

*SEX, GENDER, AND CYBERSPACE:
EXPANDING THE VISION OF FAMILY THERAPY*



American Family Therapy Academy
33rd Annual Meeting
June 22-25, 2011
Baltimore, Maryland

We honor the memory of Dr. Murray Bowen,
whose groundbreaking ideas provided the foundation for our
acclaimed *Advanced Leadership Course*, now in its 15th year:

- Using family knowledge to deepen leadership thinking
 - Promoting emotional maturity in self and others
 - Defining a self in leadership
 - Coaching and mentoring high-potential staff
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American Family Therapy Academy

SEX, GENDER, AND CYBERSPACE: EXPANDING THE VISION OF FAMILY THERAPY

2011 ANNUAL MEETING

Dear Colleagues:

A warm heartfelt welcome to all! The American Family Therapy Academy is meeting in Baltimore, Maryland, at the Sheraton Inner Harbor Hotel from June 22 -25, 2011, a gathering of scholars, clinicians, educators, policy makers, researchers, and social scientists committed to systems thinking and social justice. Some of you are joining us for the first time; others have been long-time members, who have built a community where we can study and learn together in the company of friends and colleagues.

Our overall goal is to examine emerging ideas in systemic theory, focusing specifically on gender identity, sexuality, sex therapies, and the exponential expanse of technology in our daily lives. Our intention is to create a collegial environment in which these issues will be explored openly, framing them where possible as wonderful opportunities for dialogue, growth, and family wellness.

Our plenary speakers will explore the ways that sexual orientation and gender identity affect families, including questions about transgender identity, sexuality, and the shifting roles for parents in rearing this new generation of youth. The impact of social media has created unprecedented opportunities for global communication, political organizing and the development of social communities created by and for previously marginalized people. The twenty-first century families seeking clinical assistance are different from families in the past in substantive ways and our theoretical models and clinical interventions must keep up with these changes. This is the vision for our Annual Meeting, and we hope you will all join us in an open-hearted exploration as we expand our systemic thinking.

AFTA looks forward while celebrating its roots and seminal thinkers. On Thursday afternoon, we are honoring the 20th anniversary of Murray Bowen's death, who was not only a founder but also the first president of AFTA. "Pearls of Wisdom," a recent ECM and Student Initiative, will feature Ann Hartman, Harry Aponte, and Don-David Lusterman on this year's panel and will be held Friday morning so all can attend. Finally, please join us for our Special Event – a paddle boat ride of the Inner Harbor on the Black-Eyed Susan, with spoken poet, Ivan Coyote.

Lastly, we want to publicly thank the amazing Program Committee and AFTA's Executive Assistant Elishia Webster for working collaboratively, taking initiative, and mostly for incredible follow-through on all their endless tasks. AFTA is entering a new era under John Sargent's leadership, most visible in the addition of our first Executive Director, Mark Epstein. We are excited to be a part of this growth.

Ari Lev, Program Chair, 2011

A. John Sargent, President

AFTA Board

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AFTA 2011 Program Committee

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A Guide to the Meeting Events

Plenary Sessions consist of invited presentations that feature the themes of the Annual Meeting and represent salient current and/or controversial issues in the field.

Brief Presentations gather several speakers (generally two or three) to give mini-presentations on their clinical work or research activity. Presentations are broadly grouped by a common theme and are facilitated by a moderator.

Interest Groups provide an ongoing opportunity for members to discuss new developments in their particular area of focus. Each interest group welcomes new members in order to enrich and enliven the discussion.

Institutes have been offered since the early 1990s in order to provide a setting for men and women to meet separately and discuss issues particular to their gender within AFTA and in their profession. This year, there will be a joint Gender Institute, open to all AFTA members, as an opportunity for sharing our narratives about gender's influence in our lives and deepening our relationships to each other. The Men's Institute will be held during lunchtime on Saturday to maintain the continuity of men's connections in that forum.

Forums provide an opportunity to discuss significant issues related to social policy, cultural and economic diversity, social justice, and larger systems. The specific forums may vary from year to year. Each forum has a particular topic area on which a brief presentation is given, followed by ample time devoted to discussion by forum participants.

Networking Conversations have been developed for mutual support and to assist people who are often marginalized to connect with one another and to discuss issues of common interest.

The **Poster Session** features researchers and other individuals using poster illustrations to present their work in an informal setting conducive to in-depth discussion. Types of posters will include research on larger systems and training.

Book Signing is a time to meet AFTA authors. Plan to come to the book signing event on Friday afternoon. It will occur at the same time and place as the poster session. Come to peruse the posters and publications and to celebrate the work of members.

New Member and Student Breakfast is a meeting where new members are introduced and will have an opportunity to meet Board Members and Committee Chairs. Early Career Members and Students are also encouraged to attend. Please let us know if you are planning to come by signing up on the Meeting Registration Form.

Centering Practices are an early morning gathering for meditation, yoga, and/or stretching that will help us to begin the day with energy, equanimity, and connectedness. Come breathe, stretch, and flow with your AFTA colleagues!

Welcome to New Members. The Next Generation Initiative Task Force wishes to welcome guests and new members to AFTA's Annual Meeting by inviting you to join us for a half-hour meeting at the beginning of the Annual Meeting. There will be an opportunity for participants to connect personally and to meet other new people. Our intention is to support everyone's participating fully in the meeting and in AFTA.

Proposed AFTA Social Media Guidelines:

A Proposal to Create Sustainable and Respectful Social Spaces at AFTA Events

To ensure the sustainability of the safe and respectful environment that is a hallmark of AFTA meetings, we ask participants to preserve the confidentiality of the clinical and personal material that is presented. While participants are encouraged to talk about their own experience attending AFTA events, we would ask that you:

- Freely tell others about AFTA events and your experience at them, but preserve the confidentiality of any clinical or personal sharing taking place during sessions, whether you are communicating with others electronically or in person.
- Use electronic media (like Twitter, texting, blogs, and other social media) to help AFTA build a socially just community by appropriately sharing with others your impressions of AFTA events.
- Avoid disrupting speakers, or other participants and audience members with any form of electronic communication that is distracting.

Pre-Meeting Workshops

Wednesday, June 22, 2011

Co-sponsored by Mid-Atlantic American Association for Marriage and Family Therapy

12:00 PM Registration Opens

1:00 – 5:00 PM **Integrating Sex and Couple Therapy: A Clinical Exploration**

Speaker: **Tammy Nelson**

1:00 – 5:00 PM **The Emergence of New Family Forms: Research on LGBTQ Families and Implications for Practice**

Speaker: **Abbie Goldberg**

Special note: For those who are registered for the Pre-Meeting Workshop (and not the Annual Meeting) you are welcome to join us on Wednesday evening for the Opening Plenary Session and the Reception for \$30.

1:00 – 5:00 PM

Integrating Sex and Couple Therapy: A Clinical Exploration



Presenter: **Tammy Nelson**

This workshop will assist psychotherapists and marriage and family therapists in integrating sexuality counseling into their work with couples of all sexual orientations, utilizing a systemic framework. A couple’s sex life throughout the lifespan of a relationship can include a wide range of positive integration, as well as physical and emotional dysfunction. Many times working on the sex life of a couple can mean a dramatic change in the rest of their lives. Many therapists have little or no training in working with couples to improve their sex life, increase passion in long-term relationships or assist couples in recovering from infidelity or sexual compulsion. Issues around sex addiction, Internet and pornography use, affairs and infidelity, and open marriage will be addressed. This workshop will include direct interventions for couples of all sexual orientations to facilitate erotic recovery and a deeper, more rewarding intimacy and connection.

Tammy Nelson, Ph.D. is a Board Certified Sexologist, an AASECT certified Sex Therapist, a Diplomate of the American Board of Sexology, a Licensed Professional Counselor, a Certified Imago Therapist, an Advanced Clinician in Imago Relationship therapy, an Imago workshop presenter, a Licensed Alcohol and Drug Counselor and a Registered Art Therapist. She is the author of several books including, “Getting the Sex You Want; Shed Your Inhibitions and Reach New Heights of Passion Together” as well as “What’s Eating You? A Workbook for Anorexia and Bulimia.” She has been a featured expert in Glamour Magazine, Cosmopolitan, Men’s Health and a source in Time Magazine. She has written for Psychotherapy Networker and other trade journals as well as several other major websites. Dr. Nelson gives workshops and seminars and trains therapists around the world on issues relating to sex and relationships.

Pre-Meeting Workshops

Wednesday, June 22, 2011

1:00 – 5:00 PM

The Emergence of New Family Forms: Research on LGBT Families and Implications for Practice

Presenter: **Abbie Goldberg**



LGBTQ-parent families are incredibly diverse with respect to family formation (e.g., whether they were formed via alternative insemination, adoption, surrogacy, or after heterosexual divorce), race, class, and other dimensions. This workshop will draw from empirical research to address both the practical and symbolic challenges faced by LGBTQ-parent families, with special attention to issues such as: decision-making regarding the use of known versus unknown donors; the unique challenges of adoptive parent families (e.g., as a function of racial/ethnic diversity, and unequal legal relationships within the family); challenges encountered by same-sex couples who separate in the absence of a legal “divorce”; and the unique concerns of individuals who identify as “second-gen” (i.e., LGBTQ young adults with LGBTQ parents). The objectives of this workshop are: 1) to understand the nuances of research findings on LGBTQ-parent families; 2) to apply these research findings to practice with and treatment of LGBTQ-parent families; and 3) to learn about practical resources that may inform your work with LGBTQ-parent families.

Abbie E. Goldberg, Ph.D., received her doctorate in clinical psychology from the University of Massachusetts Amherst and completed her predoctoral internship at Yale Medical School. She is currently an assistant professor of psychology at Clark University, where she has been since 2005. She is the author of over 30 peer-reviewed journal articles as well as the book, *Lesbian and Gay Parents and Their Children: Research on the Family Life Cycle*, which in 2010 received the Distinguished Book Award from Division 44 of the American Psychological Association. She has received grant funds from a variety of sources, including the National Institutes of Health, the American Psychological Foundation, the Williams Institute, and the Gay and Lesbian Medical Association. Dr. Goldberg has also served as a consultant to many organizations, including the Human Rights Campaign and COLAGE: People with a Lesbian, Gay, Bisexual, Transgender or Queer Parent.

AFTA's 33rd Annual Meeting

SEX, GENDER, AND CYBERSPACE: EXPANDING THE VISION OF FAMILY THERAPY

Wednesday, June 22

Welcome

Plenary I

7:00 – 8:30 PM

Welcoming Remarks: **John Sargent, President**
 Arlene Lev, 2011 Program Chair

Hot, Heavy and Healthy: Lessons About Sexuality from the Margins

Presenters: **Anne Bernstein & Lisa Bowleg**

Discussant: **Rhea Almeida**

PRIDE AND JOY

A play by Paul Rudnick

Presented by: **Anne Bernstein**

PRIDE AND JOY is one of four short plays about sexual diversity that make up *The New Century*. The New York Times wrote of the 2008 production at Lincoln Center: "Building on time-honored traditions within gay and Jewish humor, Mr. Rudnick turns stereotypes into bullet-deflecting armor and jokes into an inexhaustible supply of ammunition... Frivolity for his characters is a solid existential choice in a threatening universe." *PRIDE AND JOY* was originally produced at the Tribeca Theater Festival in Association with the Drama Department and is presented by special arrangement with Dramatists Play Service, Inc., New York.



Anne Bernstein, Ph.D., is in private practice as a family psychologist and mediator. A professor at the Wright Institute since 1981, she is the associate editor for the website of Family Process and the author of *Flight of the Stork: What Children Think (and When) about Sex and Family Building*, and *Yours, Mine, and Ours: How Families Change when Remarried Parents Have a Child Together*, as well as articles and chapters in books and professional journals. An AFTA charter member—and former Vice President, Treasurer and Board Member, Dr. Bernstein is on the Expert Council of the National Stepfamily Resource Center, an Advanced Practitioner Mediator with the Association for Conflict Resolution, and a Fellow in Family Psychology and in Media Psychology of the American Psychological Association. At the turn of the millenium, she picked up where she left off before entering the Ph.D. program in psychology at the University of California-Berkeley, and resumed working as an actor (under another name). She has not given up her “day job.”



