening the collaboration between family therapists and psychiatrists. We hope to focus particularly on the continuing inequalities in (mental) healthcare in the era of the "New Jim Crow" and on the institutional obstacles to have families involved in the psychiatric care of adult family members. Several participants will introduce segments of our conversation. **Norbert Wetzel** will continue with the overall facilitation of the interest group. During the previous meetings participants felt strongly that the focus on these issues is vital for the future of family therapy and that AFTA is an essential forum for this dialogue. Participants will be able to: (1) understand the extend and roots of the current inequalities in mental healthcare; (2) learn about new practices of professional exchange and collaboration between (non-medical) family therapists and more biologically oriented psychiatrists; and (3) be able to put into practice improvements in mental healthcare for people diagnosed with major mental illnesses, especially regarding involvement of families in the treatment of loved ones.

15. Teaching Family Therapy in Different Countries: Weaving the Learnings

Chair: **Janine Roberts**

A brief framework re improvisational strategies to enter into and learn from teaching in varied cultural, economic, “racial,” and religious contexts will be presented. Participants will be asked to please bring ideas (from their own experiences or others’) about how to connect and bridge political and ethnic differences, design trainings collaboratively on the ground in new places, and teach family therapy outside of the usual settings. Particular attention will be paid to the social identities of everyone involved in trainings. An 8-page bibliography of key writings about systemic developments in some 10 countries (Turkey, India, Uganda, Spain, the UK, China, Mexico, Peru, Israel including Palestine, and Japan) will be available. Participants will be able to: (1) identify 5 strategies to enter into institutions and teaching environments as a learner, especially environments very different from your usual cultural, economic, and “racial” contexts; (2) identify 5 collaborative processes to co-create trainings in family therapy with all participants while integrating in the social identities of all; and (3) self-reflect in three key ways on one’s own strengths and areas of development as a teacher/facilitator, particularly in relationship to joining across areas of difference.

16. The Operations of Power

Chairs: **David Trimble, Patricia Romney**

BICAP members, multiracial, multicultural practitioners, researchers, and activists will engage in meaningful conversations about identity and power. We are currently drawing from seminal works on power by Elaine Pinderhughes, Just Associates, and by Jerry Tew and John Gaventa of the UK Carnegie Trust. We work to recognize and challenge practices of “power over” in our relationships. We seek to develop collective practices of “power with” and the “power to” act for justice. We have come to include both love and power in our analysis and in our practice. This interest group welcomes all who would like to extend this developing conversation further. Participants will be able to: (1) understand the construct of “power over,” and be able to recognize examples of it; (2) understand the construct of “power with,” and be able to recognize examples of it; and (3) understand the construct of “power to,” and be able to recognize examples of it.

17. Masculinities: “Man Enough” – Fairness & Vulnerability in our Work with Men and Boys

Chairs: **Roger Lake, Rob Garfield, David Landsman-Wohlsifer**

To understand dominance, and the moral universe in which it arises, we need to consider the ways in which the development of masculine identity mediates against the expression of vulnerability. The presenters will discuss ways to think about using our knowledge of the developmental arc of masculinity, particularly the subjective sense of “fairness,” and the idea of being “man enough,” in our work with men and boys. We wish to discuss fairness as a doorway to vulnerability and change. We will begin with a brief presentation of psychological constructs we find helpful in this way of working, followed by clinical examples from our practices which include our own experiences of owning and articulating our values as men. We will then invite participants to reflect, question, and share. Participants will be able to: (1) learn to think about “masculinity” as a complex of the experiencing self, which cognitively mediates sexual expression, conflict management, and emotional availability; (2) consider the cultural contexts of this development, and how those shape the experience of being “man enough;” and (3) consider clinical approaches to complex problems organized around the simple ideas of “winning and losing.”