Lisa Bowleg – Sexual Healing: Flipping the Script on Sexuality, Identity, and Risk Through the Prism of Black LGBTQ’s Lives

Somewhere, on the edge of consciousness, there is what I call a mythical norm, which each one of us within our hearts knows “that is not me.” In America, this norm is usually defined as white, thin, male, young, heterosexual, Christian, and financially secure. It is with this mythical norm that the trappings of power reside within this society. —Audre Lorde

In a radical departure from perceiving sexuality through the prism of what Black lesbian feminist poet Audre Lorde called the “mythic norm,” the goal of this presentation is to place non-mythic sexuality, namely that of ethnic minority lesbian, gay, bisexual, and transgender (LGBTQ) people at the center rather than the periphery of inquiry. Informed by theory and research conducted with Black LGBTQ people and framing minority sexuality within a positive psychology framework, the goals of this presentation are to examine the intersectionality of social identities such as race, gender, socioeconomic status, and sexual identity, and discuss the implications on sexuality for couple and family therapy.

Lisa Bowleg is an Associate Professor in the Department of Community Health and Prevention at the School of Public Health of Drexel University in Philadelphia, PA. Her research, publications, and presentation focus on: (1) intersectionality, stress and resilience in the lives of Black, lesbian, gay bisexual and transgendered people; and (2) the effects of structural factors (e.g., racism, poverty, incarceration, unemployment), gender roles, and sexual scripts on HIV risk among Black heterosexual women and men.

She is currently the Principal Investigator of a National Institutes of Health-funded R01 focused on how structural factors, masculinity ideologies, and sexual scripts increase and reduce HIV risk in Black heterosexual men. Her most recent award is the 2008 Red Ribbon Award for Research from the Community Advisory Board of the Center for AIDS Research at the University of Pennsylvania. She is a member of the Behavioral and Social Consequences of HIV/AIDS Study Section of the National Institutes of Health, and a member of the American Public Health Association, the American Psychological Association, and a former Chair of the APA’s Committee on Psychology and AIDS.



Rhea V. Almeida, MS, Ph.D., founder of IFS, is a family therapist, trainer and educator. Creator of the Cultural Context Model, a Liberation Based Healing Perspective, Dr. Almeida is the author of numerous journal articles and three books: *Expansions of Feminist Theory Through Diversity*, *Transformations in Gender and Race: Family and Developmental Perspectives* and co-author of *Transformative Family Therapy: Just Families in a Just Society*. She serves on the boards of numerous peer review journals and is acknowledged internationally and nationally for her work on Intersectionality -in therapeutic and policy practices. Her current work focuses on subjugating the standpoint of cultural competency.

In 2005 she received the American Family Therapy Academy Distinguished Award for Innovative Contributions to Family Therapy. For her cutting edge work in Liberation Based Healing, Dr. Almeida has been invited to expand scholarship in Ecuador, Jamaica, India, Sweden, South Africa, and the United States. She has provided consultation and training to educational institutions, human service agencies and businesses. She has been featured in the Los Angeles Times, CNBC, National Public Radio, USA Today, and Pure Oxygen.

Dr. Almeida is the first appointee as a practitioner to the Council on Social Work Education (CSWE) Council on Racial, Ethnic and Cultural Diversity (CRECD).

Thursday, June 23

Plenary II

8:45 – 11:00 AM

Sex and Gender in the Consulting Room



Moderator: **Rebecca Harvey**

Rebecca Harvey is a Professor of Marriage and Family Therapy and Program Director at Seton Hill University near Pittsburgh, PA. She was a founding group leader in what has become the Q Center at AIDS Community Resource in Syracuse, New York, where she won numerous awards for her advocacy on behalf of LGBTQ youth and their families. In 2005 she co-authored *Nurturing Queer Youth: Family Therapy Transformed*. Rebecca Harvey maintains a private practice specializing in sexuality and is an AAMFT Clinical Member and Approved Supervisor. She is especially proud of her newest identity, being an out mom.

Presenters: **Elijah Nealy, Ken Corbett & Nancy Gambescia**



Elijah Nealy – The Man in the Mirror: Reflections on Authenticity and Visibility in the Clinical Relationship

Five years ago, Eli Nealy began sharing his intention to gender transition with his clients. What followed was sometimes humorous, sometimes serious, for both clinician and clients. In this presentation, Eli Nealy examines the range of the transference and counter-transference issues that emerged. In virtually all cases, the conversation regarding sex/gender/gender identity and expression was engaged on new levels. Through the lens of these experiences, Eli will also reflect on the power of authenticity and visibility in the clinical relationship and what these qualities of radical presence demand from us as family therapists.

Rev. **Elijah C. Nealy**, M.Div., LCSW, is an out transgender man with over 25 years experience as a clinician, trainer and consultant around LGBT concerns in both pastoral and social service settings. He is the former director of adolescent & adult mental health services at the LGBT Community Center in NYC, and also served as the Center’s Deputy Executive Director. Rev. Nealy currently teaches adjunct at Columbia University School of Social Work and at the Institute for Contemporary Psychotherapy. In his private practice, he specializes in gender identity concerns with youth, adults, and families, as well as seeing individuals and couples around a wide range of other life issues. Rev. Nealy is the proud father of two amazing young adults and one feisty six-year old.



Ken Corbett – Boyhood as Transformative Nexus

Boyhoods are found and made within a variety of families, parent-child relations, and within a host of registers. As a result, a social, symbolic, psychological, and biological nexus of “boy” is formed. This transformative nexus sometimes holds the promise of variety. But, more often boys are caught in a web of anxious normative regulation. Seeking to understand what might be made, found, lost, and buried in these transformations, Dr. Corbett will consider the lives of boys who wish to be girls.

Ken Corbett is a Clinical Assistant Professor at the New York University Postdoctoral Program in Psychotherapy and Psychoanalysis, Dr. Corbett will be speaking of a new psychology of masculinity, based in feminist and queer theories, that examines male development and the interrelationship between the body, the family, and the culture. Dr. Corbett examines the roles that parental and cultural anxiety play in development, and argues for a more nuanced approach to cross-gendered fantasy and experience. One that does not mistake social consensus for well-being.



**Nancy Gambescia – Bridging the Gap between Couple and Sex Therapy:
The Intersystem Approach**

Many couples' therapists refer to a "specialist" for the treatment of sexual issues. While sexual material can be confusing, incongruous, paradoxical, and weird, it is the responsibility of the therapist to create a safe environment for the discussion of all aspects of sex, gender, and intimacy, regardless of complexity. Fragmenting treatment inadvertently promotes pessimism in many of our clients. The Intersystem Approach is a comprehensive, integrative paradigm encompassing all facets of the psychotherapy experience including bio-psycho, social-cultural, individual-relational, and environmental perspectives.

As the science of sexuality evolves, we are learning more about gender differences in the sexual response and fluidity regarding sexual thoughts, feelings and behaviors. This presentation challenges the therapist to examine hypotheses about sexuality, variance, gender, normalcy, pathology, and other presuppositions influencing treatment.

Nancy Gambescia, Ph.D., R.N., maintains a private practice specializing in individuals, family relationships, and sex therapy. She teaches and supervises psychotherapists in the treatment of relational and sexual issues. Dr. Gambescia is a clinical associate of Psychiatry at the University of Pennsylvania School Of Medicine and the director of the post-graduate clinical program in Sex Therapy at Council for Relationships, Philadelphia, PA.

Dr. Gambescia is an approved supervisor and clinical member of the American Association of Marriage and Family Therapy, Society for Sex Therapy and Research, and a certified sexologist and diplomate of the American Board of Sexology. Dr. Gambescia has coauthored four books: *Erectile Dysfunction*, *Hypoactive Sexual Desire*, *Treating Infidelity*, and *Systemic Sex Therapy* and several journal articles and chapters in textbooks which focus on relationship and sexual issues. She completed her clinical training at the Council for Relationships and her doctorate at the University of Pennsylvania.

Friday, June 24
 Plenary III
 1:15 – 3:15 PM

Virtual Worlds: Technology and Family Life

Moderator: **Peter Fraenkel**



Peter Fraenkel, Ph.D., is Associate Professor of Clinical Psychology, The City College of the City University of New York; and Director, Ackerman Institute’s Center for Time, Work, and the Family, which includes empirically-supported, community-based programs for families facing the challenges of homelessness, domestic violence, and immigration. Dr. Fraenkel is the author of *Sync Your Relationship, Save Your Marriage: Four Steps to Getting Back on Track*, co-author of publications on work and family, collaborative community-based family programs, integrative approaches to systemic therapy, and child sexual abuse. Along with Marcia Sheinberg and Fiona True, he received the 2004 American Family Therapy Academy’s Award for Distinguished Contribution to Family Therapy Theory and Practice for their work on family-based treatment of incest. He is a former member of the Board of Directors and is an Advisory Editor for the journal *Family Process*, a Contributing Editor for the *The Psychotherapy Networker*, and past Vice President of AFTA.

Presenters: **Thomas Blume, Gonzalo Bacigalupe & Eve Shapiro**



Thomas Blume – Toto, I think We Are Not in the 20th Century Anymore
 Technology has moved into family life at an incredible pace—we are working with Cyborg families, part human and part electronic. Client talk is augmented with text messages, voicemail and video clips, e-books, iPads, Playstations and Facebook pages. The Silicon Brick Road will take participants on a tour of an exotic world of social networking, screenshots, and avatars, where digital natives speak a new language in which many therapists are not literate. We will visit Facebook, Twitter, YouTube, and Second Life. In the process, we will explore ways in which these technologies are changing relationships for couple partners, parents and children, grandparents and grandchildren. We will identify strategies for making technology a partner in our work.

Thomas W. Blume, Ph.D., moved into the family therapy field from the nursery school classroom, where he discovered that parents generally had more power than 4-year-olds. Over the years his clinical practice has focused on adult couples and families with adolescents, with a special interest in families who are somewhere on the union dissolution/recoupling/family reconfiguration spectrum. Technology is a long-term interest; he was the kid who threaded the teacher’s film strip projector in 1955, and he has found that 21st Century blended families are redefining the meaning of “We have communication problems.” Formerly the Director of the Addiction Studies Institute at the University of Detroit Mercy, he is Associate Professor of Counseling and Coordinator of the Couple and Family Specialization at Oakland University in Michigan, and author of *Becoming a Family Counselor: A Bridge to Family Theory and Practice*. He is Chair of the Family Therapy Section for the National Council on Family Relations for 2010-2012.



Gonzalo Bacigalupe – Virtualizing Intimacy: Emerging Media and Family Connections

Information communication technologies, an omnipresent dimension of family life, have been welcome and despised in the clinical, research, and traditional media. Our ambivalent relationship with emerging technology is not new but social technologies challenge long-standing assumptions about interpersonal communication, identity, intimacy, and the therapist's role. Through a critical review of the literature, a review

of my recent research interviewing teenagers and family clinicians, clinical, and consultation vignettes, this presentation explores the adoption of technology by families, as well as the untapped opportunities for furthering our clinical work.

Gonzalo Bacigalupe, EdD, MPH, is Ikerbasque Research Professor with the Basque Foundation for Science, with University of Deusto Bilbao; Associate Professor, Family Therapy Program, Department of Counseling & School Psychology, College of Education and Human Development, University of Massachusetts Boston and was Senior Fulbright Research Fellow in 2006 at the Autonomic University of Barcelona. His research focuses on the impact of social technologies, family health and e-health and, interpersonal violence. He is collaborating in a longitudinal study of adolescent depression in the Basque Country. Dr. Bacigalupe is Associate Editor and Photography Editor of the *Family Systems & Health* and member of several editorial boards including the *Journal of Marital & Family Therapy* and *Qualitative Research in Psychology*. He serves as elected Councilor of the American Public Health Association International Section, Vice-President for Public Interest & Diversity of the Society for Family Psychology, and advisor to the APA Presidential Task Force on Immigration.



Eve Shapiro – Gendered Bodies in a Technological Age

Gendered bodies are shaped and reshaped by contemporary information and biomedical technologies. While contemporary cultural debates center on whether technologies are moving us closer toward utopian or dystopian lives, the lived experiences of individuals and families point to complex and contradictory processes. Making sense of technology and embodiment by theorizing technology and gender together, however, highlights the historical and context-specific processes at play. In

this talk I will examine how new information technologies are being used by individuals and families to engage in identity-based advocacy and narrative identity processes. I also explore the opportunities and constraints offered by new technologies for individuals, families, and communities. Toward this end I will draw on several case studies of collective advocacy and identity development (transgender organizing and debates about the DSM) as well as individual and family identity formation (transgender identity and embodiment work online).

Eve Shapiro, Ph.D., is assistant professor of sociology at Westfield State University. She received her Ph.D. in Sociology from the University of California, Santa Barbara and has published in a number of journals including *Gender & Society*, *Sexualities*, and the *Journal of Gay and Lesbian Social Services*. Her recent book, *Gender Circuits: Bodies and Identities in a Technological Age* examines whether and how new technologies are changing the gendered lives of cisgender and transgender individuals. Extending this, Dr. Shapiro's current research examines the myriad ways information technologies can be agentially used to reshape individual and community lives, particularly around gender and sexuality. In addition, Dr. Shapiro is a frequent participant and facilitator for LGBTQ social justice and campus/workplace climate trainings at college and community events.

Saturday, June 25
 Plenary IV
 8:45 – 11:00 AM

Sex and Gender: From the Edge to the Center



Moderator: **Joan Laird**

Joan Laird is Professor Emerita from the Smith College School for Social Work, where she chaired the human behavior sequence, edited the Smith Studies, and taught family theory and therapy, sociocultural concepts, and electives on ritual, sex, gender, and LGBTQ themes. She co-founded Ann Arbor Center for the Family, a practice, training, and education center, and has written or edited 5 books and over 60 articles.

Presenters: **Caitlin Ryan & Richard Sprott**

Discussant: **David Wohlsifer**



Caitlin Ryan – Critical Role of Families in Reducing Risk & Promoting Well-being for their LGBT Children

This session will discuss findings, approaches, and resources for increasing family and caregiver support for LGBT youth and young adults based on research from the Family Acceptance Project (FAP) – the first research, intervention, education and policy initiative to help ethnically and religiously diverse families decrease rejection and increase support for their LGBT children. FAP research shows that family acceptance promotes well-being and protects against risk, while

family rejection predicts serious health and mental health problems for LGBT young people, including depression, illegal drug use, suicidal ideation and attempts, HIV risk and ejection from the home. FAP is developing an evidence-based family model of wellness, prevention and care to promote healthy futures for LGBT youth.

Caitlin Ryan, Ph.D., ACSW, is a clinical social worker who has worked on LGBTQ health and mental health issues since the 1970s. Her work has been recognized by many groups, including the National Association of Social Workers which named her “Social Worker of the Year” for her early contributions to the AIDS epidemic; UCSF’s Lesbian Health & Research Center which named her “Researcher of the Year” for pioneering work in lesbian health research; and the American Psychological Association, Division 44 which gave her the Distinguished Scientific Contribution Award for critical research on LGBT youth and families. In 2002, she started the Family Acceptance Project, a research, intervention, education and policy initiative to help ethnically and religiously diverse families decrease rejection and increase support for their LGBT children to reduce serious health risks and to promote their well-being.



Richard Sprott – Listening to the Alternative Sex Margins: Experiences of Stigma and Healing in Therapy with BDSM and Polyamorous Couples and Families

Approximately 10-15% of people express alternative forms of sexuality and consensual non-monogamy, across all sexual orientations, with a smaller number of people building identities and family structures around these alternative sexualities and relationship orientations. A few studies suggest that approximately

40-50% of these people never disclose to a therapist or counselor the nature of their relationships, if they seek out mental health services. Using community-based participatory research models, we are beginning to see the outlines of what might constitute “cultural competency” in working with people who are polyamorous and/or kinky in their sexual expressions. This presentation will outline the challenges and the lessons learned which have the greatest impact on how therapists work with alternative sex clients, and what lessons might be applied to therapy for all.

Richard Sprott, Ph.D., received his doctorate in Developmental Psychology from UC Berkeley in 1994. He currently is Executive Director of CARAS – Community-Academic Consortium for Research on Alternative Sexualities. CARAS is dedicated to the support and promotion of excellence in the study of alternative sexualities, and the dissemination of research results to members of alternative sexuality and research communities and to the general public. Being a community-based research organization, the focus of CARAS depends on partnerships and the involvement of different alt-sex communities, with an emphasis on alt-sex communities that are currently ignored or understudied, such as BDSM and polyamory.



David Wohlsifer, Ph.D., LCSW, is a partner with Bala Psychological Resources in Bala Cynwyd, PA. Dr. Wohlsifer is on the faculties of Bryn Mawr College, Graduate School of Social Work, and the University of Pennsylvania’s School of Medicine, Psychiatric Residency. His areas of expertise include individual, couple, and family therapy. Prior to being in private practice he was the Co-Director of the Center for Sexual Abuse Survivors, at the Center for Cognitive Therapy of the University of Pennsylvania. He has co-authored several book chapters on sexual issues and is an associate editor for the journal *Family Process*. He received his MSW from the University of Pennsylvania & has a Ph.D. in Human Sexuality.



Robert-Jay Green, PhD, Executive Director

- ❖ **Certificate Program in LGBT Mental Health**
- ❖ **Research on LGBT Couples & Families**
- ❖ **Informing LGBT Public Policy**
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Wednesday, June 22
Schedule of Events and Sessions

NETWORK CONVERSATIONS

5:00 – 6:45 PM

People of Color Network

Facilitators: **Gloria Lopez-Henriquez & Deidre Ashton**

5:00 – 6:45 PM

The People of Color Network is a place for inspiration, connection, support and dialogue for people of color, as well as a sounding board and catalyst moving forward issues of societal justice and change within AFTA. Members have rich ideas and talents and can share and receive support for how issues of multiculturalism, race and inequality are addressed in our various work environments. A primary goal is to facilitate continuity of networking throughout the year. We invite your input in shaping the upcoming People of Color Network meeting. Send your ideas, interests and suggestions to peopleofcolor_ntw@yahoo.com.

Conversation on White Privilege & Accountability

Facilitators: **Jane Ariel, David Trimble & Sarah Stearns**

5:00 – 6:45 PM

This ongoing conversation provides a setting for AFTA members to explore their responsibility for White racial privilege, as it operates in the world and in the AFTA organization. We cooperate to sustain a supportive, nonjudgmental environment for honest exploration of difficult experiences. We invite people with all levels of experience in dealing with race. We are committed to the principle that each of us can learn something new from every other participant.

WELCOME TO NEW MEMBERS

6:00 – 6:30 PM

The Next Generation Initiative Task Force wishes to welcome guests and new members to the AFTA Annual Meeting by inviting you to join us for a half-hour meeting at the beginning of the Annual Meeting. There will be an opportunity for participants to connect personally and to meet other new people. Our intention is to support everyone's full participation in the meeting and in AFTA.

WELCOME

PLENARY I

7:00 – 8:30 PM

Welcoming Remarks: **John Sargent, President**
 Ari Lev, 2011 Program Chair

PRIDE AND JOY

A play by Paul Rudnick

Plenary I: Hot, Heavy and Healthy: Lessons About Sexuality from the Margins

Presenters: **Anne Bernstein & Lisa Bowleg**

Discussant: **Rhea Almeida**

RECEPTION

8:30 – 10:30 PM

Thursday, June 23
Schedule of Events and Sessions

NEW MEMBER AND STUDENT BREAKFAST

7:30 – 8:30 AM

Plenary II: Sex and Gender in the Consulting Room

Moderator: **Rebecca Harvey**

Presenters: **Elijah Nealy, Ken Corbett & Nancy Gambescia**

8:45 – 11:00 AM

REFRESHMENT BREAK

11:00 – 11:15 AM

INTEREST GROUPS

Coordinator: **David Wohlsifer**

11:15 AM – 12:45 PM

1. Teaching Undergraduate and Graduate Family Therapy

Chairs: **Marsha Mirkin & Jodie Kliman**

This interest group will continue last year's format of sharing ideas, syllabi, and other methods of helping undergraduates and graduate students conceptualize and practice family therapy and social justice skills. Through discussion of effective and engaging assignments, articles, experiential exercises, internships, and classroom discussion topics, members will develop a broader repertoire of ideas for teaching family therapy at undergraduate and graduate levels.

2. Racial Domination and Privilege

Convener : **Hinda Winawer**

Co-facilitators: **Deidre Ashton, Gloria Lopez-Henriquez & Glenda Mendelsohn**

Authentic dialogue across difference is difficult. The facilitators invite past participants and new registrants to co-construct the interest group meeting in advance to maximize productive exchange in a safe context; the group will be designed by the committee of the whole, guided by our common humanity. The mission of the group is to explore the challenges of collaborative examination of our collective and individual accountability for unintended expressions of racism, in teaching, treatment, and within our AFTA community. Pre-meeting conversation: afta.racdom.intgroup@gmail.com
Those who are not in the pre-meeting conversation are also invited to attend the interest group.

3. Community-Based Family Programs and Consultation

Chairs: **Peter Fraenkel & Paulette Hines**

Home-Based and Larger Systems Interventions: Beyond the Therapy Room

This year the Interest Group will afford participants the opportunity to talk about their work outside the therapy office in two contexts: conducting home-based family therapy, and consulting to organizations/larger systems that are striving to transform themselves into more culturally proficient entities. The group will engage in a dialogue about the challenges of doing this work in the current environment, lessons learned, resources, and issues ripe for evaluation/research. To start us off, **Norma Scarborough** will describe her experiences with home-based therapy, and **Nydia Garcia-Preto** will describe her work consulting to agencies and other larger systems.

4. Evaluating Poststructural Therapies (also called Evaluating Postmodern / Narrative / Constructionist Therapies)

Chairs: **Michael Ungar, Victoria Dickerson & Carmen Knudson-Martin**

Constructing evidence-based research (a structural approach) for poststructuralist therapies presents a daunting dilemma. This is the 3rd year for this interest group. In the 1st meeting the group looked at traditional research vs. out-of-the-box approaches. In the 2nd meeting the group explored the statement: "If you know it when you see it, you can code it." In this meeting, the group will examine the experience of one clinical research team in developing a coding approach for their constructionist model of therapy. The group, headed by **Carmen Knudson-Martin** at Loma Linda University, is doing a task analysis of their SERT model for couple therapy. Analysis focuses on identifying change events where a gendered social discourse is present and then coding sequences of what therapists and clients do that either reinforce the discourse or create something different. Discussion following the video illustrations will focus on challenges in creating such a coding scheme and the postmodern issues involved in using it for outcome research.

5. Murray Bowen: The Man and the Theory

Chairs: **Sally Eisen Miller & Carolyn Moynihan-Bradt**

Clinicians, teachers and researchers of Bowen theory have diverse interests. **Kent Webb**, MSW, has chosen for his clinical research "Understanding Male Homosexuality." From a family systems perspective, Kent examines the homosexual population in his clinical practice from a familial, social, and historical perspective. He looks at the role of anxiety in functionality in the family and in society. The research will be presented and discussed. Dr. Bowen will also be present on DVD.