18. Narrative Practice with Heterosexual Couples: Examining Power Relations

Chairs: **Victoria Dickerson, Robert (Bob) Mendelsohn**

In another iteration of examining power relations with heterosexual couples, Vicki and Bob will show a video of work with a couple, also described in the *Family Process* article from the March 2013 issue entitled: “Patriarchy, Power, and Privilege: A Narrative/Poststructural View of Work with Couples.” We will invite the participants to deconstruct the work with the intention of understanding how power operates in couples, sometimes in harmful ways. We will also show how each member of the couple can challenge these effects and live in more preferred ways, outside or on the other side of patriarchal influences. Participants will be able to: (1) learn how to recognize the effects of power dynamics in heterosexual couple relationships; (2) begin to notice what narrative therapists call “the absent but implicit;” and (3) identify more preferred ways that couples might perform their lives.

19. Think Tank

Chair: **Beatrice (Betsy) Wood**

This “consultative think tank” will be an opportunity for supportive and respectful consideration and discussion of nascent and potentially innovative conceptual and theoretical ideas. Two or three attendees will be invited to present very briefly a new conceptual idea or way of thinking about something having to do with family systems process or therapy (not research). The immediate goal would be to provide a safe and open atmosphere to discuss one’s nascent and “crazy” ideas, and to assist each other to take these ideas further by giving thoughtful, respectful and useful feedback. The process would be something pretty freewheeling and brainstorming. We seek attendees who are diverse in professional life stage, gender, ethnicity, and race; clinicians and/or researchers. This ultimate goal of such a “think tank” is to help foster new “theory-making” which is always necessary to keep a field vibrant and progressive. Participants will be able to: (1) learn about new family-theory relevant ideas not currently in the literature; (2) explore how to best nurture, critique, expand and contextualize new ideas; and (3) discover how to apply these processes to theory development.

20. Evidence-Based Therapies: Myths, Developments, and Potential Contribution to Mainstream MFT

Chair: **Howard Liddle**

The focus of this group will not be on research findings per se but on the things that are happening in and around family and couples therapy research these days, including the sequestering of evidence based training in private training institutes, and the many challenges, fiscal and otherwise that are barriers to the new models being considered in regular care clinical settings.

LUNCH

12:15 – 1:45 PM (on your own; Box lunches available, sign up on the registration form)

EARLY CAREER & STUDENT MEMBER LUNCHEON

12:15 – 1:45 PM

Martha Edwards, Aimee Galick

FACILITATED LISTENING CIRCLE

12:15 – 1:45 PM

David Trimble

The Facilitated Listening Circle is a witnessing circle. It provides an opportunity for people who wish to share an experience during the Meeting for which they would like support, recognition, or empathy. At AFTA we are committed to respectful and inclusive participation with one another. We hold ourselves to a high standard. Sometimes someone feels hurt or excluded by the actions or attitudes of others. We wish to be accountable for any ways we hurt or exclude others and to be open to experiences that may be invisible to us. In the Circle, these difficult moments can be rendered visible, and we can increase our awareness and learn more about relating in respectful and inclusive ways.

PEARLS OF WISDOM

1:45 – 3:15 PM

Moderator: **Aimee Galick**

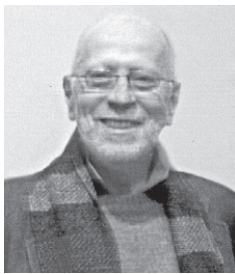
Panelists: **Janine Roberts, Carlos Sluzki**

The fifth annual Pearls of Wisdom panel event will feature two esteemed pioneers in the field, **Janine Roberts** and **Carlos Sluzki**. The panelists will share about the personal and professional influences that have led them to think, write, and work with couples and families, and they will share “pearls,” “nuggets,” and “tid-bits” of their experiences and knowledge.

The Pearls event provides an opportunity for early career and student members to hear from pioneers in the field and (1) promotes cross-generational transmission of ideas and discoveries in the field of family therapy; (2) increases knowledge of critical moments of the history of the field of family therapy; and (3) connects the history of family therapy with the history of the pioneers who have shaped the field.