6. Integrative Couple and Family Therapy

Chairs: **Jay Lebow & Doug Breunlin**

The integrative interest group focuses on efforts to integrate the various approaches, strategies, and techniques in couple and family therapy. This year's group will feature a presentation by **Doug Breunlin** presenting the Meta-frameworks Problem Centered integrative model developed at the Family Institute at Northwestern over the last two decades. Doug's presentation will be followed by an open discussion about integrative methods of practice.

7. Masculinities: Revisiting Men's Issues in the 21st Century

Chairs: **Robert Garfield & David Wohlsifer**

This interest group will focus on ideas, clinical work, and research related to men's issues and their applicability to family therapy. We will discuss clinical issues around engaging men in individual, couples, family and group therapy. Men's issues will be examined from a multicultural perspective taking into account class, culture, race, age, sexual orientation, gender identity, and the intersection these dynamics may have on the lives of men. The importance of male intimacy and friendship related to men's individual health, relationships, and quality of life will also be addressed.

8. Training of Psychiatry Residents

Chairs: **Anne Fishel & John Sargent**

This group is for those teaching family therapy to either adult or child psychiatry residents. We will discuss our experiences in establishing teaching programs in settings where there are competing demands on residents' training time. We will share effective and compelling techniques, as well as sequences of seminars, for teaching family therapy when time is limited, and biological modalities may be dominant. We will also discuss the teaching of family interventions across the many settings where residents work, like inpatient and consultation services. We would also like to pay attention to the ways that teachers have found to inspire residents to continue in their training in family therapy in post-residency years, and how to engage the next generation of family therapists.

9. Pregnancy

Chairs: **Martha Edwards & Daniel Kusnir**

An Often Neglected Area of the Couple's Experience: Pregnancy, Delivery, and the Following Months

You are invited to share experiences, knowledge and understanding on how to help couples to strengthen their relationship and attach to their baby during this critical period. This transition period gives to the couple multiple opportunities for growing, but also can be the source of multiple stresses, including: exhaustion, decreased time together, depression, deterioration of marital satisfaction, and domestic violence. We want to reflect on how to develop private and institutional models. We hope to create a group for year-long exchange and reflection.

FORUM

11:15 AM – 12:45 PM

Human Rights and Family Policy Joint Forum

Facilitators: **Larry Levner & Martha Sullivan**

Presenters: **Ron Daniels & Leonard Dunston**

The devastating magnitude-7 earthquake in Haiti on January 12, 2010 killed 300,000 people, and left millions of families injured, sick and traumatized. Eighteen months later, the Haitian people continue to suffer. One-and-a-half million people are homeless, including thousands of children. The first Black Republic is struggling to rebuild its infrastructure, including health and mental health care and social services for families. AFTA has endorsed the Institute of the Black World for the 21st Century's Declaration of Intent that speaks to preserving families and communities. IBW's Haiti Support Project is working to aid recovery, but also to commit to supporting rebuilding over the long-term. This forum will discuss the relevant social justice and social policy issues in rebuilding Haiti and to the possible role for AFTA in the preservation of Haitian families and communities.

LUNCH

12:45 – 2:00 PM

NETWORK CONVERSATION**LGBTQ Networking**Facilitators: **David Wohlsifer & Deidre Ashton**

12:45 – 2:00 PM

Please join the networking meeting for LGBTQ clinicians. The meeting will provide an opportunity for members to meet, learn about each other's work, and share goals for future AFTA initiatives. This meeting sets the stage for valuable social and professional collaborations throughout the conference and beyond. If you have not registered for a box lunch, please be sure to bring your own.

Attendance is free. Boxed lunches will be available (but not mandatory) for \$30 per participant. Please indicate if you plan on attending when you fill out the registration form, indicating if you would also like a box lunch.

FAMILY PROCESS MEETING

12:45 – 2:00 PM

BRIEF PRESENTATIONSCoordinator: **Deidre Ashton**

2:00 – 3:30 PM

Brief Presentation 1: Body and Soul in Clinical PracticeModerator: **Betty Pristera**

Integrating Spiritual/Religious Tools into Clinical Practice

Israela Meyerstein

The Influence of Sexuality on Family Interactions: An Assessment Process

Mary Sue Green & Margret R. Reed**Brief Presentation 2: Gender and Transition: New Ways of Knowing**Moderator: **Elijah Nealy**

Listening to Gender: What My Adult Transgender Clients Have Taught Me About Sex, Gender, and the Search for Integrity

Lisa Maurel

A Transfeminist Therapeutic Approach to the Gender and Sex Continuums: Working with Differently Gendered Individuals and Their Partners and Families.

Shannon Sennott**Brief Presentation 3: Weaving Social Justice into the Fabric of Family Therapy Training**Moderator: **Hinda Winawer**

Decolonizing Family Therapy Training: The Use of Ethnic, Class & Heterosexual Privilege in Family Therapy Education

Pilar Hernández-Wolfe

Diversity & Social Justice as the “Life Work” for Future Family Therapists

Matthew Mock

Teaching Family Social Work in a Socio-Cultural-Political Sensitive Academic Context

Yael Geron

Brief Presentation 4: Therapeutic Writing Workshops

Moderator: **Corky Becker**

Expressive Writing in Personal & Professional Development

Gwyn Cattel

Therapeutic Writing Workshops for Cancer Patients and Family Members: Lessons Learned for Family Therapy

Janine Roberts

Brief Presentation 5: Culture and Sexual Identity in Relationships

Moderator: **Lois Braverman**

EFT & the Cross Cultural Lens – A Case Presentation of a Heterosexual Cross Cultural Couple’s Dance Around Sexuality as it Relates to Culturally Assigned Gender Roles

Judith Kellner

Culture, Ethnicity, & Sexual Orientation & Identity: Integration Within Integrity

Shruti Singh Poulsen

Brief Presentation 6: Giving Voice to Those Victimized by Violence

Moderator: **Jacqueline Hudak**

Gender and Sexuality in Societies Living in War Situations

Michal Shamai

Exploring the Relationship Between Intimate Partner Violence and Internalized Heterosexism Among Lesbian Women

Colleen Maguire & Kimberly Flemke

Danger Close to Home: Family Intervention in Cases of Extra-Familial Child Sexual Abuse

Chaya Possick

Brief Presentation 7: Empowering Marginalized Communities

Moderator: **Deidre Ashton**

Youth in Communities of Color – From Rage to Empowerment & Leadership

Marianne Diaz & Robert Mendelsohn

Family Therapists Impacting Communities

Amy R. Tuttle, Justine White & Chris Hoff

Health at Every Size & Size Acceptance For Family Therapists

Sheila M. Addison

REFRESHMENT BREAK

3:30 – 3:45 PM

LEGACY OF OUR PAST: MURRAY BOWEN

3:45 – 5:15 PM

Moderator: **Sally Eisen Miller**

Panel: **Monica McGoldrick, Carolyn Moynihan-Bradt, Andrea Schara & Joanne Bowen**

Come join us for a session designed to (re)introduce you to the life and work of founding member and AFTA's first president (1977-81), Murray Bowen.

Five generations of family nodal events, and clips from interviews with one family seen over time will be shown, demonstrating Dr. Bowen's theory of differentiation of self and the therapist as "coach." He was one of the earliest psychiatrists to use video as both a teaching method and as a way to document family changes. The video collection, covering 15 years and 200 hours, was accepted for preservation in 1986 by NIH.

A panel discussion with colleagues, friends, and family of Dr. Bowen will feature his influence on their lives and how they have used his theory personally and professionally.

CULTURAL AND ECONOMIC DIVERSITY FORUM

3:45 – 5:15 PM

Facilitators: **Pilar Hernández-Wolfe & Jane Ariel**

Presenters: **Shawn Giammattei, Gene Gardino, Andrae Brown & Mabel Quiñones**

How we construct gender and how gender constructs us: Personal, institutional and cultural implications.

This year's forum will focus on unpacking the experience and effect of gender in our lives from multiple positions that intersect sexual orientation, ethnicity and other identity markers. Gender is central to what and how we construct meanings of who we are as we both participate in its definition and are shaped by societal discourses about it.

FACILITATED LISTENING CIRCLE

5:30 – 6:30 PM

The Facilitated Listening Circle is a witnessing circle. It provides an opportunity for people who wish to share an experience during the meeting for which they would like support, recognition, understanding, or empathy. At AFTA we are committed to respectful and inclusive participation with one another. We hold ourselves to a high standard. Sometimes someone feels hurt or excluded by the actions or attitudes of others. We wish to be accountable for any ways we hurt or exclude others and to be open to experiences that may be invisible to us. In the Circle, these difficult moments can be rendered visible, and we can increase our awareness and learn more about relating in respectful and inclusive ways.

SPECIAL EVENT

6:30 – 10:00 PM

We will be spending the evening on the Black-Eyed Susan, a paddle-wheel boat on the Baltimore Harbor, and listening to the spoken word poetry of Ivan Coyote, who will help bring to life the themes of this year's conference.

The Black-Eyed Susan is an authentic "turn-of-the-century" style paddle-wheel driven riverboat, reminiscent of the early era of Baltimore's Inner Harbor. Since the year 2000, this beautiful and exclusive charter boat has enhanced the attraction of Baltimore's skyline, and provided a warm and outstanding venue for private and corporate entertaining. The Black-Eyed Susan is the largest passenger vessel of its class cruising the Baltimore Harbor. She is handicap accessible.

The Black-Eyed Susan will be docked at the Maryland Science Center in Harborplace, a short fifteen minute walk from the hotel. The boat will begin loading at 6:30 pm and will depart at 7:00. Please be prompt.

Join award winning author and renowned storyteller, Ivan Coyote, as she navigates through family history, the gender binary and public washrooms, armed with only a sense of humor and an eye for what makes us all so beautifully human.

Ivan Coyote was born and raised in Whitehorse, Yukon Territory. An award-winning author of six collections of short stories, one novel, three CD's, four short films and a renowned performer, Ivan's first love is live storytelling, and over the last seventeen years she has become an audience favorite at music, poetry, spoken word and writer's festivals from Anchorage to Amsterdam. In addition to her literary and teaching accomplishments, Ivan continues to tour extensively throughout North America and Europe, telling stories not only to festival audiences, but to high school students, social justice activists, transsexual autoworkers, adult literacy students, and senior citizens all across the continent. Ivan believes in the transformative power of storytelling, and that collecting and remembering oral history not only preserves a vital part of our families and where we come from, but that a good story can help inspire us to reinvent a better future.

FAMILY SYSTEMS *forum*

is a quarterly publication of
Center for the Study of Natural Systems and the Family
with
articles based in Bowen theory from various fields
book reviews & a calendar of events

The current issue features "The Murray Bowen
Archive Project" by Joanne Bowen & Patricia Comella;
"Blindspots Common in Leadership" by
Victoria Harrison; and "Eating Disorders"
by Roberta Gilbert. Rev. Katie Long, DMin is
Editor in Chief.

For information about subscription and archives go to
WWW.CSNSF.ORG .

Friday, June 24
Schedule of Events and Sessions

COMMITTEE MEETING

7:30 – 8:30 AM

PEARLS OF WISDOM

8:45 – 10:30 AM

Please join the Early Career Membership and Student Membership Committees for the second annual Pearls of Wisdom panel, featuring: **Harry Aponte**, **Ann Hartman**, and **Don-David Lusterman**. These accomplished academicians and clinicians will share the personal and professional influences that led to their groundbreaking work with couples and families.

REFRESHMENT BREAK

10:30 – 10:45 AM

FORUM: THE WAR ON WOMENCoordinator: **Larry Levner**

10:45 AM – 12:45 PM

Forum: The War on Women (2/25/2011 *New York Times* Editorial)

“The House of Representatives is mounting an assault on women’s health and freedom that would deny millions of women access to affordable contraception and life-saving cancer screenings and cut nutritional support for millions of newborn babies in struggling families. And this is just the beginning.”