Janine Roberts is professor emerita at the University of Massachusetts, Amherst, past president of AFTA, and the associate editor for International Scholarship for *Family Process*. She has presented nationally and internationally for decades and has lived, worked, and traveled in more than 60 countries beginning with Kuwait in 1963. Among other awards, Janine has received two Fulbrights, and the Distinguished Contribution to Family Therapy Theory and Practice from AFTA. She is the author of *Tales and Transformations: Stories in Families and Family Therapy*; coauthor of *Rituals for our Times: Celebrating, Healing, and Changing our Lives and our Relationships*; and coeditor of *Rituals in Families and Family Therapy*, as well as author of some 60 articles and book chapters, and a book of poems, *The Body Alters*. Janine is currently writing a memoir.



Carlos Sluzki, 1981 and 2000 AFTA awardee and 1983 AFTA vice-president, is currently professor at the department of global and community health and at the School for Conflict Analysis and Resolution, George Mason University, Fairfax and Arlington, Virginia; as well as clinical professor of psychiatry and behavioral sciences at The George Washington University School of Medicine in Washington, DC. He has been director (1980-1983) of the Mental Research Institute at Palo Alto, California; Editor-in-Chief of the journals *Acta Psiquiatrica y Psicologica de America Latina*, *Family Process*, and *American Journal of Orthopsychiatry*; and consultant to the International Criminal Court, UNHCR and the World Health Organization. Carlos has contributed over 200 books, chapters, and articles in professional journals, and has presented in innumerable conventions, conferences and training programs worldwide on family dynamics and therapy, social networks, refugees, migration, violence and human rights. Further information may be found in his website, www.sluzki.com.



Aimee Galick recently completed her doctoral degree in MFT from Loma Linda University. She is Canadian and earned her bachelor's degree at the University of Alberta and her master's at the Loma Linda University Canadian campus. Aimee is currently an assistant professor at University of Louisiana at Monroe (ULM). She identifies as a feminist family therapist with an interest in therapeutic process, power, couples therapy, and medical family therapy. Aimee hopes to start a program of research at the ULM MFT clinic focusing on how to improve therapeutic services for African-American families. She is also interested in learning how to apply quantitative and qualitative research methods in unique, systemic ways.

REFRESHMENT BREAK

3:15 – 3:30 PM

BRIEF PRESENTATIONS

3:30 – 5:00 PM

Coordinators: **Laura Roberto-Forman & Jelisaveta-Sanja Rolovic**

21. During and After Prison: Individual and Family Wellbeing

Moderator: **Evan Imber-Black**

A Family Wellness Course for People in Prison

Linda G. Bell, Connie Cornwell

Fragile Freedom: A Grounded Freedom of Life Outside Prison

Mathis Kennington

22. Innovations in Training

Moderator: **David Trimble**

The Reformation of Gender for Male Therapists in Training

Christie Eppler, Karen Quek, Martha L. Morgan

Using the IPscope to Teach and Learn Relational Practice

Karl Tomm, Shari Couture

23. Norman Paul Revisited

Moderator: **Carlos Sluzki**

Richard Chasin, Monica McGoldrick, Froma Walsh

24. Empowering Couples in Commitment and Addiction Recovery

Moderator: **Blanca Lugo**

Treating Unilateral Substance Addictions in Couples Therapy

Kyle Zrenchik

Integrated Acceptance and Commitment Therapy for Couples

Kate Morrissey Stahl, Megan Oed

25. Faith and Mindfulness Bases for Working with African-American Families

Moderator: **Shruti Singh Poulsen**

The Best of You: Family Life within the African-American Muslim Community

Kameelah Mu'Min

Cultivating Culturally-Flexible Mindfulness-Based Interventions to Enhance Emotional and Physical Wellbeing among Black American Families

Jesse Tauriac, Lindsey West

26. Ecological Approaches to Family Health

Moderator: **Lana Kim**

What Systems Thinking Can Teach an Interior Designer: The Development of the Home Lifestyle Assessment for Couples

Anna Auman, Jerry Gale

Therapists' Clinical Experiences with Promoting Financial Wellbeing in Families

D. Bruce Ross, Alycia DeGraff, Megan McCoy, Jerry Gale

27. Identifying Systems of Oppression within Clinical Settings: Joining Research and Theory

Moderator: **Lorraine Chastant**

Social Justice Healing: Valuing Systems Identities Cultivating Change

Andrea Neumann-Mascis

Strength-based Clinical Interventions for Interracial/Intercultural Couples: What Works?