Muriel Thompson, Vice President, External Relations, of Planned Parenthood of Maryland, will discuss the cutbacks for Planned Parenthood, for women’s rights, family planning, cancer screenings, and reproductive health services. We will discuss the potential role for AFTA in addressing the implications for women and families. Ms. Thompson has over 20 years of experience in human services. She has a degree in early childhood education and a Masters in Clinical Psychology as well as a post graduate certificate in Leadership Development and Organizational Behavior. She is currently completing a Ph.D. in Higher Education Administration at Morgan State University.

INTEREST GROUPSCoordinator: **David Wohlisfer**

10:45 AM – 12:15 PM

10. Divorce and StepfamiliesChairs: **Patricia Papernow & Betty Pristera**

When a Stepfamily Arises Out of an Affair

When a stepfamily arises out of an affair, what are the issues, how can we help and what do we struggle with as therapists? Join us for a discussion regarding how we approach all parties involved. We will look at issues regarding guilt, anger and healing as well as what children know and from whom they know. Participants are invited to share in conversation about our role in helping create the best outcome for all. We will begin with a case that highlights these concerns.

11. Mindfulness and Family Therapy

Chairs: **Elizabeth Brenner, Rachel Dash & Laura Eubanks Gambrel**

There is a growing body of research demonstrating that mindful awareness practices are effective in relieving a wide range of symptoms as well as in altering neurological processes effecting mind and body.

Mindfulness practices are increasingly being integrated into couple and family therapy, therapy training programs as well as in projects supporting traumatized communities. Many members of this Interest Group are integrating these practices into their work and personal life in exciting ways. This year we will share our experience, engage together in mindfulness practice and begin a conversation about the possibility of co-sponsoring a Mindfulness and Family Therapy retreat.

12. Latino Families

Chair: **Gloria Lopez-Henriquez**

After holding a formal meeting over lunch during the 2010 Annual Meeting in Boulder, the Latina AFTA members and guests agreed to create a Latino interest group. As therapists, supervisors, teachers and researchers, we have gained access to navigate the bilingual bicultural waters personally and professionally. In that process, we have been the witnesses of incredible and unique stories of survival that are silenced and invisible to most. It is clear that we are the carriers of those stories, and that it is our responsibility to give voice to those stories and to create a place within the AFTA community where those stories become real.

13. Ambiguous Loss

Chairs: **Pauline Boss, Ellen Landau & Randy Gangbar**

This year we will look at how the theory of ambiguous loss applies to families living with the diagnosis of autism/autism spectrum disorders in a child. **Robert Carroll** will start the group with a poem and **Randy Gangbar** will discuss his experiences as the father of an autistic boy. Childhood illnesses present unique challenges to families. Autism, a developmental illness, presents multiple ambiguous losses as a child grows and develops. Group discussion will focus on how the theory of ambiguous loss can be helpful in understanding and working with families who have a child with autism.

14. Narrative Therapy with Couples

Chairs: **David Marsten & Victoria Dickerson**

Couples therapy often assumes a quid quo pro relationship, one in which the couple can achieve mutuality or equality. What is left unaddressed in this approach is the influence of patriarchy or how power and privilege inherently reside with one member of the couple and leaves the other with less authority. A narrative approach seeks to make visible the power relations that operate on both heterosexual and same-sex couples. A series of exercises will invite the participants to notice the invisible operations of power, and a video demonstration will show some ways to address this with couples.

15. Meeting Heteronormativity Head OnChairs: **Gene Gardino & Kimberly Flemke**

Everyone along the entire sexual identity continuum are encouraged to attend this interest group, which will explore societal messages of heteronormativity and the cumulative effects that these messages have on LGBTQ individuals across the lifespan. While most LGBTQ individuals are keenly aware of microaggressions that occur regularly, many feel left without a voice to counteract these almost daily encounters. Time will be spent discussing the unintentional impact that heterosexuals potentially have on their LGBTQ colleagues, friends, family, and clients. Some concrete strategies will be offered for helping strengthen the individual LGBTQ voices in the face of perceived and real invisibility.

16. Technology and RelationshipsChairs: **Peter Fraenkel & Anne Fishel**

This group will provide an opportunity to discuss the wide range of challenges and opportunities at the interface between technology and human relationships. Hardware such as mobile smart phones, computers, large panel televisions, and their wide-ranging software applications provide ever-expanding access to persons and information, and these developments can enhance or disrupt connection and power relationships depending on how they are used and by whom. This year, the group will provide an opportunity to extend the discussion started in the plenary on technology, and will set an agenda for further meetings of the group at AFTA and in cyberspace between conferences.

17. Using Qualitative Research in Family MedicineChair: **Louise B. Silverstein**

Dr. **Susan McDaniel** will present Physician Empathy and Acknowledgement, Self-disclosure and Transparency with Patients with a Terminal Illness: A Qualitative Study.

LUNCH

12:15 – 1:15 PM

EARLY CAREER & STUDENT MEMBER LUNCHCoordinators: **Jean Malpas, Amy R. Tuttle & Justine White**

12:15 – 1:15 PM

Early Career and Student Members will host a lunch (Dutch treat) and invite senior AFTA members and local meeting participants to join and mingle. Prospective Student and Early Career Members are also welcome.

LATINA WOMEN'S LUNCHCoordinator: **Gloria Lopez-Henriquez**

12:15 – 1:15 PM

This is an invitation to all Latinas attending the Meeting to come together to begin a conversation about the specific concerns of Latinas' professional development as well as issues of gender and equity for Latinas in AFTA and the family therapy field. It is our belief that together, we can strengthen our voices and promote our participation and leadership. Come join us for lunch (Dutch treat).

*Plenary III – Virtual Worlds: Technology and Family Life*Moderator: **Peter Fraenkel**Presenters: **Thomas Blume, Gonzalo Bacigalupe & Eve Shapiro**

1:15 – 3:15 PM

REFRESHMENT BREAK

3:15 – 3:30 PM

BRIEF PRESENTATIONSCoordinator: **Deidre Ashton**

3:30 – 5:00 PM

Brief Presentation 8: Supporting Families with Trans and Queer MembersModerator: **Gene Gardino**

Supportive Therapy for Transsexual Parents and their Children

Michele Angello & Shawn V. Giammattei

Nurturing Queer Youth: A Community Model for Suicide Prevention

Linda Stone Fish & Rebecca Harvey**Brief Presentation 9: The Role of Technology in Supporting & Mentoring Youth**Moderator: **Thomas Blume**

Virtual Identity Construction: Action Research on Engaging Students to Design E-Portfolios

Saliha Bava

Campus Corps: Family Systems Mentoring of At Risk Youth

Toni Zimmerman, Shelly Haddock, Jennifer Krafchick & Lindsey Weiler**Brief Presentation 10: Resiliency in Families**Moderator: **Jodie Kliman**

Resilience in the Face of Adversity: Families and Larger Systems

Lisa Bibuld, Michelle Contreras, Allison Ertl, Yanina Gonzales**Brief Presentation 11: Helping Couples Connect**Moderator: **Martha Edwards**

The Rhythms of Relationships: Helping Couples Get In Sync

Peter Fraenkel

Relational Mindfulness for Couples: Research, Theory, and Clinical Practice

Laura Eubanks Gambrel

Attunement & Relational Responsibility in Same-Sex Couple Relationships

Naveen Jonathan

Brief Presentation 12: Multiple Reflections in Therapeutic Discourse

Moderator: **David Wohlsifer**

Multiple Perspectives on Violence Within a Family Session

Kilian Fritsch, John Brendler, Nydia Garcia-Preto & CharlesEtta Sutton

The Reflecting Team and Therapists in Training: Locating Personal Experiences in the Reflection

Catherine Lewis

Brief Presentation 13: Caring for Those Who Serve

Moderator: **Judith Landau**

The Family Caregiver Brief Case: A New APA, Web-Based Resource on Caregiver Practice, Research, Advocacy & Education

Barry Jacobs

Family Adaptation & Resilience: A Longitudinal Family Study of Veterans with Disabilities

Elaine Willerton

Brief Presentation 14: Just Practice with Families at the Borders of Society

Moderator: **Hugo Kamy**

Families Without Documents: Just Practice with Families at the Borders of Society

Jelisaveta Sanja Rolovic, Gloria Lopez-Henriquez & Norbert A. Wetzel

THE JAPANESE 2011 DISASTER CRISIS: A FAMILY THERAPY PERSPECTIVE

Facilitator: **Gonzalo Bacigaulpe**

Presenter: **Takeshi Tamura**

3:30 – 5:00 PM

Psychiatrist and family therapist Takeshi Tamura will share his experience and that of his colleagues from the Japan Association of Family Therapy (1000+ members) following the recent events in Japan. The tsunami, earthquake, and nuclear disaster impacted a mostly rural area of northern Japan, however, the consequences and impact have been of national and international proportions. The forum will serve as a springboard to assess what family therapists in Japan and abroad can do to support the work there with families and communities suffering a multi-layered sense of loss, a threatened sense of safety, and repetition of large scale disasters. We hope to reflect on what family, community, and national resilience means in this particular disaster context and what can be our role in strengthening it.

POSTER PRESENTATION & BOOK SIGNING

Coordinator: **David Wohlsfer (Posters), Kimberly Flemke (Book Signing)**

5:15 – 6:15 PM

Evaluation of Couple and Family Therapy at a Physical Medical Rehabilitation Centre

Robert Allan & Kristine Webber

Making Meanings, Finding Strengths: A Creative Group Intervention for Wives of Multi-Cultural Families in Korea

Yoosook Kim, Jinhee Park & Jiwon Choi

Effectiveness of a Multiple Family Discussion Group Intervention in Decreasing Psychological Symptoms and Demoralization in Homeless Parents

Peter Fraenkel, Brian Mueller, Tzachi Slonim, Skye Wilson, Jody Brandt & Gary Winkel

The Relationship Between Level of Emotional Intelligence, Emotional Awareness, and Symptoms of Psychological Stress Among Homeless Parents

Jason Kruk, Peter Fraenkel & Brian Mueller

SHABBAT SERVICE

5:15 – 6:15 PM

GENDER INSTITUTE

7:30 – 10:00 PM

Fee: \$15 We will provide desserts, coffee and tea. Please eat dinner before you come and come prepared to participate in a stimulating and heart-opening conversation.

Sign up on the Annual Meeting Registration Form

Facilitators: **Sarah Stearns, Robert Carroll, Laura Forman, Ellen Fox, Rob Garfield, Jacqueline Hudak, Roger Lake, Roxana Llerena-Quinn & Charlotte Spiegelman**

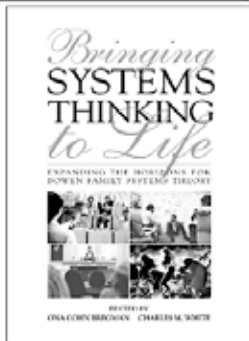
Purpose: To bring interested members of AFTA together in a supportive setting where we can speak from our hearts to explore, share and transform our personal and professional experiences of gender. Regardless of whether you have ever attended the Men's or Women's Institute, please join us in this unique forum for deepening our connections.

History: When AFTA sought to address issues of sexism, discussions within the broader organization often reflected the cultural tensions occurring in larger society as assumptions and identities were challenged. The Women's and Men's Institutes were created to allow separate conversations exploring emotional intimacy, power, family, and other topics relevant to how gender plays out in our professional and personal lives. The process sometimes has been painful and, simultaneously, has created the possibility for authentic transformation and inclusion. We are hoping that this Institute will provide another opportunity for continuing to expand our experience of gender by renewing and advancing the conversation amongst all of us.

Format: Small, self-selected groups will provide an opportunity for safe and confidential sharing. The facilitated discussion will focus on “transformative moments” in our lives: the personal and cultural histories that have shaped our thinking and behavior around gender and how the ways we “do gender” have evolved over time. Sharing these experiences will help us to deconstruct the binary designations “male/female” and “masculine/feminine” and to expand our understanding of the expression and enactment of multiple dimensions of gender in ourselves and others. Hopefully, the diversity represented within each small group will allow us to explore some of the intersections of age, race, ethnicity, sexual identity, religion, and class in the construction of our own experiences of gender.

The second portion of the evening will allow us to reconnect as a large community and hear from each small group as they reflect on the important themes and learning from their conversations. Finally, given that this experimental Gender Institute is being held for the first time, if time permits, we will open the conversation to hear reflections on the value of this format and ideas for planning of future Gender events.

New from Routledge Mental Health



Bringing Systems Thinking to Life
 Expanding the Horizons for
 Bowen Family Systems Theory
 Ona Cohn Bregman and Charles M. White (Eds.)
 October 2010: PB: 978-0-415-80047-1
 \$39.95 \$31.95

"A remarkable work! The editors of [this book] provide fresh observations on family emotional process and the importance of family systems theory to understanding human functioning."

- Charles W. Collier, Senior Philanthropic Adviser, Harvard University, Cambridge, Massachusetts; Author: *Wealth in Families*



Enduring Desire

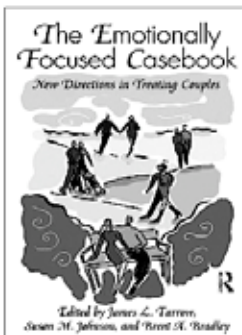
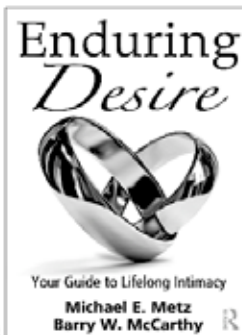
Your Guide to Lifelong Intimacy

Michael E. Metz and
 Barry W. McCarthy

October 2010: PB: 978-0-415-87830-2
 \$19.95 \$15.95

"I can't think of a better guide for couples young and old. Read it together, use it, and give it to couples starting their journey together."

- William J. Doherty, PhD, Professor of Family Social Science, University of Minnesota; Author: *Take Back Your Marriage*



The Emotionally Focused Casebook

New Directions in Treating Couples

James L. Furrow, Susan M. Johnson and Brent A. Bradley (Eds.)

April 2011: PB: 978-0-415-99875-8
 \$34.95 \$27.95

This book is a substantive reference for clinicians, students, professors, and supervisors using and teaching EFT. Each chapter utilizes a hands-on case study approach with concrete guidelines and illustrations for the adaptation and application of EFT with specific treatment populations.

www.familytherapyarena.com

Saturday, June 25
Schedule of Events and Sessions

CENTERING PRACTICE

7:00 – 8:00 AM

Facilitator: **Rachel Dash**

We will cultivate well-being and compassion through the practice of intentionally paying attention to the present moment without judgment. We will sit together, attending to our breath, thoughts, sensations and emotions as they move through us, gently returning to the present each time we become aware of our naturally wandering thoughts.

Plenary IV: Sex and Gender: From the Edge to the Center

Moderator: **Joan Laird**

Presenters: **Caitlin Ryan & Richard Sprott**

Discussant: **David Wohlsifer**

8:45 – 10:45 AM

REFRESHMENT BREAK

10:30 – 10:45 AM

INTEREST GROUPS

Coordinator: **David Wohlsifer**

11:00 AM – 12:30 PM

18. Couple Therapy

Chairs: **Corky Becker, Martha Edwards & Mona Fishbane**

Exploring Power Dynamics in Couple Therapy

This year we will explore aspects of power dynamics in couple therapy. How are couple power dynamics affected by gender & culture? How can we work with power struggles and imbalances of power in the couple? How can we facilitate equality and mutual respect between partners? As “starter dough” for our conversation, **Carmen Knudson-Martin** will discuss her research on these issues and implications for clinical practice; **Mona Fishbane** will explore ways to facilitate relational empowerment in couple therapy, highlighting Power To and Power With perspectives that ameliorate some Power Over dynamics between partners.

19. Structuralism/Post-Structuralism: Locating the Practice in Family Therapy

Chairs: **Kilian Fritsch & John Brendler**

How can we sharpen and delineate the connections between the real-time practice in specific family sessions with the larger conceptual schemas which underlie the practice? What are the connections between a structural approach to family therapy and the larger field of structuralism? Can a therapist practice both within a structuralist framework and also work to create newer “realities” which would qualify as post-structuralist within the meaning systems of the family itself? Our meeting will be a

continuation of a small group presentation in which these questions will have been introduced. We will re-watch videotaped segments of a consultation with a family where violence has established a foothold, looking particularly for examples of how our own experience of viewing and analyzing has undergone any change or enrichment as a result of our attempt to bring multiple voices into the discussion. This should appeal particularly to newer members who are involved in direct practice, and teachers who are working to help their students find pattern and meaning between practice and concepts.

20. Military Family Issues

Chair: **Elaine Willerton**

The needs, strengths and challenges of military and veteran families are evolving; impacted by military lifestyle, deployments, and the shifting political climate. Family therapists have a keen interest in understanding and helping service members and their parents, spouses and children. The Military Family Issues group serves as a forum to discuss the bubbling issues related to military families. We share information about working with these families in clinical, research and policy-related capacities and teaching about military families. The group will focus on best practices and multidisciplinary collaboration as well as emerging research and support services for military families.

21. Substance Abuse and the Family

Chairs: **Peter Steinglass & Judith Landau**

Family therapy (FT) approaches for substance abuse (SA) disorders have come of age after many years of neglect. However, significant barriers remain dividing the FT and SA therapy communities, including often dramatically different views about how to handle the rehabilitation/recovery phase of treatment. Hence the focus for this year's meeting will be "families in recovery." We will use as a stepping off point for a larger discussion of the issues associated with this topic (including working with diverse populations), brief presentations of two programs explicitly designed for work with families in recovery—a short-term, multiple family discussion group (MFG) protocol (Steinglass); and the LIFE in Recovery protocol (Landau).

22. Film, Families, and Family Therapy: The Therapeutic Session

Chair: **Gonzalo Bacigalupe**

The Film Interest Group has explored, in the past, subjects as diverse as ambiguous loss, the impact of technology, trauma, intercultural understanding, secrets and rituals, and family process, among others. This year we will focus on films that directly portray a therapy session. We will discuss brief film clips in which a therapy session is included or is core as in the case of the series "In Treatment." We will discuss the question of how films foster specific expectations about what should happen in therapy. We will also discuss the potential of these portrayals for training. For example, the therapeutic contract, common factors in couple and family therapy and the divergent narrative of clinicians and patients of what occurs in the therapy.

23. The Supervisory Relationship: Examining Power Relations

Chairs: **Jane Chiu, Laurie Markham, David Marsten, Duncan Wigg & Vicki Dickerson**

The supervisor-supervisee relationship implies that knowledge resides with the supervisor who is in the position of knowing, while the supervisee is in the position of receiving knowledge. Many supervisory practices inadvertently support this division with the effect often being that supervisees

shave an experience of doubt and uncertainty. This interest group will demonstrate practices that address this power differential to assist supervisors in helping their supervisees more readily access their own knowledge and skills. Jane Chiu and Laurie Markham have written an article that demonstrates these ideas.

24. Transgendered Interest Group

Chair: **Arlene Istar Lev**

This is the first year for a Transgender Interest Group. As increasing numbers of people are seeking services for trans and gender-related concerns, often their family members have been ignored and marginalized. Some AFTA members have been leaders in writing and speaking about how to integrate family members (spouses, children, parents) into the trans identity process, while others have just begun to work with trans clients. The Transgender Interest Group is a place to explore clinical and teaching challenges related to trans issues, to offer support for those of us deemed “experts,” as well as those just exploring work with this community.

25. The Narrative of the Therapist: Clinical Uses of Expressive Writing

Chair: **Robert Carroll**

The Healing Power of Poetry in Clinical Practice

We all know the healing power of expressive writing in general and poetry in particular because it springs from us in times of need. After 9/11, poetry sprang up everywhere as a way of finding the words to express the inexpressible. Many of us have been moved to write journals, poems and letters to facilitate healing across personal and clinical situations. In this Interest Group we will look at the various ways in which poetry’s power to heal, promote growth, and transform can be used clinically with individual, families, and in community. We will solicit healing anecdotes from participants regarding the ways in which they have utilized poetry, journaling and letters for themselves and in their clinical practices. Examples will be presented by the organizer.

FILM AND DISCUSSION: “NESHOPA: THE PRICE OF FREEDOM”

Facilitators: **Lascelles Black & Evan Imber-Black**

11:00 AM – 1:00 PM

In this group we will view an outstanding new documentary film which weaves the tragic murders of the three civil rights workers in 1964 in Mississippi with a community’s search for justice in the present. In 1964, a mob of Klansmen murdered three civil rights workers in the small Mississippi county of Neshoba. The young men, an African-American from Mississippi and two Jews from New York, were in the deep south helping to register African-American voters during “Freedom Summer.” Although the killers bragged about what they did, it took the state of Mississippi 40 years to indict the mastermind, Edgar Ray Killen, an 80-year old Baptist preacher and notorious racist. “Neshoba: The Price of Freedom” tells the story of these three American heroes and the long struggle to bring their killers to justice in a place still dealing with the legacy of a violent and racist past.

We will follow the film with a conversation focused on the implications of family therapy training, research and practice informed by a commitment to social justice.

LUNCH

12:30 – 1:30 PM

MEN'S INSTITUTEFacilitators: **Roger Lake & Robert Garfield**

12:30 – 1:30 PM

In this meeting of the Men's Institute, we propose to review and discuss our relevance to AFTA, and ourselves, particularly those of us committed to some form of research or practice focused on gender. The Men's Institute is a place where it is safe to talk about our own lives – to put into practice the kind of open emotional exchange and relational skills that we promote in our clinical work and teaching as AFTA members. We strongly embrace this experience of the Institute, and believe that there is a history to that meaning that we need to ponder in moving forward.

Attendance is free. Boxed lunches will be available (but not mandatory) for \$30 per participant. Please indicate if you plan on attending when you fill out the registration form, indicating if you would also like a box lunch.

BRIEF PRESENTATIONSCoordinator: **Deidre Ashton**

1:30 – 3:00 PM

Brief Presentation 15: Facilitating Conversations Between Parents and YouthModerator: **MaryAnna Ham Domokos-Cheng**

Conversations with Teens, Their Families, and Providers: Developing a Systemic Collaborative Approach for Managing Poorly Controlled Type 1 Diabetes

Gloria Lopez-Henriquez, Harold Starkman & Nicole Pilek

Parent-Child Sexuality Education in Families with Sons or Daughters with Autism or Down Syndrome

Margret M. Reed

The Silence of Adolescents in the Therapy Session

Bani Maya**Brief Presentation 16: Serving Youth in Foster Care and Their Families**Moderator: **Andrea Blumenthal**

Culturally Responsive Home Based Therapy in Foster Care

Amy R. Tuttle, Norma Scarborough & Brent Taylor

Working Together: Foster Youth, Sexual Health and Risk Reduction

Damarise Alexander Mann & Marianne Milks Hines

Scholarships and Supports Available to Foster Care Alumni: A Study of 12 Programs Across the US

Liliana Hernandez

Brief Presentation 17: Advocacy and Empowerment for Youth and Their FamiliesModerator: **Beatrice Wood**

Parents As Advocates for Adolescents with Complex Needs: A Study of Risk, Resilience and the Use of Uncoordinated Mental Health Services

Michael Ungar

An Empowering Approach to Family Assessment

Edith “Winx” Lawrence

Protective Process for Adolescents Following Parental Relationship Dissolution

Mary Sue Green & Brenda Lohman**Brief Presentation 18: Gender-Variant Children and Youth**Moderator: **Jean Malpas**

A Family Centered Approach to Children with Gender Variant Behaviors

Edgardo Menvielle

Camp Aranu'tiq: Supporting Families of Transgender Youth

Melissa MacNish**Brief Presentation 19: Supporting Couples to Define Their Relationship on Their Own Terms**Moderator: **Mona Fishbane**

Working with Clients in Open Relationships: Concepts, Structures, and Social Challenges

Deanna M. Fierman & Shruti S. Poulsen

The Relational Social Justice Model: A Socio-Emotional Approach to the Treatment of Infidelity

Carmen Knudson-Martin & Kirstee Williams**Brief Presentation 20: Demystifying Writing & Publishing in Scholarly Journals & Other Venues**Moderator: **Evan Imber-Black**

Demystifying Writing & Publishing in Scholarly Journals & Other Venues

Evan Imber-Black & Jay Lebow**Brief Presentation 21: Addressing LGBTQ Issues in Education and Family Therapy Training**Moderator: **Jane Ariel**

The Inclusion of LGBTQ Issues in Family Therapy Training

Shawn V. Giammattei

Being Who I Am: Lesbian, Gay Male, Bisexual and Queer (LGBTQ) Faculty Members Disclosing their Sexual Orientation to Students in the United States Higher Education Classroom

Janice Orlov

Brief Presentation 22: Survival Narratives as a Resource for TherapistsModerator: **Monica McGoldrick**

Emotional Issues for Brazilian Immigrant Families

Sueli Petry & Angelina de Belli

Social Withdrawal (Hikikomori) Among Japanese Youth

Takeshi Tamura & David McGill

La Soledad Latina: Coming of Age in the US

Roxana Llerena-Quinn**SEXUALITIES: A CONVERSATION WITH ESTHER PEREL**

1:30-3:00 PM

Presenter: **Esther Perel**

This conversation with Esther Perel invites you to engage in deeper discussions of the topics raised in the plenaries as well as in the latest *Monograph: At the Edge: Exploring Sexuality and Gender in Couples and Families*. In addition to reflecting on the ideas presented, we will examine how our assumptions, moral values, and personal (and erotic) experiences influence our therapeutic work.