Gita Seshadri, Carmen Knudson-Martin

ROUNDTABLES

3:30 – 5:00 PM

Coordinators: **Jelisaveta-Sanja Rolovic & Laura Roberto-Forman**

1. Culturally Responsive Therapy

Moderator: **Denise Lewis**

Culturally Responsive Therapy in Cambodia Addressing Poverty and Creating Policy

Desiree M. Seponski, Denise Lewis

Intergenerational Transmission of Trauma: An Autoethnography

Andrea Farnham, James Muruthi

“Fortalecerse” or “Strengthening Ourselves:” A Program for Spanish-Speaking Families Adjusting to Immigration

Laura Diaz Alarcon, Peter Fraenkel

2. Speaking to the Invisible: Gender Stereotypes in Multicultural Clinical Settings

Moderator: **Jane Ariel**

Women Challenging Power in Heterosexual Couple Therapy

Sarah K. Samman, Melissa Wells, Carmen Knudson-Martin

Postmodernism and Construction of Clinical Practices for Female Asian MFTs

Hao-Min Chen, Liang-Ying Chou, Hye-Sun Ro, Karen Quek

3. Addressing Power and Privilege in Training and Family Therapy

Moderator: **Jackie Hudak**

Health and Wellbeing Beyond Therapeutic Encounter

Monique Walker, Christiana I. Awosan, Yajaira S. Curiel, Racine Henry, Candice P. Cooper, Ana Hernandez

Addressing Issues of Power and Privilege through Self of the Therapist Supervision

Michael E. Sude

Encouraging Students to Engage with their “Other”

Jennifer Lambert-Shute, Jessica Moger, Lauren Cloud

4. Strength-based Interventions with Youth

Moderator: **Larry Levner**

Oppositional Defiant Disorder, Social Trauma, and Justice Injury: A Family Therapy Intervention

James Keim

Addressing the Biopsychosocial and Spiritual Needs of Parentally Bereaved Children and Adolescents in Systemic Family Therapy

Alexandra E. Schmidt

5. Youth in Foster Care

Moderator: **Robert Carroll**

Relational Protective Factors for Youth Aging Out of Foster Care

Heather Farineau, Armeda Wojciak, Morgan Cooley

Resilience and Wellbeing of LGBTQ Foster Care Youth

Norma Scarborough, Randi S. Cowdery, Naveen Jonathan

6. Complexity and Challenges: Chronic Illness in Healthcare Settings

Moderator: **Daniel Kusnir**

Challenging Cases: Mental Illness

Arlene Lev

Empowering Female Patients in Multidisciplinary Healthcare Settings

Aimee Galick, Beth D'Arrigo Patrick

FEEDBACK SESSION

5:00 – 6:00 PM

We invite all attendees to join us for the Feedback Session, where you are welcome to share about your experience at this AFTA Meeting.

AWARDS DINNER BANQUET & DANCING

6:30 PM – 12:00 Midnight

Join us for an evening of celebrating the AFTA 2014 Awardees, which includes a sit-down dinner banquet. Then join us on the dance floor! One event ticket is included with every full registration. Please RSVP by checking the box on the registration form. Also sign up for any additional tickets on the registration form.