Esther Perel, MA, LMFT, is an international authority on couple therapy, cross-cultural relations, and sexuality. She is the author of the international bestseller: *Mating in Captivity: Unlocking Erotic Intelligence*, now available in 25 languages. Her book won the 2009 book award from the Society for Sex Therapy and Research. Ms. Perel was trained and supervised by Dr. Salvador Minuchin, and she serves on the faculty of The Family Studies Unit, Department of Psychiatry, New York University Medical Center, The International Studies Program, and The Ackerman Institute for the Family.

REFRESHMENT BREAK

3:00 – 3:15 PM

TOWN MEETING

3:15 – 4:45 PM

AFTA members will gather to review the Annual Meeting and discuss suggestions and recommendations for next year and the 2011 Annual Meeting. AFTA's new Executive Director, Mark Epstein, will be present to participate in the discussion about the future of AFTA.

NEW MEMBERS' CLOSING MEETING

4:45 – 5:15 PM

FREE TIME

5:15 – 6:45 PM

AWARDS BANQUET & DANCING

6:45 PM – 12:00 AM

Cocktails 6:45 – 7:15 PM

Dinner will start promptly at 7:15 PM

2011 Awards

AFTA is proud to present

John Lawless

Distinguished Contribution to the American Family Therapy Academy

Jean Malpas

Early Career Award

Lorraine Wright, Wendy Watson Nelson & Janice Bell

Innovative Contribution to Family Therapy

Beatrice Wood

Distinguished Contribution to Family Systems Research

Roxana Llerena-Quinn

Distinguished Contribution to Social Justice

Janine Roberts

Distinguished Contribution to Family Therapy Theory and Practice

Joan Laird

Lifetime Achievement Award

Contributors to the 2011 Annual Meeting

Family Process

We express our sincere gratitude to Family Process for supporting AFTA's Next Generation Initiative and the Annual Meeting by sponsoring the attendance of Early Career Members and Students.

Special Thanks to:

the Middle Atlantic Division of AAMFT, National Association
of Social Workers, Maryland Chapter, and Kim Cox

General Information

MEETING SITE/OVERNIGHT ACCOMMODATIONS

This year the AFTA Annual Meeting will be held at the Sheraton Inner Harbor Hotel in Baltimore, Maryland. The Inner Harbor provides guests with endless entertainment. Within one mile, patrons can find the Hard Rock Cafe, M&T Bank Stadium, home of the Baltimore Ravens, Hippodrome Theatre, Maryland Science Center, National Aquarium and B&O Railroad Museum. The room rates are \$189 (plus tax) single or double, \$209 triples, and \$229 quad. THE HOTEL RESERVATION DEADLINE IS JUNE 1, 2011. After this date, rooms may be reserved if space is available. For reservations please see the hotel reservation information included in this booklet (see page 38). WHEN MAKING RESERVATIONS, BE SURE TO MENTION THE AMERICAN FAMILY THERAPY ACADEMY to ensure that you receive the special room rate.

ROOMMATES

If you are looking for someone who is interested in sharing a hotel room, please contact the AFTA Central Office at (202) 483-8001, or email Elishia at afta@afta.org.

GROUND TRANSPORTATION

The Baltimore Washington International Airport (BWI) is located approximately 8 miles from the hotel.

Taxi service: approximately \$30 one-way

Super Shuttle: round trip \$26

For reservations visit www.supershuttle.com

Light Rail: \$1.60 one-way; pick up the light rail from BWI, stop closest to hotel is Camden Yards

For more information visit <http://mta.maryland.gov/services/lightrail/>

FOR THOSE WHO ARE PHYSICALLY CHALLENGED

The hotel is completely handicap accessible. If you need to book an ADA room please call the hotel and ask for Mya Anzer: 410-962-8300.

SIGNIFICANT OTHER/SPOUSE REGISTRATION-NOT IN THE FIELD

A special fee of \$140 for spouses/significant others who are NOT professionals in the field of family therapy has been established to cover basic meeting costs. This special registration option includes entry to plenary/keynote sessions only. Other meeting sessions such as Interest Groups, Brief Presentations, Forums, etc. are limited to those who pay the full registration fee. This fee also includes the opening reception, coffee breaks, and registration materials for the Meeting. Special event tickets, and party tickets must be purchased separately. Please register your partner on the attached Meeting Registration Form.

SIGNIFICANT OTHER/SPOUSE REGISTRATION-IN THE FIELD

Spouses and significant others who are professionals in the field of family therapy may attend the entire meeting, but must register at the full registration fee. Please complete your own separate copy of the attached Meeting Registration Form and fill out all meeting session choices.

BOOK FAIR

Association Book Exhibit (ABE) will again sponsor a combined book exhibit featuring academic and scholarly works by leading authors and publishers. Participants may order books on site – a complete catalogue will be available. If you want your books to be on display, contact Mark Trocchi, Association Book Exhibit, at (703) 619-5030; fax (703) 619-5035, or email info@bookexhibit.com.

CONTINUING EDUCATION CREDIT

SATISFACTORY COMPLETION: Participants must have paid tuition fee, attended their chosen sessions in their entirety and completed an online Attendance / Evaluation form in order to receive a certificate of completion. Participants not fulfilling these requirements will not receive a certificate. Certificates are available immediately after completing the online evaluation form.

PSYCHOLOGISTS

This program is co-sponsored by Amedco and The American Family Therapy Academy (AFTA). Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for the program and its content. Maximum of 23.5 hours.

PROFESSIONAL COUNSELORS

Amedco is an NBCC-Approved Continuing Education Provider (ACEP™) and a co-sponsor of this event/program. *Amedco* may award NBCC-approved clock hours for events or programs that meet NBCC requirements. Sessions for which NBCC-approved clock hours will be awarded are identified in the program bulletin. The ACEP is solely responsible for all aspects of the program. Maximum of 23.5 hours. NBCC-ACEP Provider #5633.

CALIFORNIA BOARD OF BEHAVIORAL SCIENCES:

This course has been submitted for review and we are awaiting a response from the board.

SOCIAL WORKERS

This program is approved by the National Association of Social Workers (Approval #886566367-8438) for up to 23.5 Social Work continuing education contact hours.

MARRIAGE AND FAMILY THERAPISTS

The NBCC approval noted under Professional Counselors will usually be accepted toward MFT requirements by the following states, but check with your state licensing agency for any recent changes: AL, AK, AZ, AR, FL, ID, IN, IA, KS, ME, MD, MT, NH, NJ, NM, OK, OR, PA, RI, SD, TN, UT, VA, WA, WV, WY. Maximum of 23.5 hours.

LETTERS OF ATTENDANCE

Letters of Attendance are available to meeting participants upon request (cost \$10.00, U.S. funds). Please contact the AFTA Central Office AT LEAST TWO WEEKS PRIOR TO THE MEETING. AFTA, 1608 20th Street NW, 4th Floor, Washington, DC, 20009. Phone: (202) 483-8001; Email afta@afta.org.

CANCELLATION POLICY

Refunds will be given if notice is received by AFTA by Monday, June 6th, 2011. A \$35 administrative fee will be deducted from your refund. No refunds for any event (general registration, CEs, Special Event, etc) will be given after June 6th.

FOR FURTHER REGISTRATION INFORMATION CONTACT:

American Family Therapy Academy
1608 20th Street NW, 4th Floor
Washington, DC 20009
(202) 483-8001
afta@afta.org

Check the AFTA website for Annual Meeting updates: www.afta.org.

The American Family Therapy Academy
HOTEL RESERVATION INFORMATION

June 22-25, 2011

Sheraton Inner Harbor Hotel

300 South Charles Street
Baltimore, MD 21201
Phone: 1-800-325-3535

Rates

Single/Double: \$189
Triple: \$209
Quad: \$229
Suites: \$700 & up

An additional 13.5% tax will be added per room night.

GROUP RATES NOT GUARANTEED AFTER JUNE 1, 2011.

The hotel only accepts reservations by phone or online. If calling, please be sure to mention the American Family Therapy Academy to receive the special conference rate.

To make reservations please visit AFTA's website and click on conferences. Or, to visit the hotel directly please visit the following website: <http://www.starwoodmeeting.com/StarGroupsWeb/booking/reservation?id=1003257489&key=CC09A>

Real Time Family Systems Coaching and Neurofeedback Training - Andrea Schara's book in Spanish features Bowen family systems theory and 10 Mexican leaders clarifying the benefits of defining family systems knowledge. One of these leaders, Francesco Piazzesi-Anahuac, of the University MBA program, ADOBE HOME AID, received the Presidential medal for work with sustainable housing. He noted: *"Even though I teach strategic management, my students always have the willingness to find their own vision. The 'Crea Tu Brújula Interior' has become a marvelous tool and a must read."*

**"Create Your Mindful Compass:
Navigating through the Social Jungle for Success"**

Ordering: hruz@edicionesruz.com

English version: arms711@gmail.com

www.ideastoaction.wordpress.com

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AFTA 2011 ANNUAL MEETING REGISTRATION FORM

June 22-25, 2011

NAME: _____ New Member? _____
 (as you want it to appear on your name badge-print clearly please!)