AFTA Congratulates the 2014 Awardees:



Innovative Contribution to
Family Therapy
Marsha Mirkin



Distinguished Contribution to
Social Justice
thandiwe Dee Watts-Jones



Lifetime Achievement
Jay Lebow



Distinguished
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Family Systems Research
Ivan Eisler



Early Career
Andraé Brown



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American Family Therapy
Academy
Jane Ariel



Distinguished Contribution to
Family Therapy Theory & Practice
Wai-Yung Lee

Important Information

CONTINUING EDUCATION CREDIT

In order for your presentation to qualify for Continuing Education Credit, **the following criteria must be complete:**

1. Submit your CV to afta@afta.org (Moderators excluded.)
2. Complete the questionnaire at
<http://www.gotomylist.com/cmeDisclosure/EM2/index.cfm?id=992>
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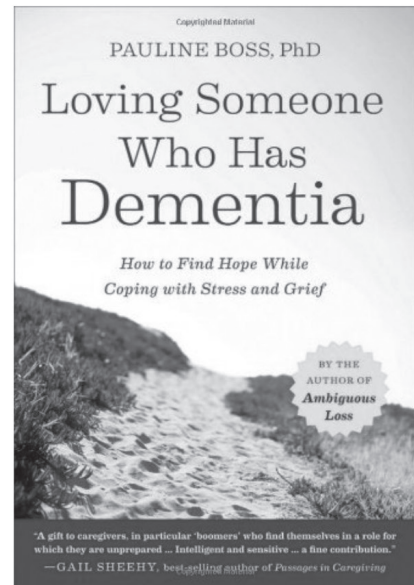
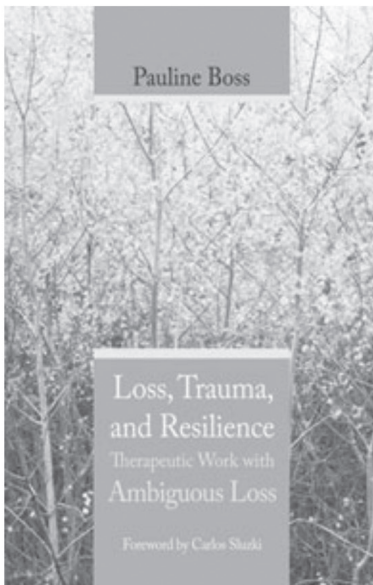
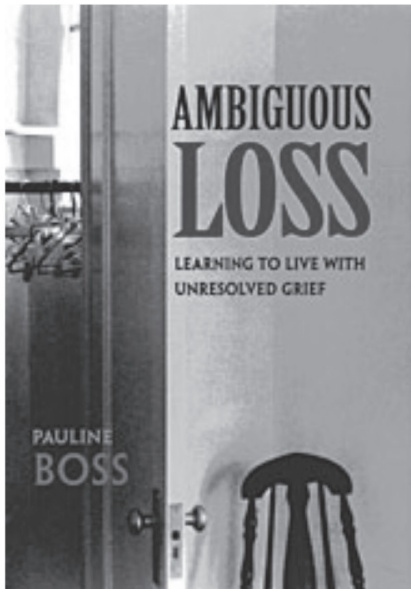
Letters of Attendance are available to meeting participants upon request (cost: \$20.00 U.S. Funds). Please contact the AFTA Office if you would like to purchase one (afta@afta.org).

CANCELLATION POLICY

Before or on April 30, 2014, there is a \$50 processing fee for cancellations. After April 30, 2014 there is a 50% cancellation fee on all registrations.

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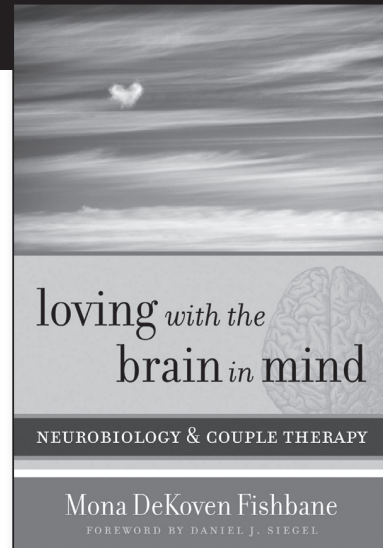