ADDRESS: _____

DAY PHONE: _____ FAX: _____ EMAIL: _____

FEES: (U.S. Funds Only)

	<u>Early</u>	<u>After</u> 6/13
1a. Registration		
Member	\$360	\$420
Early Career Member	\$240	\$280
Student (member or invited)	\$120	\$140
Non-Member (invited by member)	\$395	\$455
Spouse/Partner \$140 (see page 36 for registration details)		\$ _____
Name of Partner: _____		\$ _____
1b. Pre-Conference Workshop (Wednesday, June 22)	\$55	\$ _____
Addition of Opening Plenary and Reception	\$30	\$ _____
2. CE Credit (see page 37)	\$40	\$ _____
Type of Credit: _____		
3. Special Event: Thursday, June 23 (see page 21)		
Regular	\$75 x _____	
Student	\$65 x _____	\$ _____
	# of tickets	
Donation (to offset student discount)	\$10 x _____	\$ _____
4. Gender Institute, Includes Dessert & Coffee	\$15	\$ _____
5. Optional Boxed Lunch for Men's Institute	\$30	\$ _____
6. Optional Boxed Lunch for LGBTQ Networking	\$30	\$ _____
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WEDNESDAY, JUNE 22:

PRE-CONFERENCE WORKSHOPS

Integrating Sex and Couple Therapy: A Clinical Exploration

OR

The Emergence of New Family Forms: Research on LGBT Families and Implications for Practice

NETWORK CONVERSATIONS:

People of Color

OR

White Privilege & Accountability

THURSDAY, JUNE 23:

NEW MEMBER AND STUDENT BREAKFAST:

YES

NO

INTEREST GROUPS (See pages 15-17, Choose one option between 1-9):

Group # _____

OR

HUMAN RIGHTS/FAMILY POLICY JOINT FORUM

YES

NO

NETWORK CONVERSATION:

LGBTQ (Optional box lunch available, please indicate on registration form)

YES

NO

BRIEF PRESENTATIONS (See pages 18-20, Choose one option between 1-7):

Group # _____

CULTURAL AND ECONOMIC DIVERSITY FORUM

YES

NO

OR

MURRAY BOWEN PANEL

YES

NO

FRIDAY, JUNE 24:

PEARLS OF WISDOM

YES

NO

FORUM: THE WAR ON WOMEN

YES

NO

OR

INTEREST GROUPS (See pages 22-24, Choose one option between 10-17):

Group # _____

LATINA WOMEN'S LUNCH

YES

NO

OR

EARLY CAREER AND STUDENT LUNCH

YES

NO

BRIEF PRESENTATIONS (See pages 25-26, Choose one option between 8-14):

Group # _____

OR

JAPANESE DISASTER CRISIS

YES

NO

SATURDAY, JUNE 26:

INTEREST GROUPS (See pages 29-31, Choose one option between 18-25):

Group # _____

MEN'S INSTITUTE

YES

NO

(Optional box lunch available, please indicate on registration form)

BRIEF PRESENTATIONS (See pages 32-34, Choose one option between 15-22):

Group # _____

OR

SEXUALITIES: A CONVERSATION WITH ESTHER PEREL

YES

NO

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Spring. The **28th Annual Midwest Symposium on Family Systems Theory and Therapy.** May 6-7. This event has become a major forum for interdisciplinary exchange on Bowen theory and science. The main speakers will be Michael Kerr, M.D., director of the Bowen Center for the Study of the Family, and this year's guest scientist, Darlene Francis, Ph.D. Dept. of Psychology and Public Health, U. of California-Berkeley. In addition, a variety of presentations will be made by leaders in the study of Bowen theory.

Summer. The **Annual Summer Conference.** July 15. Focuses on clinical practice based on Bowen theory. Roberta Gilbert, M.D., faculty member of the Bowen Center, author of *Extraordinary Relationships* and other books, will be this year's presenter.

Fall. Daniel Papero, Ph.D., faculty of the Bowen Center, is the presenter for CFC's fall conference each year. October date to be announced.

- **Video Lecture Series.** Teaching tapes on Bowen theory and related topics followed by discussion led by CFC faculty Bob Noone and Sydney Reed
- **Leadership Training Course** for business, organizational, and church leaders. Meets monthly beginning April 28. Led by CFC faculty Leslie Fox and Sydney Reed
- **Emotional Function of Beliefs: A Case Study Series** meets monthly, led by Bob Williamson

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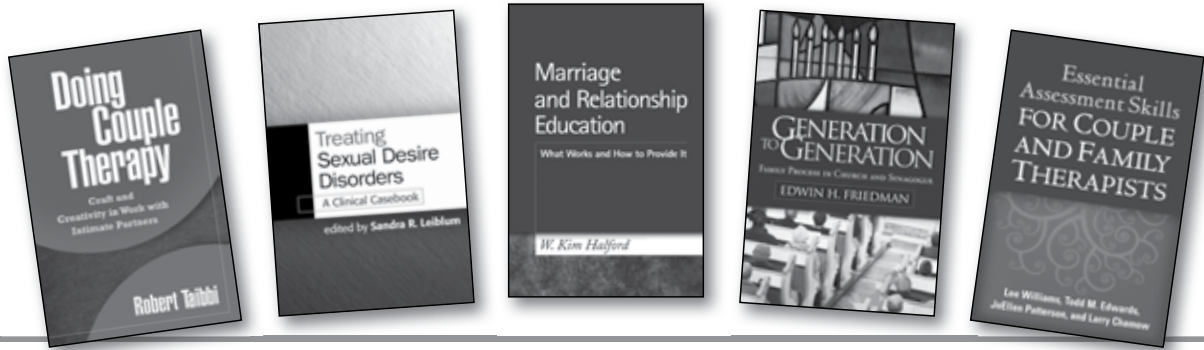
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New

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Michael C. LaSala

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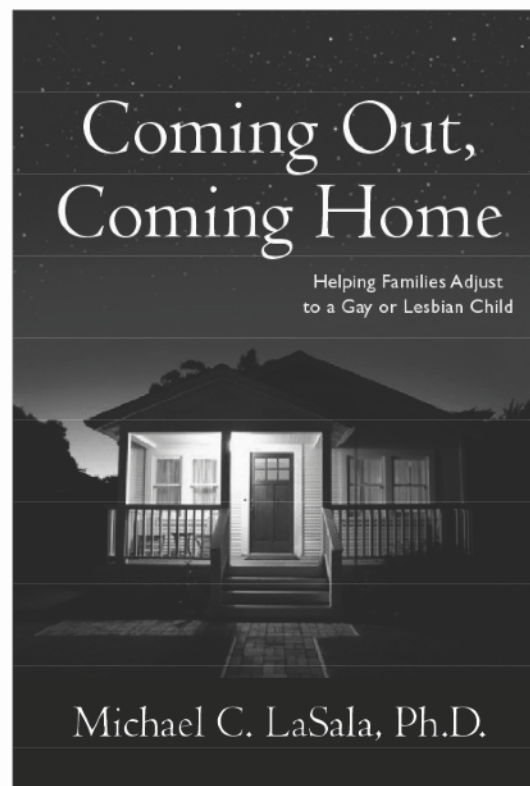
Through a qualitative, multicultural study of sixty-five gay and lesbian children and their parents, Michael LaSala, a leading expert on this issue, outlines effective, practice-tested interventions for families in transition. His research reveals surprising outcomes, such as learning that a child is homosexual can improve familial relationships, including father-child relationships, even if a parent initially reacts strongly or negatively to the revelation. By confronting feelings of depression, anxiety, and grief head on, LaSala formulates the best approach for practitioners who hope to reestablish intimacy among family members and preserve family connections—as well as individual autonomy—well into the child's maturation. By interviewing parents and children of the same family, LaSala accurately captures the reciprocal effects of family interactions, identifying them as targets for effective treatment. *Coming Out, Coming Home* is also a valuable guide for families, enabling adjustment through relatable scenarios and analyses.

Michael C. LaSala is director of the Master of Social Work Program and associate professor at Rutgers University. He has been in practice for more than twenty-five years and is a much-sought-after lecturer and researcher. He currently treats LGBT families and individuals at the Institute for Personal Growth in Highland Park, New Jersey, and his work can be found in *Social Work, Family Process, Journal of Marital and Family Therapy, Families in Society*, and *Journal of Lesbian and Gay Social Services*.

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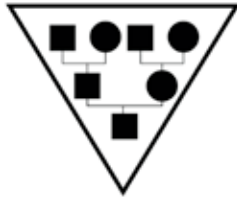
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Thank you, Dr. Bowen.

Victoria Harrison and the Board of Directors of CSNSF wish to also thank AFTA, Sally Miller, Monica McGoldrick, and Carolyn Moynihan-Bradt for this opportunity to recognize the contributions of Bowen theory to the field and to the future.

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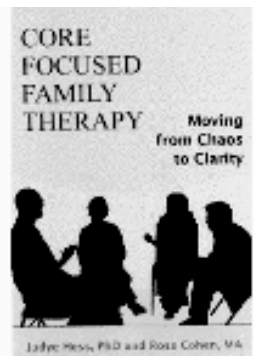
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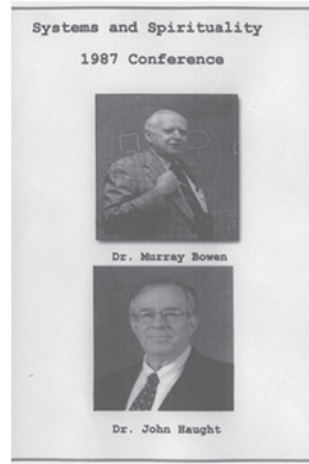
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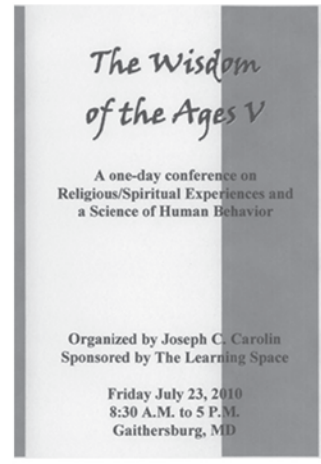
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9:00 am 12:00 pm Board Meeting	7:30 am 8:30 am New Member and Student Breakfast	7:00 am 8:30 am Committee Meetings	7:30 am 8:30 am Centering Practice	
	8:45 am 11:00 am Plenary II ^{CE}	8:45 am 10:30 am Pearls of Wisdom ^{CE}	8:45 am 10:45 am Plenary IV ^{CE}	
	11:00 am 11:15 am Refreshment Break	10:30 am 10:45 am Refreshment Break	10:45 am 11:00 am Refreshment Break	
	11:15 am 12:45 pm Interest Groups ^{CE} Family Process/Human Rights Joint Forum ^{CE}	10:45 am 12:15 pm Interest Groups ^{CE} Forum: War on Women	11:00 am 12:30 pm Interest Groups ^{CE}	11:00 am 1:00 pm Film & Discussion
AFTERNOON				
Wednesday, June 22nd	Thursday, June 23rd	Friday, June 24th	Saturday, June 25th	
12:00 pm 5:00 pm General Registration	12:45 pm 2:00 pm Lunch LGBTQ Networking Family Process Meeting	12:15 pm 1:15 pm Lunch Latina Women's Lunch Early Career & Student Lunch	12:30 pm 1:30 pm Lunch Men's Institute	
1:00 pm 5:00 pm Pre-Meeting Workshops ^{CE}	2:00 pm 3:30 pm Brief Presentations ^{CE}	1:15 pm 3:15 pm Plenary III ^{CE}	1:30 pm 3:00 pm Brief Presentations ^{CE} Sexuality Conversation ^{CE}	
	3:30 pm 3:45 pm Refreshment Break	3:15 pm 3:30 pm Refreshment Break	3:00 pm 3:15 pm Refreshment Break	
	3:45 pm 5:15 pm Murray Bowen Session ^{CE} Cult. Econ. Div. Forum ^{CE}	3:30 pm 5:00 pm Brief Presentations ^{CE} Disaster Crisis Panel	3:15 pm 4:45 pm Town Meeting	
			4:45 pm 5:15 pm New Members' Closing Meeting	
EVENING				
Wednesday, June 22nd	Thursday, June 23rd	Friday, June 24th	Saturday, June 25th	
5:00 pm 6:45 pm Networking Conversations	5:30 pm 6:30 pm Facilitated Listening Circle	5:15 pm 6:15 pm Poster Presentations Book Signing Shabbat Service	5:15 pm 6:45 pm Free Time	
6:00 pm 6:30 pm Next Generation Initiative's Welcome to New Members	6:30 pm 10:00 pm Special Event	7:30 pm 10:00 pm Gender Institute	6:45 pm 12:00 am Awards Banquet & Dancing	
7:00 pm 8:30 pm Opening Plenary ^{CE}				
8:30 pm 10:30 pm Opening Reception				

CE Indicates that these hours are eligible for continuing education units

American Family Therapy Academy



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