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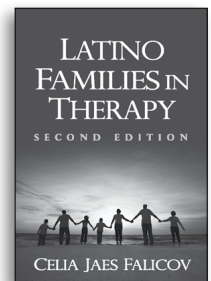
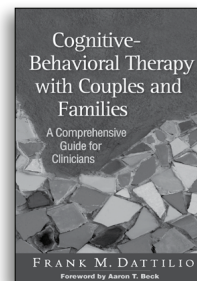
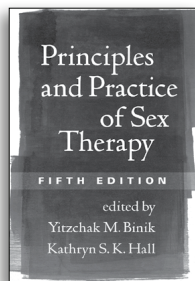
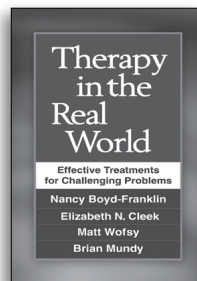
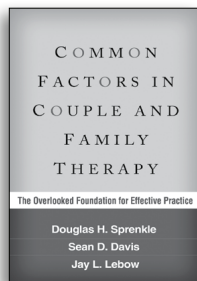
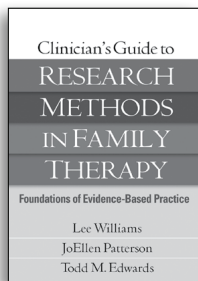
CONGRATULATIONS, ANDREA!
on your new book,
Sally E Miller & Carolyn Moynihan-Bradt
AFTA Charter Members



(YOUR MINDFUL COMPASS by Andrea Moloney Schara) is an unusually good book: intelligent, informed, and engaging. Andrea's understanding of Bowen's theory, and, even more importantly, of the phenomena Bowen described, is unerring. The challenge of understanding just how vulnerable we all are, though to different degrees, as to being regulated by the environment, is stunning, and Andrea backs this up by looking at many different areas of social research from Stanley Milgram on. She has also broadened the focus on the family as a system, to the consideration of the work of other systems observers like E.O. Wilson and Deborah Gordon. There is an interesting mix of her personal story and the stories from the leaders who were interviewed. They are not Bowen trained people but can see and understand much about how relationship systems work just from living life. This is a first-rate book. It includes so much of what is important to say about Bowen theory and practice, that hasn't been said, including the use of the triangle toward increasing differentiation of self. It is a relief to me to have it stated so well in written form now. ___Laure Laxsiter, PhD

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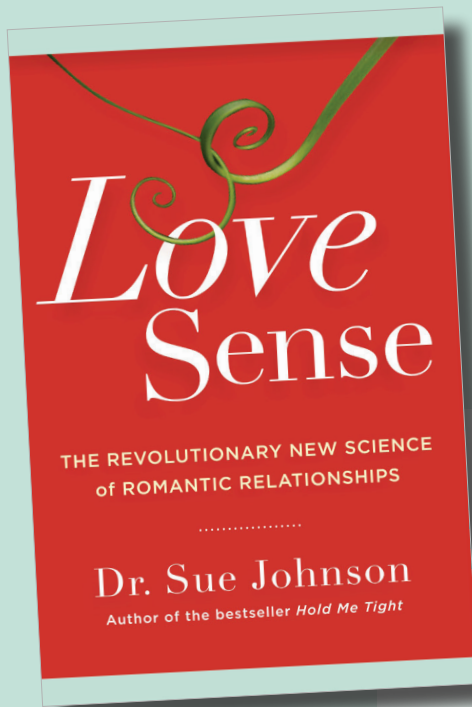
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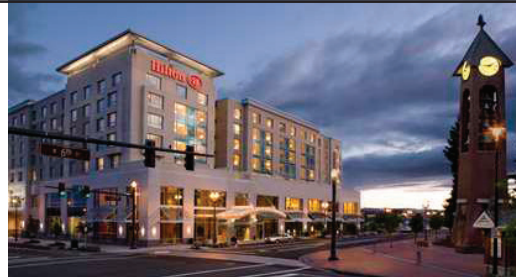
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